

Lincoln University Cooperative Extension Videotapes & Publications Catalog 2004

CONTENTS	PAGE
General Information	2
Videotape Subject Index	2 - 12
Key to Producers	12-13
Alphabetical Index: Videotapes / Publications	14 - 75
Publications Order Form	76

All videotape programs are available from Lincoln University free for five days, with the user responsible for return postage. Out-of-state users should send \$2.00 for each video ordered. The user is also responsible for return postage. The maximum number of video programs that can be requested per viewing period is three.

When ordering, please specify your preference use date(s) and alternate date(s) if possible. Order well in advance to allow for processing, confirmation and shipping. Order from your County Extension office or from:

University Outreach & Extension
Lincoln University
Agriculture and Extension
Information Center
Room 301 Allen Hall,
Jefferson City, MO 65102
(573)681-5554, or

E-Mail: helveyw@lincolnu.edu

OVERDUE CHARGES:

All programs must be returned at the end of the scheduled use period. Overdue fees are \$1.00 per item, per day. Refer to the packing list included with each shipment for the last scheduled use date on specific shipments.

Programs produced by Lincoln University Agriculture and Extension Information Center (LU-AEIC) may also be purchased. The price per program is .35¢ per minute plus video tape costs (1/2" VHS). Any other program distributed by Lincoln University may not be copied or transferred to any type of media without the consent of the program producer.

DAMAGED OR LOST PROGRAMS:

Programs are inspected after each use and customers will be held responsible for damage beyond normal wear and tear, as well as for any loss of programs while in their possession

or during transit back to the Lincoln University-Agriculture and Extension Information Center.

EXTENDING USE PERIODS:

Should you desire to use a program for a period of time which is longer than originally scheduled, contact the Agriculture and Extension Information Center immediately. The use dates will be extended if there are no other immediate bookings.

SHIPMENTS:

Programs are sent to each viewer by Parcel Post or United Parcel Service. Although we allow sufficient transit time for all shipments, unforeseen delays in shipping occasionally occur. If you do not receive an item by the confirmed use date, notify the Agriculture and Extension Information Center immediately so other arrangements can be made.

RETURNING MATERIALS:

Programs must be returned prepaid on the working day immediately following the last scheduled use date. Items must be returned via United Parcel Service for all users outside of Missouri unless other arrangements have been made. Within Missouri, programs may be returned by either United Parcel Service or Parcel Post Special Handling. Overdue charges will be assessed on programs not returned promptly.

SUBJECT INDEX:

To locate programs which are available within a particular subject area, refer to the "Subject Index" section of this catalog. Program titles are listed within subject categories to assist you. This cross-indexed system helps you locate titles under several subject headings.

ALPHABETICAL INDEX:

All programs of all subjects are listed alphabetically. After you have found your title, a description of the program will be given plus length and program format are listed.

Products, services, and personal views from many of the audio/visual resources listed in this catalog are not necessarily endorsed or reflected by the views of University Outreach and Extension - Lincoln University

FORMATS

All videos are VHS format. Some titles are also in DVD format. Unless requested otherwise, a VHS video will be sent when tapes are ordered. Inquire as to the availability of DVD titles.

VIDEOTAPE SUBJECT INDEX:

GENERAL AGRICULTURE

AgrAbility Project
AgrAbility: Promoting Success in Agriculture for People with Disabilities
Agriculture and the Constitution
Agriculture and Medicine: A Partnership
American Agri-Business Summit
America Counts on Agriculture
America's Most Crucial Industry
Animals You'll Never Forget
Arkansas Borne
Art and Science of Equine Science Parts 1-20
Basics of Felting
Beef Cattle Castration
The Beef Check off: An American Success
Beef Reproduction I
Beef Reproduction III
Biosecurity on the Farm: Preventing Foot & Mouth Disease
Challenge to Care
Chapter 12 Bankruptcy: Family Farm Reorganization
Commercial Catfish Production
Commercial Rabbit Production
Covering New Ground: Wisconsin's Sustainable Agriculture
Dairy Nutrition - Part I
Dairy Nutrition - Part II
Dairy Waste Management
Eradication of the Screwworm
Farm Policy/Crop Insurance Education Forum
Farmer Borrower's Rights
Farmers...Entrepreneurs
Farming: Surviving the Crisis
Farm Animals Close Up and Very Personal
Field of Danger: Children on the Farm
Fitting & Grooming Dairy Cattle for Show
Fitting and Showing Breeding Sheep
Fitting and Showing Market Steers
The Future is Ours: Managing Farm Family Goals
Genetic Engineering: The Nature of Change
Growing Concerns: The Future of America's Farmland
Growing Forage Crops
Handle With Care: Guide to Wholesome Beef Production
Hatching Chicks in the Classroom
High Residue and No-Tillage Planting Systems
Improving Swine Production Efficiency- Parts I & II
Info Share: The Future of Doing Business

In the English Tradition Part I
Introduction to Feeds and Feeding
Introduction to Livestock Nutrition
Livestock Guarding Dogs: Protecting Your Sheep
Managed Grazing Systems
Management Practices for Beef Cattle I
Management Practices for Beef Cattle II
Mohair
National Forum on Agriculture in the U.S.
No-Till: Options and Solutions
Of the Earth: Agriculture and the New Biology
On Country Roads
Pesticide Free Farming
Planning Your Financial Future
Pork Production Short Course
Portrait of a Farmer: Flatts*
Portrait of a Farmer: Martins
Portrait of a Farmer: Turners
Preparing Market Lambs for Show
Preventing Wool Contamination
Profit from Manure
Quality Through Alternative Farming Practices
Raising All-Star Market Lambs
Science in Your Shopping Cart
Selecting and Showing Western Pleasure Horses
Shearing Sheep and Goats
Sheep Management Practices I
Sheep Showmanship
Skills for Beginning Sheep Handlers Parts I & II
Small Farm Family Program: Small Farms are Real Farms
Small Farm Today
Soft Red Winter Wheat
Sowing the Seeds of Success
Sustainable Agriculture Perspectives from Across America
Sustainability: The Quiet Revolution
Swine Management I
Three Systems for Raising Black Belly Sheep
USDA's Current Research Information System
USDA Meat Graders
USDA - The People's Department
Woods Fork: Dairy Wastes and Water Quality-- Parts I & II
Wool Handling
Wool Marketing Alternatives

AFRICAN-AMERICAN CULTURE

Kwanzaa I and II
Homecoming
Oh Freedom After While

ANIMAL KINGDOM

Life in the Animal Kingdom: Untamed Africa

AQUACULTURE

Aquaculture: Farming the Waters II
Fish Farming in Missouri
How Do You Grow a Fish Sandwich? Part II
Hydroponics
The IN's and OUT's of Soft Crawfish

ART

Basics of Felting
Hat Felt-Making Made Easy

BEEF

Beef Cattle Castration
Beef Cattle Fitting & Grooming
Beef Reproduction I
Beef Reproduction II
Beef Reproduction III
The Beef Check off: An American Success
Story
Breeds of Beef
Cattlemen's Short course a-n
Cooking Today's Beef
Farm Equipping for Maximum Net Forage
Production
Fitting & Grooming Dairy Cattle for Show
Fitting and Showing Market Steers
From Moo to You
Handle With Care: Guide to Wholesome
Beef Production
Integrated Beef Management: Parasites
Introduction to Feeds and Feeding
Introduction to Livestock Nutrition
John & Betty Rotert: Value-Based Beef
Cattle Marketing
Management Practices for Beef Cattle I
Management Practices for Beef Cattle II
Missouri Beef Tour '88
The Production of Modern Beef
Why Can Cows Eat Grass Part I
Why Can Cows Eat Grass Part II

BIOTECHNOLOGY

Biotechnology, Food, and Agriculture

BUSINESS

The Customer's Viewpoint in Problem
Solving

The First Five Years: Financing Business
Start-Up and Growth
Increasing Customer Focus Through
Customer-Centered Quality
Know your Customers More Than They
Know Themselves
Negaholics: How to Handle Negativity in the
Workplace
Volume 1: What is Negaholism and
What is it Already
Doing to You?
Volume 2: How to Keep Negaholism
from Creeping Up on
You
Volume 3: Developing Positive,
Productive Relationships
with Negaholics
Putting Consumers in Charge
Visual Merchandising

CAREERS

The Challenge to Care
Changing Channels: Careers for the 90's
Choose Horticulture
Designing Your High Tech Future
Entrepreneur Case Presentation
School Age Child Care
Sewing Update for Entrepreneurs Part I & II

CHILD AND FAMILY DEVELOPMENT

Achieving High Quality Child Care
Active Parenting
Baby Basics
Beyond the Sale: Farm Family Stress and Coping
The Big Lies: Wake up to a new Parent &
Teacher's Guide to Drug/Violence
Caution: Adolescents at Risk
Child Abuse and Exploitation
A Child in Your Life: Time to Eat
Children Under Stress - Helping Children
Cope
The Child's Experience of Grief: The Caregiver's
Role
Choices: Charting a Positive Future
Shaping Up! Aerobics for Pregnant Teens
Look Who's Eating
Growing Up With Baby
Speak Out! On Stress
Combating Underage Drinking
Come Play with Me
Creative Decision-Making
Let's Talk Sense About Sex
Day Care
Drug Abuse
Family and Economic Well-Being
Family Matters

Families in Transition
 Healthy Families, Health Communities
 Help Me Make it Through the Day
 Infant Daycare Update
 Kinkeeping: The Generation Connection
 Media Violence and the Family
 Managing Child Nutrition Programs
 Mirrors
 Missouri Volunteer Resource Mother
 A New Balance in Family/Work Problems
 Newborn Basics
 A Parent's Guide to Children's Weight
 Positive Discipline = Positive Children
 Pre-Natal Care
 Prison Dads
 Rural Crisis Comes to School
 Rural Kids...Safe Kids
 School-Age Child Care
 Straight Talk
 Stress Management
 Taking Time for Love: Moving Toward a
 Successful Marriage
 Teens Dealing with Stress
 Up the Road to Change
 Your Family Daycare Home: Business
 Management
 Your Family Daycare Home: Child
 Development
 Your Family Daycare Home: Health and
 Safety
 Your Family Daycare Home: Nutrition
 You and Your Baby: The Importance of Pre-
 Natal Care
 Why Won't You Behave?

COMMUNICATION

Computer Accessed Bulletin Board Systems
 (CABBS)
 Electronic Still Photography
 4-H Focus: Photography
 How to Do a Newsletter that Gets Read
 Imaging 2000: Photo CD
 Introducing Design
 Mat and Frame Your Own Pictures
 Opening Doors on Work/Life Issues
 Poised for the Press
 Say It With Signing
 Video Production for Instructional Use
 Visions in View
 William A. Reedy Memorial Lecture in
 Photography
 Writing for Professional Journals

COMMUNITY DEVELOPMENT

All About Grants

Analyzing Public Policy From a Family
 Perspective
 A Better Mousetrap: After the Coal is Gone
 The Bootheel: Some Life's Concerns
 Combating Violent Crime Through Community
 Involvement
 Community Gardening
 Cultural Diversity Part I: The Changing
 The DELMO Saga
 Developing an Effective Business Plan
 Developing Food Products: Where Do You
 Begin?
 Earthquakes and Buildings
 Economic Outlook: The Impact on Housing
 & Households
 How Small Businesses Can Sell to Japan
 Home-Based Business: Strategies for
 Success
 Mosaic of Missouri
 A Partnership: Delmo and Lincoln University
 The Progress of our Dreams: Assessing
 Sustainable Development for Communities
 Large / Small
 The Rural-Urban Linkage:
 The Glass Sisters' Farm Parts I & II
 Small Business Development Centers
 Staying the Course
 A Standard of Fairness
 Successful Home-Based Business
 Successful Rural Tourism
 Urban Gardening
 Why Work Together
 Youth Affecting Communities
 Youth Field Day Parts I & II

CONSERVATION

A Better Mousetrap: After the Coal is Gone
 The Careful Timber Harvest
 Conservation on Your Own
 Conservation Tillage: Crop Residue
 Management
 Conservation Tillage: Equipment and
 Procedures
 Conservation Tillage: No-Till
 Conservation Tillage: No-Till-Part II
 Conservation Tillage: Wheat
 Corn Crop Production
 Corn Crop Seminar
 Corporate America and the Environment
 Covering New Ground: Wisconsin's
 Sustainable Agriculture
 Exploring Missouri's Wetlands
 The Future of America's Farmland
 Ground Water: The Hidden Resource
 Ground Water Protection
 High Residue and No-Tillage Planting
 Systems

How to Manage a Prescribed Burn
 Improving Your Forest
 Living with Wildlife
 Managed Grazing Systems
 Missouri Masterpieces: State Parks and
 Historic places
 Protecting Water Quality: Best Management
 Practices
 Save Our Streams
 Soil Conservation
 Sustainable Agriculture: Enhancing
 Environmental
 Sustaining America's Agriculture: High
 Tech and Horse Sense
 Sustaining in Urban Eco-System
 Quality Through Alternative Farming
 Practices
 What's Bugging You?: Part I
 What's Bugging You?: Part II
 What's Bugging You?: Part III
 Water Quality
 The Wealth in Wetlands
 Wood You Take Care of Me?
 Woodlot Management

CONSUMER EDUCATION

Grocery Shopping Survival
 Putting Consumers in Charge
 Mapping Your Marketing Future
 Money: Save It, Use It, or Lose It
 Science in Your Shopping Cart

CROPS

Farm Policy/Crop Insurance Education
 Forum
 Forage Crop Establishment
 Forage Pest Management
 Grain Crop Establishment
 Pesticide Free Farming
 Pesticide Management for Forage and Grain
 Crops
 Pest Management in Forage Crops
 Pest Management and Grain Crops

DAIRY

Clipping Dairy Cattle
 Dairy: It Does a Body Good
 Dairy Nutrition - Part I
 Dairy Nutrition - Part II
 Feeding Dry Cows
 Feeding Fresh Cows
 Why Can a Cow Eat Grass
 Woods Fork: Dairy Wastes and Water Quality-
 Parts I & II
 Producing Quality Dairy Forage

DIVERSITY

A Class Divided
 Cultural Diversity Part I: The Changing
 Mosaic of Missouri
 A Tale of "O"
 Understanding Cultural Differences

ECONOMICS

Take Charge of Your Money
 Program 1: Getting Started
 Program 2: Cash Flow & Banking
 Program 3: Credit: Tool or Trap
 Program 4: Manage Your Risks
 Program 5: Investing for Retirement
 Program 6: Professional Help

EDUCATION

All About Grants
 Community Response to Truancy*
 Diversity Among Children in Poverty
 Educating Homeless Children and Youth:
 Parts 1-4
 Educating Students with Disabilities
 Engaging the Distance Learner
 Free Your Mind, Return to the Source: African
 Origins
 The Land Grant University and its Mission
 Part I: The American Revolution in
 Education
 Part II: The Context for Land-Grant
 Institutions
 Part III: Education for All the
 People
 Lincoln University
 Imagine
 Imagine: Client/Server Innovation- Strategies to
 Solutions
 Innovations in Learning: Extending the
 Classroom with Emerging Technologies
 Learning to Read
 The Legacy of the 1890 Land-Grant
 Institutions
 Myths, Models, and Realities! -Creating a
 Campus of the Future
 Nals and Sals: Using Adult Literacy Data
 Preschool In Three Cultures
 Public Issues Education: Coalitions,
 Controversy and Creativity
 Right to Read
 Sec. Riley-State of American Education '99
 Teaching with Style

ELDERLY

Alcoholism and Substance Abuse in Older Adults
Alzheimer's Disease: Hope for the Future Elder Abuse
Enjoying a Healthy Retirement
Growing Old In a New Age (series of 13 tapes)
Meeting the Challenge of Alzheimer's in Local Communities
Medicare From a Caregiver's Point of View
Menopause
Senior Series
Someone Needs You
Stress Management
Working with Community Resources: The Role of the Church in Serving the Aging Population

EQUINE

Art and Science of Equine Production Parts 2-20
In The English Tradition: Part I
Half-Arabian Anglo-Arabian: The Customized Horse
Horse Judging
Judging Western Pleasure
Oral Reasons-Horse Judging
The Reining Horse
Survival of the Fittest
Selecting and Showing Western Pleasure Horses
Stock Type Conformation
Team Roping
Western Horsemanship
Why Can a Horse Run So Fast?
Youth and Their Horses: Basics Part I
Youth and Their Horses: Showmanship II

EXERCISE

Good Moves For Every Body

EXTENSION

The Bootheel: Some Life's Concerns
Cooperative Extension Service and Accessibility
Cultural Diversity Part I: The Changing Mosaic of Missouri
1890 Strategic Planning
Extension's First 75 Years
Extension and Volunteers: Valuable Partnerships
Family and Economic Well-Being
Government Performance Act
Hispanic Serving Institutions*
Issues Programming in Extension
The Land-Grant University and its Mission

Part I: The American Revolution in Education
Part II: The Context for Land-Grant Institutions
Part III: Education for All the People
The Legacy of the 1890 Land-Grant Institutions
Marketing Cooperative Extension:
The Organization
The Program
The Professional
Myths, Models, and Realities! Creating a Campus of the Future
A Partnership: Delmo and Lincoln University
The Power of Partnerships
Public Issues Education: Coalitions, Controversy and Creativity
Public Issues Education: Making a Difference
Querri: Extension's Electronic Database
Reaching Limited Resource Audiences
Some Life Concerns: The People Speak
Working with Our Publics - Module 1

FARM MANAGEMENT

Fresh from the Family Farm
Fundamentals of Farm Income Tax
Pesticide Free Farming

FASHION MERCHANDISING

Careers in Clothing
Color and Style
Display Lighting
Fashion Display Skills
Fashion Passes, Style Remains
Pinning & Flying Display
Visual Merchandising

FEDERAL ASSISTANCE

Federal Emergency Management Agency-Disaster Relief
Ending the Welfare Agency as We Know It

FISH

Aquaculture: Farming the Waters
Commercial Catfish Production
Fish Farming in Missouri

FOOD

The Business of Hunger*
The Global Banquet*
Think Fresh!
World Food Day: '97, '98, '02

FOOD SAFETY

BAC Attack
Food Code Update 1,2
Food Safety Challenges
Food Safety: Cooking for Groups
Food Safety and Sanitation
Food Safety for Seniors*
Hazard Analysis Critical Control Points
Is Our Food Safe
Learn Your Food Safety IQ
Microbeman: The Continuing Adventures
 Vol. 1--"The Case of the Perfect Pig"
 personal hygiene
 Vol. 2--"The Case of Wally's
 Salad" cross contamination
 Vol. 3--"The Case of La Grande
 Burger" proper
 heating/holding
 Vol. 4--"The Case of Conrad the
 Egghead" proper
 cooling/storage
The Mystery of the Poisoned Panther Picnic
Safety Food Course
Safe Produce for Small Missouri Farms:
 -Transportation*
 -Water Quality*
 -Manure Management*
 -Worker Hygiene*
Is your Food Safe? Part I
Partners: Food Safety Part III
Sam & Ella Try to Find a Home
Smart Snacking-Reading Food Labels*

FORESTRY

The Careful Timber Harvest
The Tree Farm
Improving Your Forest

GOATS

Caring for Newborn Kids - Dairy Goats
Dairy Goats: A Small Farm Opportunity
Doe Obstetrics - Dairy Goats
Feeding and Milking the Goat Herd
Making Goat Cheeses
Mohair
Processing a Goat for Home Use
Purchasing Production Animals
Shearing Sheep and Goats

GOVERNMENT

Government Performance Act
Info Share: The Future of Doing Business
Public Issues Education

Social Security: A New School of Thought

HEALTH

Agriculture and Medicine: A Partnership
AIDS in the Workplace
Alcoholism and Substance Abuse in Older
 Adults
Be There
The Big Lies: Wake up to a New Parent &
 Teacher's Guide to Drug/Violence &
 other Social Problems
Blood Pressure Control
Cancer in the 90'S: Everything About the
 Prostate
Cartoon All-Stars to the Rescue
Continuous Quality Improvement for
 Health Professionals
Coping With Academic Stress
Coronary Artery Disease
Cross-Cultural Communication Health Care
Decisions for Health-Immunizations
Diabetes Type 2
Drug Abuse
Evaluating & Managing Common Foot
 Problems
Evolution of a Health Policy*
Food Irradiation
Food Safety and Sanitation
Eat For Life
Early Detection of Breast and Cervical
 Cancer
Genomics: Impact on Health Care
Heart Decisions For Life
Healthy Children and Youth Program
Healthy Dividends
HIV/AIDS and Older Americans*
Hypertension
In Balance-In Control: Diabetes
Is Your Food Safe? Part I
Left Behind in the 90s: Rural Mental Health
 Delivery-Part I, II & III
Let's Get Physical
Meeting the Challenge of Alzheimer's in
 Local Communities
Menopause
National Health Reform
Outlook America
Our Children at Risk
Our Mothers, Our Daughters, Our Sisters,
 Ourselves
Our Nation's Health
A Parent's Challenge of Alzheimer's in
 Local Communities
Prostate Cancer
Public Issues Education: Making a Difference

Raising Responsible Teens: Building A
Community Coalition to Prevent
Teenage Alcohol Abuse-Part I
Redefining Liberation*
Screening for Colorectal Cancer*
Substance Abuse Disorders
Understanding the Cryptosporidium Challenge
Your Appearance after Mastectomy
You and Your Baby: The Importance of Pre-
Natal Care

HOME-BASED BUSINESS

Basics of Felting
Developing Food Products: Where do You
Begin?
Farming Alternatives: Innovation on
Northeast Farms
The First Five Years: Financing Business
Start-up and Growth
Hat Felt-Making Made Easy
Home-Based Business: Strategies for
Success
Home Works: Financial and Legal Issues
Home Works: Managing Your Time and Life
Home Works: Taking Risks
Increasing Customer Focus Through
Customer-Centered Quality
Know Your Customers More than They
Know Themselves
Sewing Update for Entrepreneurs Parts I & II
Small Business Development Centers
Success at Your Own Business
Successful Home-Based Business
Successful Queen Rearing
Survive
Visual Merchandising

HOME ECONOMICS

Clean and Shine
Cooking Today's Beef
Creative Decision-Making
Food & Nutrition: Dollars and Sense
From Fiber to Fabric: Wool's a Natural
Health & Safety: Keeping Fit
Home Laundry: Get the Results You Want
Housing & Home Furnishings: Your Personal
Environment
Introducing Design
Made to Wear: Wool's a Natural
Making Feta Goat Cheese (Part I)
Making Feta Goat Cheese (Part II)
Making it Yourself with Wool - State Wool
Contest 1985 & 1986
Making Money Marketing Clean Wool:
Pack it with Pride
Mending Ways

The Mystery of the Poisoned Panther Picnic
Save Energy, Save Money
Sewing Update for Entrepreneurs
So You're Going to Buy a Bed
Tapestry Weaving Part I
Tapestry Weaving Part II
Tapestry Weaving Part III
Tapestry Weaving Part IV
Using Color and Texture in Designer Wool Yarns
Wool Art I, II, III, IV, V, VI, VII, VIII, IX, X,
XI, XII

HOME IMPROVEMENT

Basic Upholstery Techniques
Home Improvement
Hometime
--Decks
--Kitchens
--Drywall
--Exterior Painting
--Framing
--Electrical
--Patio and Walkways
--Finish Carpentry
--Siding
--Fences and Gates
--Roofing
--Plumbing
--Bathrooms
--Windows and Doors
--Underground Sprinklers
Preparing Your Home to Sell
You Can Do It!
You Can Do It: Cleaning on a Shoestring

HORTICULTURE

The Art of Landscaping: Shopping and
Planting
Chip Budding
Choose Horticulture
Commercial Vegetable Production
The Crop Science Revolution Parts I and II
Easy Gardening: Pepper Varieties
Easy Gardening: Planting Seeds (New)
Easy Gardening: Tomatoes
Easy Gardening: Transplanting (New)
Four Flap Graft
Fruit Diseases
Grafting and Budding Fruit Trees
How to Design and Build a Vegetable
Garden
How to Grow Healthy Houseplants
How to Grow and Nurture Seedlings
How to Grow Warm Weather Vegetables
Landscape Design Process: Vol. I
Landscape Design Process: Vol. II

Landscape Horticulture
 Landscape Ornamentals
 Landscape Plants With Year-Round Interest
 Master Gardener: Backyard Wildlife
 Master Gardener: Creative Uses of Annuals
 Master Gardener: Identifying Plant Diseases
 Pecan Grafting
 The Perfect Tomato
 Planting, Pruning and Training Apple and Pear Trees
 Pruning Apple Trees: Basic Concepts
 Pruning Blueberries
 Pruning Grapes
 Pruning Highbush Blueberries
 Pruning the Home Orchard
 Pruning Mature Fruit Trees
 Pruning Raspberries
 Pruning Young Dwarf Fruit Trees
 Small Fruits and Tree Fruits
 Spring Pruning of Raspberries
 Tips on Growing Rhubarb
 Training Greenhouse Workers to Handle Pesticides Safely

INTERIOR DESIGN

Basic Upholstery Techniques
 Consumer Issues: Selecting Carpet and Furniture

INTERNATIONAL

Matrix: Americans in Morocco I & II
 World Food Day

JUDGING

Fundamental Livestock Judging
 Oral Reasons for Livestock Judging
 Practice Sheep Judging

LANDSCAPING

Fertilizing Landscape Plants
 Landscape Ornamentals
 Landscaping with Container Plants
 The Landscape Design Process-Volume II
 Plant Usage In Landscape Design
 Principles of Landscape Design-Volume I
 Prune It
 Residential Landscape Design
 The Sustainable Landscape: Ecological Design Principles
 Solving Landscaping Problems
 Success with Bedding Plants: Selection, Installation and Maintenance
 Universal Design in the Landscape

Xeriscape

LAW

Civil Rights Memorial: Southern Poverty Law Center
 Family Law
 Comprehensive Juvenile Justice In State Legislatures

LEADERSHIP

Building Group Skills: Agendas & Environments
 Building Group Skills: Delegating
 Building Group Skills: Forming a Group
 Building Group Skills: Using Networks

MARKETING

Mapping Your Marketing Future

MISC.

Hi-Tech Harvest
 Home Based Business
 Home Based Business: Strategies for Success
 Home Works: Fact and Fantasy of a Home Business
 Home Works: Financial and Legal Issues
 Home Works: Taking Risks
 Home Works: Thinking About a Business
 Success at Your Own Business
 Violence in the Workplace

NATURAL RESOURCES

Minority Natural Resources Career Camp

NUTRITION

Chances & Choices with Food
 Cooking Today's Beef
 Creating Healthy Menus for the Mainline
 Dairy: It Does a Body Good
 Diet and Health: Obesity
 Eat Well, Be Well
 Fast and Easy Nutritious Snacks
 FF-News: Traveling the Road to a Healthy Lifestyle
 Food Code Update
 Food Code Update II
 Food Safety and Sanitation
 High On Myself
 Is Our Food Safe
 Is Your Food Safe? Part I
 Learn Your Food Safety IQ

Managing Child Nutrition Programs
Nutrition Labeling
Nutritional Needs of the Young
Put the Fat Back-Smart Shoppers
Shop Smart for Good Nutrition
Stretching Your Food Dollars
Understanding Nutritional Labeling
You and Your Baby: The Importance of Pre-Natal Care

PREVENTION

Auto Theft: Preventing the Crime
Comprehensive Framework for School Violence Prevention
Juvenile Justice and Delinquency Prevention

RABBITS

AG-USA: Rabbits
Preparing Rabbits for Show
Proper Methods of Administering Medications to Rabbits
Rabbits: An Alternative Farm Enterprise
The Technique of Castration for Rabbits

RESEARCH

Challenge to Care
Lincoln University: A Land-Grant Institution

SAFETY

Furniture You Can Live With
On Country Roads
Kitchen Safety *
Power Hand Tools Safety
Smoke Detectors
Tractor Safety

SCIENCE

How Do You Grow a Fish Sandwich
What's Bugging You?: Part I
What's Bugging You?: Part II
What's Bugging You?: Part III
What is Energy?
What is Energy Conservation?
Why Can a Cow Eat Grass Part I
Why Can a Cow Eat Grass Part II

SHEEP

Advanced Wool Judging for Youth
Basics of Felting
Blackbelly Sheep: A Special Breed
Border Collies - Getting the Right Start

Breeding Soundness Exam in Rams and Estrus Detection
Breeds of Sheep
Care of Ewes and Lambs at Lambing Time
Cooking Lamb
Electric Fencing
Fitting and Showing Breeding Sheep
From Fiber to Fabric
Greater Profit through Wool Marketing
Hat Felt Making Made Easy
Handling Sheep, Trimming Feet and Treating Footrot
A Lesson in Showing Sheep
Live Lamb and Carcass Evaluation
Livestock Guarding Dogs: Protecting Your Sheep
Livestock Judging: Breeding Sheep Evaluation
Making Money Marketing Clean Wool: Pack it with Pride
Natural Wool Dyeing
Preparing Market Lambs for Show
Preventing Wool Contamination
Organizing a Wool Grading Contest
Raising Orphan Lambs
Saving Lambs
Shearing Sheep and Goats
Sheep
Sheep Judging Basics
Sheep Obstetrics
Sheep Shearing Equipment and Maintenance
Sheep Shearing
Sheep Showmanship
Skills for Beginning Sheep Handlers Parts I & II
Tapestry Weaving Part I
Tapestry Weaving Part II
Tapestry Weaving Part III
Tapestry Weaving Part IV
The Power of Promotion
Vaccinating Ewes and Lambs
Wool Art I, II, III, IV, V, VI and VIII, IX, X, XI, XII
Wool Handling

SMALL FARM FAMILY PROGRAM

Small Farm Family Program: Small Farms are Real Farms
Portrait of Three Farmers

SUBSTANCE ABUSE

Raising Responsible Teens: Building a Community Coalition to Prevent Teenage Alcohol Abuse-
What Every Teen Must Know about Drugs, Alcohol, and Tobacco

SWINE

Improving Swine Production Efficiency
Judging Market Swine
Pork Production Short Course
Swine Management II

TECHNOLOGY

Computer Accessed Bulletin Board Systems
(CABBS)
Education, Engagement, Extension*
Innovations in Learning: Extending the
Classroom with Emerging Technologies
Internet: The Next Wave

TELECOMMUNICATIONS

Telecommunications Technology in the Modern
Land-Grant University
University of Missouri Telecommunications
Policy

VISUAL AIDS

Mat and Frame Your Own Pictures

VALUE ADDED

Introduction to Tapestry Weaving Part I
Introduction to Tapestry Weaving Part II
Made to Wear: Wool's a Natural
Making Money Marketing Clean Wool:
Pack it with Pride
Organizing a Wool Grading Contest
Shearing Llamas
Wool Art I, II, III, IV, V, VI and VIII, IX, X, XI,
XII

WATER QUALITY

Big Cows-Clean Water
Cryptosporidium and USDA
Cryptosporidium Parvum
Fire and Water
National Extension Water Quality Database
Private Rural Well Protection
Protecting Missouri's Water Through
Education
Save Our Streams
Tools for Drinking Water Protection
Watershed Management '93

WELFARE

WILDLIFE

Wildlife Protection

YOUTH

Advanced Wool Judging for Youth
Agriculture and Your Farm Tour
Agriculture in Schools
America's Youth: The Challenge and the
Opportunity
Beef Cattle Fitting & Grooming
Being Successful as a 4-H Project Leader
Caution: Adolescents at Risk
Career Directions
Careers
Cartoon All-Stars to the Rescue
Chaperoning: A Commitment to 4-H
Citizenship: Washington Focus
Community Forum: Social Issues
Creative Crafts
Dairy: It Does a Body Good
The Emperor's New Clothes
Exploring Careers
Exploring Careers: The Interview
Exploring Careers: Financial Aid
Family Times
Feeding and Milking the Goat Herd
Fitting and Showing Breeding Sheep
4-H: An Idea is Born*
4-H Clothing and Modeling Tips
4-H Focus: Photography
4-H Ham Curing Demonstration
4-H Shooting Sports Demonstration
4-H Perceptions & Directions: Creating Our
Future
4-H Through the Seasons
From Moo to You
Fundamentals of Gun Safety
Gardening For Kids
Growing Up, Down and Out: Survival
Stories
Hatching Chicks in the Classroom
Housing and Management of the Goat Herd
How Do You Grow a Fish Sandwich? Part I
How Do You Grow a Fish Sandwich? Part II
Jackson County 4-H Camps: Art, Drama and
Science
Kansas City 4-H Global Youth Conference
Kindling and Lactation in Rabbits
Life Force: Learn to Earn
L.I.F.E. - Living Interactive Family
Making it Yourself with Wool - State Wool
Contest 1985 & 1986
Mentoring Matters
Missouri 4-H Youth Forum '95, '96, '99 '00,
'01, '02, '03
Missouri 4-H Foundation...50 Years and
Counting
Missouri 4-H Public Speaking: Then & Now*
Missouri 4-H Public Speaking Contest
1996, 1997, 1998, 1999, 2000, 2001

Missouri 4-H: Then and Now
 Missouri 4-H School Enrichment Program
 Missouri 4-H Skill Building for Project
 Volunteers: Food for Fun and Fitness
 Missouri State 4-H Congress
 Missouri State Leader's Forum Promo
 Missouri 4-H Citizenship Youth Forum
 Mirrors
 Mizzou 4-H on...How to Conduct a Meeting
 National 4-H Conference 1986
 National 4-H Congress 1986
 Organizing a Wool Grading Contest
 Persuasive Speaking
 Photography: Basic Picture Taking
 Techniques
 Photography: Existing Light
 Photography: The Language of Light
 Photography: Using Flash Effectively
 Preparing Rabbits for Show
 Preventing Bias Promoting Respect
 Proper Methods of Administering Medications
 to Rabbits
 Puppet Training for Substance Abuse
 Prevention
 Relive the 4-H Moment
 Sesame Street Lead Away!
 Some Life Concerns: The People Speak
 Spaces: Preparing Kids for a High Tech and
 Global Future
 SUMMI II: Youth at Risk
 A Triumph of Dedication
 The Technique of Castration for Rabbits
 Tips For Effective 4-H Public Speaking
 What Every Teen Must Know about Drugs,
 Alcohol, and Tobacco
 Weights Work Wonders*
 Weights Work Wonders II*
 Winning Kids Through Sports
 Working it Out at Madison A-L
 Working it Out
 Class Act
 The Boy Wonder
 Best Friends
 The Circle
 Not Just Anybody
 Breaking the Chain
 The Firefighter
 Meeting of Minds
 The Girl Most Likely To...
 On the Curb
 Last Pick
 Tough Cries
 You Know Us If You Know the Inside Story
 Youth Affecting Communities
 Youth Development in the 21st Century
 Youth Entrepreneur's Symposium 2000
 Youth Field Day Parts I & II
 Youth Field Day '97

Youth for Justice: Law Related Education
 Programs
 Youth Futures '03

KEY TO PRODUCERS:

AAA American Management Association
 AALAS American Association for Laboratory Animal
 Science
 ABC American Broadcasting Company
 AC Apple Computer, Inc.
 ACES Alabama Cooperative Extension Service
 A/CPB Annenberg/CPB Collection
 ACS Apple Computer Systems
 AETN Arkansas Educational Television Network
 AFT American Farmland Trust
 AMA American Management Association
 AMA American Medical Association
 AM Aims Media
 ANA Amram Nowak Associates
 AQHA American Quarter Horse Association
 ARBA American Rabbit Breeders Association
 AT American Training
 ARC Arco Chemical Company
 ASBDC Association of Small Business Development
 Centers
 ASI American Sheep Industry Association
 AWC American Wool Council
 BGIS Barbados Government Information Service
 BCCE Boone County Cooperative Extension
 BHG Better Home and Gardens
 BM Boehringer Mannheim
 BP Butterick Publishing
 BPRB Beef Promotion and Research Board
 CN California Newsreel
 CARGILL Cargill Co
 CC Closure Committee
 CCE California Cooperative Extension
 CCE Cornell Cooperative Extension
 CDC Center for Disease Control
 CFDC Campus Film Distributors Corp.
 CH Chanel
 CG Ciba-Geigy
 CPS Columbia Public Schools
 CU Cornell University
 DCCCLD Dallas County Community College District
 DV De Visuals
 EK Eastman Kodak
 EKS Eastern Kentucky State University
 EP Equine Productions
 FCC Federal Cartridge Company
 FEC Federal Energy Commission
 FVSC Fort Valley State College
 GA Guidance Associates
 GI Goodmeasure, Inc.
 GSU Governor's State University
 IAHA International Arabian Horse Assn.
 IDC International Diabetes Center
 IM Ink Magazine
 ISU Iowa State University
 KC Keesler Company
 KSU Kansas State University
 KVC KVC Entertainment

LU-AEIC Lincoln University Agriculture and
 Extension Information Center
 LW Leichtung Workshops
 MCA Mohair Council of America
 MCB Missouri Community Betterment
 MCES Missouri Cooperative Extension Service
 MDC Missouri Department of Conservation
 MD March of Dimes
 MDNR Mo. Department of Natural Resources
 MEC Meridian Education Corporation
 MOCED Missouri Community Economic
 Development
 MODSS Missouri Department of Social Services
 MPTV Minnesota Public Television
 MSU Michigan State University
 NCA National Cattlemen's Association
 NIH National Institutes of Health
 NCAT North Carolina A&T State University
 NCCE North Carolina Cooperative Extension
 NCR North Central Region
 NCSU North Carolina State University
 NDB National Dairy Board
 NEHC National Extension Homemakers Council
 NFSMI National Food Service Management Institute
 N4HC National 4-H Council
 NFE New Futures Enterprises
 NLSMB National Livestock and Meat Board
 NMSUCE New Mexico State University Cooperative
 Extension
 NRA National Rifle Association
 NSCHHD National Institute of Child Health and
 Human Development
 NSSF National Shooting Sports Foundation
 OAPVC Office of Advancement of Public Black
 Colleges
 OJJDP Office of Juvenile Justice Delinquency
 Prevention
 OSU Oklahoma State University Cooperative
 Extension
 OVP Oster Video Productions
 PC Presbyterian Church (USA)
 PCW Project Clear Window
 PEP Panhandle Eastern Pipeline
 PU Purdue University Coop. Extension Service
 PWM Pendleton Woolen Mills
 RCE Rutgers Cooperative Extension
 RD Readers Digest
 RG Russell Graves
 SLVP San Luis Video Publishing
 SW Stay Well Company
 SAI Sugar Association, Inc.
 SC Sunburst Communications
 SID Sheep Industry Development
 SLN Satellite Learning Network
 SNH Society of Nutritional Health
 SP Sarkett Productions
 SSP Sure-Shot Productions
 TAES Texas Agricultural Extension Service
 TAM Texas A & M Extension Service
 TCHRB Tuscaloosa Community Housing Resource
 Board
 TI Tuskegee Institute
 UAES University of Arizona Extension Service
 UC University of California

UF University of Florida
 UG University of Georgia
 UI University of Illinois
 UMCE University of Massachusetts Cooperative
 Extension
 UM University of Minnesota
 UMKC University of Missouri-Kansas City
 UM-UE University of Missouri-University Extension
 UND University of Notre Dame
 UN University of Nebraska
 USAA United States Administration on Aging
 USDA United States Department of Agriculture
 USPS United States Postal Service
 USU Utah State University
 UWA United Way of America
 UW University of Wisconsin Cooperative Extension
 VEC Visual Education Corporation
 VEP Vocational Educational Productions
 VIDA Vida Health Communications, Inc.
 VT Virginia Tech
 WI Winrock International
 WIU Western Illinois University
 WSU Washington State University
 WVCE West Virginia Cooperative Extension
 XE Xeneynex Communications

VIDEOTAPE ALPHABETICAL INDEX:

(all tapes are 1/2" VHS)

ACHIEVING HIGH QUALITY CHILD CARE

LU212 UI
This program contains thirteen segments dealing with child care. They are: child care curriculum, structuring the facility, child care as a business, the IRS and record keeping, safety and emergency procedures, food handling practices, nutrition, positive mealtimes, positive discipline, communications, child abuse, building community understanding, and child care legislation. 118 min.

ACTIVE PARENTING

LU1
This complete video-based course on child rearing practices combines up-to-date educational technology with the latest information on successful parenting. The course consists of promotional materials, handbooks, video tapes, action guides and certificates. (2) 120 min. ea.

ADOLESCENT PREGNANCY

LU2 UM-UE
During this teleconference, Karen Pittman stresses the emotional, economic and educational impact pregnancy has on adolescents. Teen pregnancy prevention, sexuality and family planning are discussed. 85 min.

ADVANCED WOOL JUDGING FOR YOUTH

LU3 LU-AEIC
Helen Swartz and Tom Clayman, professional wool grader, demonstrates how to judge and evaluate common wool grades in Missouri. This program is recommended for 4-H Project Leaders and youth participating in 4-H/FFA sheep projects. 24 min.

AGR-ABILITY PROJECT

LU654 UE
Over 500,000 farmers and agricultural workers have disabilities that keep them from performing work related tasks. Each year 120,000 farmers, ranchers, and agricultural workers are injured. This video describes the AgraAbility Project and shows how it can assist farmers with technical advice, training, and rural volunteer resources development. A number of disabled farmers are

shown in the video doing productive work on the farm. 16 min.

AGRABILITY: PROMOTING SUCCESS IN AGRICULTURE FOR PEOPLE WITH DISABILITIES

LU533 USDA
The program describes up-to-date information on farming/ranching with disabilities and presents an excellent overview of the services provided by both the national and local levels of the AgraAbility Project. Several farmers who have disabilities share their personal stories. Viewers are shown examples of modifications that can be made to buildings, equipment, and tools. 16 min.

AGRICULTURE AND THE CONSTITUTION

LU4 USDA
This program, as a part of the Bicentennial of the Constitution, depicts the input that farmers and agricultural issues have had toward creating the Constitution. It reveals the importance of the Constitution to Agriculture today. The intended audience is for 4th, 5th and 6th grade levels. 11 min.

AGRICULTURE AND MEDICINE: A PARTNERSHIP

LU411 CU
This video conference highlights the South Carolina model for Agromedicine and also defines Agromedicine and why it is important to both the Cooperative Extension Service and the medical profession. Success stories, interviews and real-life situations are also shown. 120 min.

AGRICULTURE IN SCHOOLS

LU6 LU-AEIC
An overview of the 4-H enrichment activity, "4-H Agriculture and You" program. Gerald Zumbrunnen explains agriculture is beneficial to society and a brief farm tour is shown. 15 min.

AG-USA: RABBITS

LU7 ARBA
This episode highlights breeds of rabbits, 4-H Rabbit Projects, showing rabbits, feeding rations, spinning and weaving angora fibers, and rabbit products. 28 min.

AIDS IN THE WORKPLACE

LU8 LU-AEIC

Gail Carlson and Alvin Plummer presents this informative program on aids, a seminar for employers. The program helps in understanding aids, management concerns, legal and ethical issues, and how to develop a policy on AIDS. 30 min.

ALCOHOLISM AND SUBSTANCE ABUSE IN OLDER ADULTS

LU9 VCU
This teleconference focuses upon alcoholism and substance abuse affecting our older population. Research problems, symptoms and diseases are discussed. Ways of treating and preventing alcoholism and drug abuse are also presented. 120 min.

ALL ABOUT GRANTS

LU88 NFE
This program familiarizes individuals with the process, protocol, and mechanics of grant writing and approaches to funding sources. Also included are: workbook exercises, funding sources and technical assistance. 97 min.

ALTERNATIVE CROPS: PART I

LU100 SU
This teleconference from Oklahoma presents many new opportunities for farmers wanting choices in their farm products. Alternative enterprises, marketing strategies, finance and specific farm examples are shown. 1987. 90 min.

ALTERNATIVE CROPS: PART II

LU110 SU
Various fruits and vegetables are considered possible supplemental income for many small farmers. Considerations for production of alternative crops, pre-existing markets, finance, technical skills, risks, management, and a sincere interest of the new enterprise. A teleconference produced by Oklahoma State University. 90 min.

ALZHEIMER'S DISEASE: HOPE FOR THE FUTURE

LU412 PBS
This video conference features nationally recognized experts who review many new therapies. The program shows the latest research findings for treating and diagnosing patients with Alzheimer's disease. 90 min.

AMERICAN AGRI-BUSINESS SUMMIT

LU685 PUR-MIL

America's food supply is the safest and the most economical in the world. In a consumer driven economy, America's agriculture is under attack by many special interest groups. FFA and 4-H youth came together in St. Louis to host the 1st American Agri-Business Summit. Discussions took place about environment, food supply, food safety, new technologies, communication emerging agri-business opportunities. This video describes the conference and the new direction agri-business needs to take. 12 min.

AMERICA COUNTS ON AGRICULTURE

LU12 USDA
There is a need to know and understand all facets of American agriculture. Providing this enormous data base is the Census of Agriculture. This video shows how this data base is gathered every five years. It also describes how the data is analyzed and projected for future years. 14 min.

AMERICA'S MOST CRUCIAL INDUSTRY

LU655 EVN
Only two percent of American family income is spent on food. Three percent of the population is involved with agriculture. The many facets of the agriculture industry is highlighted in this video. The program shows how crucial the agriculture industry is to America and the world. 15 min.

AMERICA'S YOUTH: THE CHALLENGE AND THE OPPORTUNITY

LU13 N4-HC
This program describes a broadened, strengthened youth outreach mission of the nation's Land-grant institutions. The tape addresses issues of today's children, depicts real-life programs of leadership, and shows what must be done to mobilize this great network to support and help our children. 44 min.

ANALYZING PUBLIC POLICY FROM A FAMILY PERSPECTIVE

LU14 UN
Laws originating from local, state and national sources affects all families. This video discusses how families can become more involved in public policy decision-making, and how they can be informed and understand the issues of public policy problems. 18 min.

ANIMAL AGRICULTURE: MYTHS AND FACTS

LU15 BPRB

Care and treatment of livestock on US Farms is often unclear. This program tells how animals are treated and cared for by farmers and ranchers. 18 min.

ARKANSAS BORNE

LU16 AETN
Two projects are spotlighted in this video Heifer Project, Inc., and Peace Links Worldwide. The Heifer Project's Learning Livestock Center's activities is emphasized in a number of animal services. Learning by doing and helping people help themselves are themes of these two programs. 29 min.

THE ART OF LANDSCAPING: SHOPPING AND PLANTING

LU614 VEP
This program gives advice on how to shop for a variety of quality plants economically. Planting guidelines, plant containers, plant types, materials, and finding the right garden shop are a few of the subjects covered. 60 min.

ART AND SCIENCE OF EQUINE PRODUCTION

UK
The Art and Science of Equine Science is a course designed for students of equine science and for others interested in the horse industry.

Part 2 Basic Nutrition/Digestive Tract and Anatomy
LU457

Part 3 Digestive Physiology/Feeding for Maintenance
LU458

Part 4 Ration Formulation and Evaluation, Feeding Young Horses
LU459

Part 5 Growth and Bone Development, Nutritional Implications of Growth
LU461

Part 6 Feeding the Pregnant Mare, Feeding the Lactating Mare
LU462

Part 7 Feeding the Performance Horse/Nutritional Performance Enhancer
LU464

Part 8 Reproduction: Stallion Reproductive Anatomy/Biology of Breeding
LU465

Part 9 Artificial Collection, Insemination, and Semen Breeding -- Stallion Behavior and Associated Problems
LU475

Part 10 Mare Reproductive Anatomy and Endocrinology -- Management of Mare's Estrus Cycle
LU476

Part 11 Management of Pregnancy/Fetal Development
LU477

Part 12 Parturition/Management of the New Born Foal
LU478

Part 13 Internal Parasites/Treating Internal Parasites
LU479

Part 14 Common Equine Diseases/Vaccines
LU480

Part 15 Muscular System/Muscle Physiology
LU484

Part 16 Cardiac and Respiratory Response to Exercise/Biomechanics of Movement
LU490

Part 17 Assessing Physical Fitness/Use of Technology in Modern Day Training
LU491

Part 18 Anatomy of the Lower Leg/Physiology of the Lower Leg in Motion
LU492

Part 19 Lameness of Foot and Treatment/Facilities and Design/Farm and Stallion Layout
LU498

Part 20 Record Keeping/Taxes and Horses
LU499
80 min. each

AQUACULTURE: FARMING THE WATERS II AAVIM LU93

The cultivation of water plants or animals for human use, is one of the world's fastest growing industries. This program addresses the production, marketing and processing of three of the most popular aquatic species currently being

raised using aquaculture methods: catfish, crayfish and trout.
30:00

AUTO THEFT: PREVENTING THE CRIME
LU552 AM

Who better to teach about auto theft prevention than an expert in the field? Al, a professional car thief, demonstrates how unsuspecting drivers make his job easier. He alerts viewers to common tricks and scams and discusses preventive measures everyone can take.
17 min.

BABY BASICS

LU17 VIDA

Baby Basics provides extensive information for those critical first few months of a baby's life. Real life demonstrations with helpful diagrams are presented. Includes chapters on the newborn at birth, postpartum, first days at home, daily care, feeding, health and safety, crying and sleeping, growth and development.
110 min.

BAC ATTACK

LU211 FMIF

In this dramatization, food safety awareness information is presented through live-action and animated sequences. Food born illnesses, contamination, and bacteria are a few of the subjects shown.
19:45

BALANCING WORK, FAMILY AND PROFESSIONAL TIME

LU697 OSU

Extension systems throughout the country are experiencing profound changes. Financial problems, issues of account-ability, restructuring, staff reductions, and redirection are some of the things we hear about and face every day. At the same time, our family roles are becoming increasingly complex. What's going on? Where are we personally and organizationally with these changes? What can be done? This videoconference discusses these issues surrounding the family.
90 min.

BASICS OF FELTING

LU582 LU-AEIC

This video shows how to prepare fiber for felting projects. Information on materials and techniques are presented on various designs that can be incorporated in felting with wool.
24 min.

BASIC UPHOLSTERY TECHNIQUES

LU602 CEV

Quality furnishings is a luxury desired by many but afforded by few. In a relatively short time a person can upholster used furniture to a superb condition. This video goes step by step with the materials, tools and techniques that are necessary for upholstery projects..
30 min.

BEEF CATTLE CASTRATION

LU530 VEP

This video show various methods and tools necessary for bull calf castration. Several demonstrations are shown using different tools with different ages of animals.
22 min.

THE BEEF CHECK OFF: AN AMERICAN SUCCESS STORY

LU22 BPRB

The beef check off video shows the positive effects of the system on the beef industry. Research on beef, beef sales, nutrition, beef production, practices and overseas markets are explored.
10 min.

BEEF REPRODUCTION I

LU650 CEV

The first of a three tape series, Beef Reproduction I provides in-depth explanations of the principles of bull and heifer selection and their importance to the improvement of the herd. This tape also presents detailed anatomy of the bull and cow in both graphic and real-life representations. A rare glimpse of actual sperm and egg cells via microscope are also presented.
23 min.

BEEF REPRODUCTION II

LU630 CEV

One of the most important concerns of cow-calf producers is that of reproduction efficiency of the herd. This video discusses estrus cycles, estrus synchronization, freezing methods for frozen semen and frozen embryos, artificial insemination, super ovulation, embryo transfer and ultrasonic determination of pregnancy.
43 min.

BEEF REPRODUCTION III

LU651 CEV

The concluding program of this popular video series includes actual female reproductive tracts at varying stages of pregnancy. Also presented is the entire process of calving, and post calving management of both the cow and the calf. A

must for any animal agriculture or zoology curriculum. Dr. Clifford Dorn is the principal collaborator for this program.
21 min.

BE THERE

LU620 ACS
Cancer is the second leading cause of death among African-American women. This video is a message from and about African-American women on the risks of breast cancer. The precautions, early detection methods, and personal health responsibilities in this dramatization.
20 min.

THE BEST SEAT IN THE HOUSE

LU25 AMEHA
The cutting horse competition is shown along with what type of training is required to have a championship arena horse. Breeding and conformation are also stressed.
29 min.

A BETTER MOUSETRAP: AFTER THE COAL IS GONE

LU26 VT
Is coal mining a boom or bust industry? This program shows how scientists are assisting coal mining communities in their reclamation struggles to improve the land after the coal is gone.
27 min.

BEYOND THE SALE: FARM FAMILY STRESS AND COPING

LU27 UI
This program involves one family's description of their struggle in coping with the loss of their farm. Five members of the family describe their memories of life leading up to the farm sale and life after the farm sale.
35 min.

BIG COWS-CLEAN WATER

LU 354 UOE
This video introduces viewers to four livestock producers with different operations, but the same goal...to provide a good income for their families while leaving the land in a condition that makes them proud to pass it along to their children and grandchildren.
15 min.

THE BIG LIES: WAKE UP TO A NEW PARENT & TEACHER'S GUIDE TO

DRUG/VIOLENCE & OTHER SOCIAL PROBLEMS

LU647 CEV
This video is designed to help parents, teachers, law enforcement officers ministers, and other community officials conquer the war against drugs, violence and many social problems. Milton Creagh a well-known and respected speaker has developed this program to aid in parenting and instilling moral values in our kids today. This humorous yet sincere video will open your eyes to the growing problems in our country. It stresses the growing concerns of AIDS, Teenage Pregnancy, Violence, Drug Abuse and much more. In addition, The big lies emphasizes the need for community programs and parent involvement and discusses the need for all organizations to work together to make a difference.

BIOSECURITY ON THE FARM: PREVENTING FOOT AND MOUTH DISEASE

LU 237 UW
Foot and Mouth Disease, plus many other infectious diseases are an emerging issue for most farmers in the country. Fear is rampant, especially of Foot and Mouth Disease. This videoconference discusses the facts, effects, emergency plans, and inexpensive ways to protect farms from many infectious diseases.
90 min.

BIOTECHNOLOGY, FOOD, AND AGRICULTURE

LU666 WSU
This video was designed for interactive workshops and classrooms that aim to increase awareness of biotechnology applications and current policies regarding its use. The program explores biotechnology's potential uses, benefits and risks, labeling requirements and concerns about biotechnology's effect on the environment and human health.
23 min.

BIOTIC IN YOUR BACKYARD: A CASE FOR PUBLIC POLICY DEVELOPMENT

LU489 PU
Social and environmental issues of agricultural biotechnology in communities are presented in this video conference. After a feature on the origins of agricultural biotechnology, a case history focuses on experimental work with transgenic potatoes.
120 min.

BLACKBELLY SHEEP: A SPECIAL BREED

LU29 BGIS
Farmers on the island of Barbados are being helped in their sheep production practices by a research project conducted by Scientists. Black belly sheep are examined and shown to be an excellent source of quality meat. The Missouri Sheep Improvement Computer Program is also demonstrated in determining the best breeding stock on the island.
30 min.

BLOOD PRESSURE CONTROL

LU154 SW
This health education video concentrates on how to control high blood pressure. Prevention techniques, diet, and medications are discussed.
10:45

THE BOOTHEEL: SOME OF LIFE'S CONCERNS

LU31 LU-AEIC
Economics and social problems of the Missouri Bootheel are discussed by area citizens and Extension specialists. Various concerns and solutions are voiced.
45 min.

BORDER COLLIES - GETTING THE RIGHT START

LU32 RG
Training a dog to work cattle and sheep is a very tedious process. This program goes through a number of practical steps to get a dog to obey commands and work confidently with cattle and sheep.
120 min.

BREEDING SOUNDNESS EXAM IN RAMS AND ESTRUS DETECTIONS

LU192 LU-AEIC
Soundness exams for rams are important for sheep farm operators. This video shows how to do the exam with rams, plus the major things that one should look for during the examination. A semen sample is taken and estrus detection methods are discussed.
18:00

BREEDS OF BEEF

LU33 CCE
Popular breeds of beef cattle are shown in this program designed for beginning 4-H beef projects and animal science classes. The slide set will help

students identify and distinguish most types of beef cattle.
10 min.

BREEDS OF SHEEP

LU34 LU-AEIC
Dr. Helen Swartz and Larry Mead, Sheep Breeder Magazine show and discuss the major breeds that are important to Missouri and the midwest. Viewers will have an introductory knowledge of the breeds and why they are important to the sheep industry.
30 min.

BUILDING GROUP SKILLS: AGENDAS & ENVIRONMENTS

LU35 ISU
In this program on leadership and building group skills, the video emphasizes the use of agendas and how the environment can make a meeting more effective.
11 min.

BUILDING GROUP SKILLS: DELEGATING

LU36 ISU
In this program on leadership and building group skills, the video emphasized the benefits and difficulties of delegating job responsibilities. Leadership skills and effective delegating skills are shown.
13 min.

BUILDING GROUP SKILLS: FORMING A GROUP

LU37 ISU
In this program on leadership and building group skills, this video examines some of the "decision-making" that makes a group more effective. It focuses on organization, structure and responsibilities.
14 min.

BUILDING GROUP SKILLS: USING NETWORKS

LU38 ISU
In this program on leadership and building group skills, the video emphasized networking and why it is important for rural communities.
14 min.

THE BUSINESS OF HUNGER

LU 470 MWP
In many Third World countries, cash crops are exported while the poor go hungry. This is considered one of the major causes of world

hunger. This video proposes a more just distribution of the earth's resources.
28 min.

CANCER IN THE 90'S: EVERYTHING ABOUT THE PROSTATE

LU541 UW
The program describes the role of the prostate in the body and talks about prostate changes that occur as men age. Several prostate problems are presented and steps are shown that can be taken to detect and treat prostate disease.
58 min.

THE CAREFUL TIMBER HARVEST

LU579 USDA
Logging is a disruptive affair even under the best circumstances. This video shows various logging techniques that have proven practical and cost effective in minimizing the negative impacts of harvesting timber. The program is primarily for loggers and foresters in addressing aesthetic concerns during and immediately following a timber harvest.
20 min.

THE CARE OF EWES AND LAMBS AT LAMBING TIME

LU41 LU-AEIC
A flock of sheep is an excellent alternative enterprise for small acreage or part-time farmers looking to increase their income. Proper care of ewes and newborn lambs during and after delivery mean increased profits later. Helen Swartz presents this program on the care of ewes and lambs at lambing time.
52 min.

CARING FOR NEWBORN KIDS - DAIRY GOATS

LU43 WI
Care techniques for newborn kids are presented in this video tape on dairy goats.
10 min.

CAREERS IN CLOTHING

LU702 MEC
Careers in Clothing introduces students to the many different kinds of jobs available in the clothing industry. Interviews with people who are in the industry are central to the program. Some of the careers included are: clothing design, manufacturing, retail sales, artist, management, fashion photography, costuming, and many others.
16 min.

CARTOON ALL-STARS TO THE RESCUE

LU44
Many popular cartoon characters help children identify the effects of drugs upon the body and shows possible ways not to be involved with drugs. Drug awareness, health risks, critical decision-making and drug risks are areas emphasized in this program on drug prevention in youth.
28 min.

CATTLEMEN CARE ABOUT ANIMAL WELFARE

LU45 BPRB
This video shows how cattlemen are raising today's beef. Interviews of cattlemen, cattlemoens, veterinarians and a government official tell the story about how cattlemen care about animal welfare.
10 min.

CATTLEMEN CARE ABOUT BEEF SAFETY

LU46 BPRB
Are you concerned about the food your eat? Is it safe? This video explains why US beef is one of the safest foods in the world. It shows how cattle are fed, how they are cared for when they become sick, and how they are inspected to ensure safety and quality.
12 min.

CATTLEMEN CARE ABOUT THE ENVIRONMENT

LU47 BPRB
Cattlemen depend on the environment for their livelihoods. This video demonstrates the many ways in which American Cattle producers care for the land, air and water. It highlights the unique cycle of energy from the sun to grass to cattle to human food. 1992.
7 min.

CATTLEMEN'S SHORT COURSE

LU587 1-10 SDSU
This series of programs covers broad topics of interest to cattlemen. The tapes aim to improve the sustainability and profitability of beef producers. Topics covered are herd management, genetics, performance evaluation, marketing, nutrition, grazing management, and herd health.
#1--Adapting to Trends and Changes in the Cattle Industry
#3--Backgrounding-Custom Feedlots
#4--Forages-Energy & Supplements
#5--Marketing Cattle
#6--Nutrition - Vitamins
#7--Cow Nutrition, Body Condition, Scoring and Forage Analysis

#8--Cost Containment
#9--Bull Selection
#10--Calving Season Management
#11--Capital Investments/Cow Lease
#12--Replacement Heifer Development
#13--Reproductive Management and Disease
#14--Grass Growth Physiology
#15--Grazing Management
Each program is 90 min.

CAUTION: ADOLESCENTS AT RISK
LU48 NSCHHD

A number of high risk youth tell of their problems, how they survived, and how they turned their lives around with the help of friends and relatives, school, shelters, and agencies.
21 min.

CHALLENGE TO CARE
LU49 AALAS

Choosing a career can be a big decision, especially if you want to make a positive difference in people's lives. This program shows a variety of careers in the challenging field of laboratory animal science and research.
15 min.

CHANCES & CHOICES WITH FOOD
LU434 MES

In a series of lively dramatizations, this video shows how food can spoil and become contaminated. A series of discussion questions help viewer's keep their attention on food safety facts. Designed for youth, the video and accompanying lesson plans can provide information on food safety for grades 4 through 6.
20 min.

CHANGING CHANNELS: CAREERS FOR THE 90'S

LU455 ESN
What job would you want? This program describes how to find jobs in high tech, and non-traditional fields for women. A variety of career choices are presented along with an interview with Debbie Turner, Former Miss America.
58 min.

CHAPERONING: A COMMITMENT TO 4-H

LU420 LU-AEIC
Being a 4-H Chaperon is making a great commitment. This video shows specific responsibilities required of adults who volunteer their time as 4-H chaperons. Through the use of examples and several dramatizations, this program acquaints volunteers of these responsibilities.

14 min.

CHAPTER 12 BANKRUPTCY: FAMILY FARM REORGANIZATION

LU50 UMC

Stephen Matthews discusses the legal ramifications of bankruptcy with family farms in Missouri. Psychological and social issues associated with a farm bankruptcy are also shown.
27 min.

CHILD ABUSE AND EXPLOITATION
LU146 LESTN

This video focuses on the use of computers by pedophiles for the abuse and exploitation of children. The program is intended for training purposes only. Viewer discretion is advised.
120 min.

A CHILD IN YOUR LIFE: TIME TO EAT
LU51 DV

Eating is an important time for most families. Mealtime is a social time. It might be the one time during the day when the whole family is together. Nutrition and feeding tips for babies and toddlers are emphasized in this program.
28 min.

CHILDREN UNDER STRESS - HELPING CHILDREN COPE

LU52 LU-AEIC

This program shows that all children encounter various degrees of stress during their childhood. Shown through a series of colorful cartoons, the film presents families in different stressful situations, and describes ways in which parents can help their children cope with stress.
11 min.

THE CHILD'S EXPERIENCE OF GRIEF: THE CAREGIVER'S ROLE

LU409 UG

This teleconference discusses how children experience grief and how caregivers can help children work through the process of mourning and grieving. Death, divorce, loss of friends, moving to a new location and other problems relating to children are discussed.
3 hrs.

CHIP BUDDING

LU53 UN

Chip budding is a form of grafting. This video from Nebraska demonstrates step by step, how to do chip budding with fruit trees. Proper equipment is also presented.
10 min.

CHOICES: CHARTING A POSITIVE FUTURE:

LU469 UF

The Choices is an upbeat and entertaining curriculum designed to help pregnant teens chart a more positive future. The program recognizes that teens are still developing and have needs in addition to those of becoming parents. Issues addressed include: access to adequate prenatal care; improving parenting skills; adequate nutrition/food for mother, fetus and baby; resource management for becoming independent members of society; and adequate confidence skills to return to school or enter the work place. Shaping Up! Aerobics for Pregnant Teens-- LU469a 27 min.

Look Who's Eating--LU469b 11 min.

Growing Up With Baby--LU469c 11 min.

Speak Out! On Stress-- LU469d 27 min.

CHOOSE HORTICULTURE

LU485 VEP

A variety of careers, opportunities in the field of horticulture is presented in this program illustrating how professional jobs can be found growing, designing, and marketing plants. Several careers are highlighted in the horticultural industry. 20 min.

CITIZENSHIP: WASHINGTON FOCUS

LU54 HC

Each year 4-H delegates from all across the nation visit Washington, DC for an intensive week of citizenship educational workshops, hands-on training and seeing many sites in the nation's capital. This program shows many of participatory democracy workshops, simulations and tours the youth take during their week in Washington, DC. 7 min.

CIVIL RIGHTS MEMORIAL: SOUTHERN POVERTY LAW CENTER

LU679 SPLC

This video describes the Civil Rights Memorial at the Southern Poverty Law Center in Jacksonville. The center is dedicated to seeking justice and fulfilling civil justice in America. 12 min.

A CLASS DIVIDED

LU537 YU

This program documents a reunion of former third-graders and their teachers fifteen years later. The students, now young adults, relate the effects

of their discrimination lesson on their lives and in their early experiences as parents. 60 min.

CLEAN AND SHINE

LU56 LU-AEIC

The basics of home cleaning are discussed and demonstrated by Glenda Kinder. Cost-cutting techniques of using home-prepared materials, instead of using commercially prepared products are shown. 27 min.

CLIPPING DAIRY CATTLE

LU496 VEP

This videotape takes you from rough cut through final clipping the day of the show. You'll see award-winning techniques of an internationally recognized dairy clipping expert while the narrator emphasizes certain points. Equipment handling and animal evaluation advice are also presented. 24 min.

COLOR AND STYLE

LU705 CS

This video instructs viewers on color analysis in fashion, make-up and visual merchandising. Color theory, warm and cool colors, color mixing, art color concepts, seasonal colors, color harmony and other concepts are shown. 10 min.

COMBATING UNDERAGE DRINKING

LU597 JYTAP

This videoconference presents information about the range of serious health and social problems associated with underage drinking. It provides information about Federal funding opportunities for states and communities and the important roles for governmental and non-governmental agencies and organizations concerned with this issue. The program shares model approaches, strategies and methods to reduce underage drinking. 120 min.

COMBATING VIOLENT CRIME THROUGH COMMUNITY INVOLVEMENT

LU573 LESTN

Violent crime affects all levels of society. How does society combat it? This video conference details through several examples of how communities and the American public can work together with law enforcement agencies in preventing violent crime. 118 min.

COME PLAY WITH ME

LU57

PU

Play is a special time for people to do things with their children. It is a time for learning for both children and parents. Examples of different games and toys are shown with parents and children having quality play-time.

28 min.

COMMERCIAL CATFISH PRODUCTION

LU58

FVSC

Catfish can provide a high source of income, family food, and fun for many small farmers. This program discusses catfish species, markets, advantages/challenges, methods of production, materials, and resources.

13 min.

COMMERCIAL VEGETABLE PRODUCTION

LU60

FVSC

Commercial vegetable production can provide a steady income for many small farmers. The video also discusses: markets, vegetable varieties, advantages/challenges, record-keeping, resources, and technical skills needed.

12 min.

COMMUNITY RESPONSE TO TRUANCY

LU 522

OJJDP

This videoconference examines how important it is for young people to stay and school.

Community options and specific programs are shown along with testimonials from young people who had a number truancy problems.

90 min.

COMPREHENSIVE FRAMEWORK FOR SCHOOL VIOLENCE PREVENTION

LU437

VPPEKU

Preventing school violence requires a careful examination of the people, relationships, resources, facilities and neighborhoods that make up the school community. The program discusses the actions steps that can lead schools and community members toward safer schools, while preserving education.

COMPREHENSIVE JUVENILE JUSTICE IN STATE LEGISLATURE

LU696

OJJDP

This video conference presents a comprehensive look at juvenile justice in various state legislatures. The program provides information about promising an effective pro-gram/policy strategies, plus, it has a discussion of juvenile justice issues and approaches.

90 min.

COMPUTER ACCESSED BULLETIN BOARD SYSTEMS (CABBS)

LU513

A/CPB

This video is designed to acquaint people in acquiring hardware, and software to a computer accessed bulletin board system with relative ease. Part I of the video is designed primarily for a novice audience to have specific information on how to utilize CABBS technology. Part II of the video is designed for knowledgeable audience to learn how to construct and manage a CABBS of their own.

Part I: 15 min.

Part II: 12 min.

CONSERVATION ON YOUR OWN

LU683

USDA

This video shows how farmers can implement soil conservation measures on their own. The program describes how to measure and manage crop residues, how to lay out contour lines and use field borders, how to use buffer strips, stripcropping, wind strips, windbreaks, and how to keep terraces working.

60 min.

CONSERVATION TILLAGE: CROP RESIDUE MANAGEMENT

LU274

OSU

This video conference discusses crop residue management and tillage practices with cotton.

118 min.

CONSERVATION TILLAGE: EQUIPMENT AND PROCEDURES

LU433

AEIC

This series of programs discusses various types of conservation tillage equipment and presents advantages and disadvantages of their use in Conservation compliance procedures. The program comes in three parts. 1992

Part 1: Residue Management

27 min.

Part 2: Planter Units

44 min.

Part 3: No-Till Drill Units

41 min.

CONSERVATION TILLAGE: NO TILL

LU125

OSU

Crop residue management is the most economical method for most farmers to implement conservation tillage practices. This program discusses no-till conservation tillage methods and

reviews no-till machinery, zone till, weed control, earthworms and the economics of no-till farming. 118 min.

**CONSERVATION TILLAGE: NO TILL-
PART II**

LU430 OSU
This video conference discusses soil fertility, insects, and compaction relating to all conservation tillage systems. A segment on ridge-till is also presented. 118 min.

CONSERVATION TILLAGE: WHEAT

LU206 OSU
This video conference focuses on how farmers can grow wheat and take advantage of using conservation tillage practices. 90 min.

**CONSUMER ISSUES: SELECTING
CARPET AND FURNITURE**

LU63 UNL
Home furnishings can be a sizable investment for many households. This video illustrates how to buy. Multi-functional furniture, coordinated purchases, and develop a master plan over several years. 41 min.

**CONTINUOUS QUALITY IMPROVEMENT
FOR HEALTH PROFESSIONALS**

LU606 CDC
Intended for use by public health professionals, this program concentrates on training for continuous quality improvement (CQI). The principles of CQI, its background and a sample role play is shown. A Missouri site is shown as one of its implementation locations. 180 min.

COOKING TODAY'S BEEF

LU668 NLSMB
Leaner animals and reduced fat means that beef is better for the consumer than ever before, especially for quality proteins and other vitamins and minerals. This program shows how today's leaner beef can be incorporated in a highly nutritious diet for most consumers. 24 min.

COOKING LAMB

LU403 LU-AEIC
Lamb is a very delicious and healthful meat to use in cooking. A variety of recipes are demonstrated by several cooks. Some of the recipes presented include: Lamb-and-Green Bean

Stew, Grilled Meat Kabobs, Leg of Lamb with Herbs, Stuffed Yeast Rolls, and Garlic Sauce for Roast Lamb. 42 min.

**COOPERATIVE EXTENSION SERVICE
AND ACCESSIBILITY**

LU609 USDA
The Americans with Disabilities Act (ADA) was signed into law on July 26, 1990 by President Bush. Its purpose is to eliminate discrimination on the basis of disability in many areas of American life, access to a job, transportation, employment, recreational activities, and programs and services. This program highlights practical ways the Extension Service can improve program accessibility by: selecting accessibility program location and facilities, changing or adapting policies and practices, involving persons with disabilities in program planning, and contacting various disability organizations. 15 min.

CORN CROP PRODUCTION

LU186 PSU
This video conference emphasizes most aspects of corn production. Topics include the following: deep tillage, corn rootworm management, weed control, narrow row corn/populations for high yields, soil fertility update, harvest management, no-till equipment, and disease management. 118 min.

CORN CROP SEMINAR

LU294 PSU
This video conference includes: deep tillage, corn rootworm management, weed control, narrow row corn/populations for high yields, soil fertility update, harvest management and disease management. 120 min.

CORONARY ARTERY DISEASE

LU 167 SW
In this health education video, coronary artery disease is discussed. Assessment of the disease, the health care team, medications, exercises, stress management, health care options, treatment, and lifestyle changes are shown. 28:00

**CORPORATE AMERICA AND THE
ENVIRONMENT**

LU66 GSU
There are many environmental issues that are pressuring businesses today. This teleconference presents a look at these issues and discusses

problems concerned with pesticides, pollution, hazardous wastes-solids and liquids, safe water clean air, federal regulations, environmental audits and right-to-know actions. Case studies illustrate many strategies and actions addressing corporate America.
180 min.

**COVERING NEW GROUND:
WISCONSIN'S SUSTAINABLE
AGRICULTURE**

LU637 WPT
Over 1400 dairy farmers went out of business last year. Innovative farmers are now forming new strategies for reducing costs and maximizing efficiency. This video illustrates how sustainable agriculture practices can open up new markets for farmers.
58 min.

CREATIVE CRAFTS

LU191 LU-AEIC
Are you interested in creating crafts for your home or possibly gifts for those special occasions? Are you also interested in making items for a small business venture in order to supplement your income? This program will show you three simple craft ideas that you can make at home with very little materials and equipment.
12 min.

**CREATING HEALTHY MENUS FOR THE
MAINLINE**

LU243 UMISS
In this program on Managing Child Nutrition Programs, Viewers have the opportunity to learn how to plan menus that are tasty and appealing. The video also discusses how menus can be made to offer quick meal choices that use resources effectively, and that are satisfying to the customer.
30 min.

CREATIVE DECISION-MAKING

LU67 LU-AEIC
How do you make decisions? Success in life depends upon your ability to make successful decisions. This presentation by Cynthia Crawford and Sharon Lundeen shows how to make more dynamic, creative decisions.
13 min.

THE CROP SCIENCE REVOLUTION

LU642 PART I CSSA
LU643 PART II CSSA
These two programs reflect on crop science and agricultural advances during the latter half of the

20th century. The video conference presents material on crop varieties during these decades and concludes with a vision into the 21st century of where agriculture is going.
3 min.

**CROSS-CULTURAL COMMUNICATION
HEALTH CARE** HRSHA
LU343

Health patients that speak a different language can have difficulties in obtaining quality health care. This videoconference identifies some of these communication problems and shows how health care providers can help avoid common linguistic difficulties.
120 min.

CRYPTOSPORIDIUM AND USDA

LU624 USDA
Cryptosporidium parvum is a tiny parasite that can cause gastrointestinal illness in a variety of animals, including humans. This video shows how this waterborne parasite can be detected. It also shows how it affects humans, where it is a risk, and the clinical signs of the disease. Chemical and physical disinfection methods are analyzed.
25 min.

CRYPTOSPORIDIUM PARVUM

LU 713 USDA
In this video on water quality, the cryptosporidium pathogen is discussed in how it affects non-point sources of water. The program presents an understanding of the threats imposed by the pathogen, public health impacts, and how agriculture can be part of the solution of eliminating cyptosporidiosis.
28:00

**CULTURAL DIVERSITY PART I-- THE
CHANGING MOSAIC OF MISSOURI**

LU68 LU-AEIC
The state of Missouri is becoming increasingly culturally diverse. Cultural Diversity Part I discusses issues and barriers that exist for Missouri's diverse cultures. The video also suggests ways in which awareness, communication and experiences can be enriched by culturally diverse audiences.
28 min.

**THE CUSTOMER'S VIEWPOINT IN
PROBLEM SOLVING**

LU515 NTU
The ability to see and understand problems from our customer's point of view is the foundation for improving customer satisfaction. This

problem-solving model is discussed and focuses on taking the customer's viewpoint in meeting customer requirements and in attaining customer expectations.

118 min.

DAIRY GOATS: A SMALL FARM OPPORTUNITY

LU69 LU-AEIC

Hazel McTeer, a small farm operator of southwest Missouri, tells of her dairy goat farm operation and how other individuals might consider getting into raising goats for milk and meat products. She relates personal experiences with her goats and discusses how 4-H and FFA youth might consider goats for their own animal projects.

25 min.

DAIRY: IT DOES A BODY GOOD

LU71 NDB

This video is especially created for kids age 10-14. It is a lively video that teaches the importance of calcium in the teenager and creates a newspaper story on how kids at school feel about dairy foods.

11 min.

DAIRY NUTRITION-PART I

LU232

Part I on dairy nutrition considers how the physical characteristics of forage impacts the lactating cow's diet.

180 min.

DAIRY NUTRITION-PART II

LU349 PSU

Basic concepts in ruminant nutrition is presented in this video conference from Penn State.

Feeding management for different animal groups is emphasized in this program.

120 min.

DAIRY WASTE MANAGEMENT

LU407 TAM

This video conference from Texas discusses and explains new water quality laws affecting dairy producers which mandate new waste disposal systems for many dairy operations.

58 min.

DAY CARE

LU72 CFDC

A complete series of programs is examined in this video on day care services. The video is taken from two parts of twelve filmstrips.

Part I: Day care - What and Why

Physical Facilities

Infants and Toddlers
Family Day Care
Day Care after School
Parents

Part II: Administration and Staffing
Curriculum Considerations
A Day in a Day Care Center
Health and Safety
Nutrition
Routines
7 min. ea.

DECISIONS FOR HEALTH-IMMUNIZATIONS

LU586 UN

This video conference highlights efforts in the Gage County, Nebraska immunization clinic. The program shows how volunteer roles in immunization can help a program succeed and it also discusses the model clinic and the essential steps of organizing and maintaining a clinic is necessary in order for it to be successful.

140 min.

THE DELMO SAGA

LU516 DHC

A history of the Delmo Housing Corporation is presented in this video about social and economic problems in the Bootheel of Missouri. The program also discusses: the Migrant Health Program, Scholarship Program, Gardening Demonstrations, Self-Help Projects, Work Camp Projects, and the Delmo Rural Development Institute.

19 min.

DESIGNING YOUR HIGH TECH FUTURE

LU473 SLN

A variety of career fields and opportunities in the film and television industry for young people, especially women, are presented in this video conference from Hollywood.

60 min.

DEVELOPING AN EFFECTIVE BUSINESS PLAN

LU402 NTU

This video conference shows how to enhance entrepreneurial thinking, and provide insight into tools and techniques for use in developing and effective business plan. Sharon Wolf, Ph.D., discusses how to develop a plan, how to make entrepreneurial decisions, how to turn ideas for products or services into successful ventures, and how to plan for business success. 1992.

210 min.

**DEVELOPING FOOD PRODUCTS:
WHERE DO YOU BEGIN?**

LU74 LU-AEIC
This video concentrates on the small food processor and what it takes to get into the food processing trade. Featured speakers and video clips include such topics as health requirements, business considerations, labeling and packaging, and marketing food products in Missouri.
29 min.

DIABETES TYPE 2 SW
LU164

In this health education video on diabetes, facts, meal plans testing for glucose levels, medications, and exercises are discussed. The program talks about how to live a production, healthy life with diabetes.
24:00

DIET AND HEALTH: OBESITY

LU76 SU
This teleconference from Oklahoma shows how important diet is to everyone's health. The problems, causes and effects of obesity are discussed.
120 min.

A DIGITAL NATION

LU 42 KETC
Rural America is tapping the power of technology. This program highlights rural America and show how the nation is going digitally. Communication, transportation, power, telecommunications are just a few of the technologies presented.
1:55:00 min.

DISPLAY LIGHTING

LU700
Proper lighting is an essential ingredient in a merchandise display. This presentation examines lighting as an integral component of any visual merchandise display or exhibit in a department store. During the display planning process, lighting treatment should be an important consideration as are the props and merchandise itself. Three types of lighting is shown with both advantages and disadvantages of each.
22 min.

**DIVERSITY AMONG CHILDREN IN
POVERTY**

LU78 LU-AEIC
One of the keynote speakers during University Extension's Annual Conference was Dr. Judith Jones. In this video she discusses her experiences with children, poverty and diversity of cultures.

41 min.

DOE OBSTETRICS - DAIRY GOATS

LU79 WI
Demonstrations of when and how a doe delivers her kids are presented in the video tape on dairy goats.
10 min.

**DOWN-PAYMENT SUBSIDY HOUSING
PROGRAM**

LU61 LU-AEIC
This video describes Lincoln University's Down-Payment Subsidy Housing Program which is located in the Bootheel of Missouri. Low cost loans, home construction, types of loans available, and who is eligible are areas discussed.
18 min.

DRUG ABUSE

LU80 PEP
Harry Edwards presents an eye-opening company seminar on alcohol and drug abuse. He discusses many of today's popular drugs and their effects on employees, teenagers and parents.
60 min.

**EARLY DETECTION OF BREAST AND
CERVICAL CANCER**

LU574 CDC
Over one and one-half million women will find they have breast or cervical cancer this year. Almost one-half will lose their lives to one of these cancers. This video discusses the National Breast and Cervical Cancer Early Detection Program that is currently being expanded to most states. The program talks about public health care, early detection, screening procedures, treatment options and outreach activities of the cancer program.
13 min.

EARTHQUAKES AND BUILDINGS

LU440 EENET
This program focuses on buildings and how earthquakes affect them. Some of the topics covered are: how buildings "see" and react to seismic forces, the levels and types of damage that typically observed, and what can be done to prepare for earthquakes and their damaging effects on buildings.
120 min.

EASY GARDENING: PEPPER VARIETIES

LU611 LU-AEIC
There are a number of pepper varieties that are available to Missouri gardeners. This program

shows several common pepper varieties, ranging from mild to very hot that the home gardener can grow quite easily in non-commercial applications.

11 min.

EASY GARDENING: PLANTING SEEDS

LU246 LU-AEIC

Early in the year, gardeners need to prepare for their gardening needs. This video shows the basic steps in preparing and planting seeds prior to planting in the garden. Seeds, soils, materials and techniques are shown for small, medium and large floral varieties.

15:00

EASY GARDENING: TOMATOES

LU594 LU-AEIC

Growing good quality tomatoes in Missouri is sometimes difficult due to diseases and pests. This video presents a number of tips for the control and elimination of the horned worm, the inch-worm and several common tomato diseases for the home gardener.

10 min.

EASY GARDENING: TRANSPLANTING

LU236 LU-AEIC

In this introductory video, seedlings are transplanted from indoors to a garden area. Seeds, soils, materials and techniques are shown for small, medium and large floral varieties.

12 min.

EAT FOR LIFE

LU415 AHA

A sensible diet and reasonable amount of exercise is stressed in this video on eating for life.

9 min.

EAT WELL, BE WELL

LU81 ANA

This series is a four-part videotape program based upon the seven Dietary Guidelines for Americans. Each part highlights one or more of the seven Dietary Guidelines while also stressing the interrelationship of all the guidelines in a healthy diet.

Introduction

Part 1: The 7 Dietary Guidelines and Eating a Variety of

Foods

Part 2: Eating Foods with Adequate Starch and Fiber

Part 3: Avoiding Excess Sugar, Sodium and Alcohol

Part 4: Maintaining Ideal Weight and Avoiding Excess Fat, and Cholesterol

Each part approximately 30 min.

EDUCATING HOMELESS CHILDREN AND YOUTH

LU563 AEIC-LU

The series of four programs is designed to assist school districts and concerned citizens in meeting the educational needs of homeless children and youth. Community education issues and multiple solutions are discussed as well as an explanation of the Stuart B. McKinney Homeless Assistance Act of Missouri.

Part I: Identification 10 min.

Part II: School Assignment: Where Does This Child Belong? 12 min.

Part III: School Placement 14 min.

Part IV: Responsibilities of the Homeless Coordinator 10 min.

EDUCATING STUDENTS WITH DISABILITIES

LU632 NASPA

Approximately one in eleven people have a visible or invisible handicap or disability. This videoconference examines how colleges and universities are meeting the needs of students with disabilities. The program provides information on disabilities, and recommendations and ideas for addressing students with disabilities. 1995.

120 min.

EDUCATION, ENGAGEMENT, EXTENSION

PU
LU 123 See how universities form partnerships in various learning environments. These partnerships are making a difference in individual lives, improving the workforce and helping the community to become more attractive places to live and work. This videoconference features presentations from three states that have already developed learning centers/networks.

120 Min.

1890-1990: A CENTURY OF CHANGE PART I & PART II

LU82 & LU83 LU-AEIC

Celebration of 100 years of land-grant progress, this video surveys the accomplishments of partnerships in various learning environments. These partnerships are making a difference in individual lives, improving the workforce and helping the community to become more attractive places to live and work. This videoconference features presentations from three states that have already developed learning centers/networks.

120 Min.

In order to attend college, many students find it necessary to apply for financial aid. This program highlights the different types of aid that are available.

11 min.

EXPLORING CAREERS: THE INTERVIEW

LU92 LU-AEIC

An important prerequisite in getting a good job is adequately handling the job interview. This program illustrates several ways to prepare for the interview, how to conduct yourself in an interview, and the follow-up.

14 min.

EXPLORING MISSOURI'S WETLANDS

LU560 MDNR

Exploring Missouri's Wetlands provides an overview of the history of wetland losses in Missouri and also describes the various types of wetlands found in the state. The program explains many of the functions and values of wetlands and how they are beneficial to Missouri's citizens.

30 min.

EXTENSION AND VOLUNTEERS: VALUABLE PARTNERSHIPS

LU95 USDA

This video depicts the implications of volunteerism in Extension. It is intended to inform Extension staff and clientele about the nature and extent of Extension's work with volunteers.

11 min.

EXTENSION'S FIRST 75 YEARS

LU96 UG

Cooperative Extension's first 75 years of history is shown through historical photographs and film footage taken from the archives of many libraries. The history of American agriculture and current Extension programs are shown as ways in which information is extended to the people.

16 min.

FAMILIES IN TRANSITION

LU111 UM

This program illustrates dramatizations, each family faces several serious problems in financial planning, family involvement, financial planning, family communication and financial failure. The last part of the tape has comments by an educator, a farm couple, and two lenders. This program may or may not be used with an accompanying reference manual.

64 min.

FAMILY AND ECONOMIC WELL-BEING

LU98 USDA

The family is the most effective and economical system for rearing children and nurturing adults. As one of Extension's National Initiatives, this video focuses on five critical issues: family financial instability, children at risk, vulnerable youth, family description and dislocation and responsibility for dependent elderly.

20 min.

FAMILY LAW

LU99 UMKC

This teleconference focuses upon recent family law cases, discovery issues, Federal Family Act, allegations, pure custody, QDRO's, and attorney fees.

6 hrs.

FAMILY MATTERS

LU100 CU

This tape looks at two American families and shows the positive and negative impact that jobs, friends and relatives neighborhoods and schools have on their lives.

27 min.

FAMILY STRESS PROJECT

As part of the North Central Region's USDA funded Family Stress Project, several universities produced video tapes that are related to family stress with an emphasis on farm issues. Various tapes focus on communication, decision-making, dealing with blame, and other issues.

LU101 "Affirmation" 44:00 UN

LU102 "Creating a Vital Healthy Family" 33:00 UN

LU103 "Dealing with Blame: Help for Farm Families in Crisis" 17:00 ISU

LU104 "Family Communication During Stress and Crisis" 15:00 MSU

LU105 "Family Council" 21:00 UN

LU106 "A Family's Fall" 26:00 UM

FAMILY TIMES

LU107 LU-AEIC

This 4-H video describes the characteristics of strong families and how these concepts can be integrated into most 4-H club programs. It is a valuable training tool for volunteer leaders and demonstrates how a sample unit can be presented at an actual 4-H club meeting.

28 min.

THE FARM FINANCIAL CRISIS

LU108 UMC

This program prepared by Steven Matthews, Professor of Law, University of Missouri, discusses how farmers and their creditors can understand the other's perspective. The tapes tell about FHA, the Farm Credit System, Federal Deposit Insurance, Income tax, bankruptcy and workouts from a debtor's perspective.

Audio tape: Six tapes
60 min. ea.

FARMER BORROWER'S RIGHTS

LU109 PU

Many family farmers have debt obligations beyond their means, and the severe drought conditions of 1988 may add to this group. This video conference from Indiana tells of borrower's rights and debt resolution alternatives. An experienced farm debtor lawyer and bankruptcy trustee helps put the farm debtor's dilemma and alternatives into perspective.

120 min.

FARMERS...ENTREPRENEURS

LU110 SP

Three agriculture entrepreneurs are highlighted; a wine maker, a believer in innovative marketing, a farmer executive, and a farm couple involved in soybean production.

22 min.

FARMING: SURVIVING THE CRISIS

LU114 OAU

The financial crunch hitting farm families is also contributing to a tremendous increase in family stress. In this program, you'll meet an Oklahoma family and learn from their experiences. You'll also get valuable help from experts from Iowa State University, the University of Minnesota, and the University of Wisconsin as well as Oklahoma State.

72 min.

FARM ANIMALS CLOSE UP AND VERY PERSONAL

LU618 SFP

Cows chew their cud, pigs roll in the mud, and horses lick salt. This video shows the daily business of being a farm animal and gives a broad exposure of farm animals to Children.

30 min.

FASHION DISPLAY SKILLS

LU698

An understanding of consumer psychology is vital in planning and construction of visual

merchandising presentations. This program demonstrates proven display principles in attractive attention, arousing interest and desire in selling fashion merchandise in department stores. Other points shown are dressing mannequin, mannequin variations, dressing shirt form, dressing coat form, colorfalling and waterfalling. 19 min.

FASHION PASSES, STYLE REMAINS

LU703 CH

This program shows how fashion throughout the decades has many different kinds of changes. It emphasizes how fashion comes and goes, but style remains.

15 min.

FAST AND EASY NUTRITIOUS SNACKS

LU190 LU-AEIC

Eating less fat should be one of our top priorities. Unfortunately, many of our favorite foods, especially snack foods are high in fat content. This video shows three easy to prepare nutritious recipes that children and adults can prepare in a short time.

19 min.

FEDERAL EMERGENCY MANAGEMENT AGENCY DISASTER RELIEF

LU526 FEMA

This video conference provides interviews and briefings from FEMA officials of Washington, DC Items discussed are: flood disaster assistance, disaster application process, FEMA programs, state and local programs-revised cost-share, health aid and assistance, disaster payments to public entities, loans vs. grants, and small business assistance.

90 min.

FEEDING AND MILKING THE GOAT HERD

LU116 PSU

The care of feeding and milking the goat herd is presented in this program. A feeding program reflects the amount of milk produced. Emphasis is upon providing high quality forages/grains for increased milk production, and management practices for a milking herd.

16 min.

FEEDING DRY COWS

LU117 OSU

Proper dry cow management is important for optimum milk production. They are under severe stress prior to lactation. This video discusses nutritional requirements, allocation of forage

resources and evaluation of body condition.
1989.
7 min.

FEEDING FRESH COWS

LU118 OSU
Dairy cows undergo substantial adjustments following parturition. Management of feed intake is very important for energy needs, nutrition requirements and lactation. This program illustrates proper feed levels for optimum milk production. 1990.
12 min.

FERTILIZING LANDSCAPE PLANTS

LU726 VEP
This landscaping video shows how to fertilize plants to their optimum. Items discussed include: macronutrients, micronutrients, fertilizer analysis, fertilizer formulation, ph, liming agent, mulching and types of fertilizers.
30:00 min.

FIELD OF DANGER: CHILDREN ON THE FARM

LU119 OSU
Agriculture is one of the most hazardous occupations. Children are very susceptible to farm accidents. This program illustrates how dangerous it is for children on the farm and how child farm safety concerns and safe habits should be practiced by anyone living on a farm.
28 min.

FF-NEWS: TRAVELING THE ROAD TO A HEALTHY LIFESTYLE

LU 353 LU-AEIC
This program highlights the FF-News Consortium (Families First: Nutrition, Education and Wellness System), and the nutrition curriculum that is used by many cooperating states for low-income audiences.
19 min.

FIRE AND WATER

LU148 NMSU
The Carrizo Demonstration project, located on the Lincoln National Forest in South Central New Mexico, is designed to restore and sustain water quality and quantity, increase the biological diversity by managing the areas based on ecological principles. This program describes restoring the Pinion-Juniper ecosystem.
22 min.

THE FIRST FIVE YEARS: FINANCING BUSINESS START-UP AND GROWTH

LU504 NTU

Learn how to design a strategy for raising early-stage and growth financing; when and where to look for debt and equity investors. This video conference program helps entrepreneurs design a financing package that will maximize the odds and reduce the cost of raising funds--at the right time from the right sources.

60 min.

FISH FARMING IN MISSOURI

LU120 LU-AEIC
Ron Macher of Clark, Missouri tells about his catfish farm and how other farmers might utilize an often neglected resource on their farm, the farm pond. There are over 350,000 ponds in Missouri and fish farming could be an alternative crop enterprise for many farmers.

14 min.

FITTING & GROOMING DAIRY CATTLE FOR SHOW

LU421 LU-AEIC
This video demonstrates how 4-Hers and other youth can prepare dairy cattle for show. Materials, equipment and all necessary fitting and grooming steps are demonstrated.
23 min.

FITTING AND SHOWING BREEDING SHEEP

LU121 LU-AEIC
Showing sheep allows us to compare size and scale, correctness of feet and legs, breed type, wool quality and soundness. Showing sheep gives our youth the opportunity win or lose, to be a good sport, to learn responsibility, to learn to evaluate and compare animals and to meet new friends of all ages. This video demonstrates ways in which breeding sheep can be fitted and groomed correctly. It also emphasized how sheep can be presented in an attractive way in a competitive show.
40 min.

FITTING AND SHOWING MARKET STEERS

LU495 VEP
This video is a comprehensive lesson in learning to shop for quality steers and to feeding them for best performance. This tape also stresses health care needs of the animal, proper training methods, washing, hoof trimming, clipping the animal, and showing the animal in the show with final pre-show preparations and techniques.
25 min.

FOOD CODE UPDATE

LU568 USDA

On January 21, 1994 USDA implemented a new food code for restaurants, markets and institutions. This video conference brings updated information on the progress of these food safety initiatives. Items discussed are improved food labeling, steps in handling food, food born illnesses, and various regulations of food handling for restaurants and other food outlets.

120 min.

FOOD CODE UPDATE II

LU256 USDA

In this video conference, new educational initiatives are discussed on high risk populations, inspection changes, food born illnesses and other initiatives from agencies of the federal government.

120 min.

FOOD IRRADIATION

LU687 UF

What is irradiation? How is it used? Is it dangerous? This program describes irradiation and how it is used in food preparation and its benefits to the consumer. Over 99% of all dangerous bacteria and food contaminants can be removed by food irradiation. The program also shows how food is currently being eradicated in other countries and in the United states.

13 min.

FOOD SAFETY CHALLENGES

LU588 USDA

Food safety challenges associated with raw and partially cooked foods are presented in this video conferences from USDA. The program focuses on cooked animal protein foods, receiving food safely from sources (shellfish), cooking animal protein foods thoroughly, and the food safety chain.

120 min.

FOOD SAFETY: COOKING FOR GROUPS

LU290 LU-AEIC

At various time of the year many churches, schools and organizations sponsor or cook meals for large gatherings of people. This video show some basic, safe food handling techniques to avoid food contamination and spoilage.

13 min.

FOOD SAFETY AND SANITATION

LU644 CEV

Because food safety is often based on sanitation, this is a valuable program for anyone who cooks! Learn how to prevent food-borne illness by following some important sanitation rules.

Topics covered include personal hygiene, illness and injury cleanliness, temperature control, equipment sanitation and work areas. Interactive scenes coupled with helpful explanations identify common problem areas and encourage classroom discussion.

32 min.

FOOD SAFETY FOR SENIORS

LU 134 USDA

Millions of Americans get sick from unsafe food each year, and in some cases older adults are much more likely to suffer severe effects. This program explains: why seniors may be more susceptible to foodborne illnesses, four simple steps to handling food safely at home, and tips on how to "eat out" safely.

14 min.

FORAGE CROP ESTABLISHMENT

LU468 PSU

This video conference discusses forage establishment practices both prior to planting and at planting. Pre-planting topics include soil and field characteristics, seed selection, seed bed preparation, soil pH and fertility and deciding when to seed. The discussion of at planting activities covers fertilization, seed coating and inoculation, no-till seeding, conventional seeding and seeding rates.

60 min.

FORAGE PEST MANAGEMENT

LU467 PSU

This program discusses forage pest management, with a focus on major insects, weed and disease problems in alfalfa and alfalfa/grass mixtures. Pest identification, scouting, the effect of crop rotations, variety selection, field history and economics thresholds are covered.

60 min.

FOUR FLAP GRAFT

LU124 UN

Many plants need to be budded or grafted in order to get a hardy and sturdy nut or hardwood tree. The four flap graft video from Nebraska shows how this process is performed. This grafting technique is demonstrated on a walnut tree.

8 min.

4-H: AN IDEA IS BORN N4HC

LU 509

A history of the national 4-H movement is summarized in this fast-paced video from the National 4-H Council.

5 min.

4-H FOCUS: PHOTOGRAPHY

LU127 OSU
 This teleconference focuses upon positive 4-H experiences through photography projects. Camera techniques, project photography planning, picture-taking skills, exhibit preparation and showing are a few of the ideas presented in this program.
 90 min.

4-H HAM CURING DEMONSTRATION

LU542 LU-AEIC
 Are you a 4-Her and have a ham to cure? Are you in a 4-H Ham Curing Project? Andrew Clark from the University of Missouri-Columbia can help you in deciding whether or not to cure your own ham. He demonstrates the process of country cured hams. As a county fair judge, Clark also offers tips for showing country cured hams at county fairs and how they are judged for quality.
 48 min.

4-H PERCEPTIONS & DIRECTIONS: CREATING OUR FUTURE

LU128 USDA
 Due to a changing world, 4-H youth programs are rapidly evolving into new programs and strategies. This video conference shows new market research attitudes and findings and what they mean for youth programming.
 120 min.

4-H STATE FASHION REVIEW

LU130 MCES
 Activities and events of the State Fashion Review are shown. Emphasis is upon what the judges are looking for and a sample check-list for 4-Hers is given.
 10 min.

FREE YOUR MIND, RETURN TO THE SOURCE: AFRICAN ORIGINS

LU414
 This video conference explores Black African history, the origins of humanity, black/white power relationships, and the African gifts to Europe.
 106 min.

FROM FIBER TO FABRIC: WOOL'S A NATURAL

LU132 AWC
 A short history of wool and the beginnings of the American wool industry are shown. It also shows how sheep are sheared, how wool is dyed, blended, carded, spun and weaved. Hand spinning

and weaving are contrasted with the modern woolen mills of today.
 12 min.

FROM MOO TO YOU

LU309 UK
 In this segment of Gee Whiz in Agriculture, the program features milk and milk products. It shows where milk comes from and how it is processed and made into a variety of milk related products.
 60 min.

FRUIT DISEASES

LU634 PU
 This video from Indiana, is especially for the home gardener who has a few fruit varieties. The video shows various fruit diseases for apples, peaches, pears and small fruits various diseases and lists symptoms and treatments for each variety.
 28 min.

FUNDAMENTAL LIVESTOCK JUDGING

LU235 CEV
 An introduction to the fundamentals of livestock judging is presented in this video. Concepts shown are: desire to know livestock, an mental image of ideal types, a keen power of observation, sound judgment, independence of thought, and ability to give sound oral reasons and benefits of livestock judging.
 21 min.

FURNITURE YOU CAN LIVE WITH

LU451 UFAC
 Fire hazard in the home is preventable in most cases, especially with upholstered furniture. This program describes how furniture can be made fire-resistant and improve safety in the home. A fabric fire-resistant rating system is described and demonstrated.
 11 min.

THE FUTURE IS OURS: MANAGING FARM FAMILY GOALS

LU408 UI
 A lack of direction in life can contribute to feelings of stress. During a period of great change and uncertainty such as the current farm situation, family and farm goals tend to be in a constant state of flux. This video shows several families discussing their resources, their constraints, and how they are changing and managing their new goals.
 26 min.

GARDENING FOR KIDS

LU710 LU-AEIC
Intended for 10-12 years old, this program introduces the joys of gardening to young gardeners. Basic concepts discussed are: Preparing the garden site, tilling, planting, weeding, transplanting, and many more.
18 min.

GENOMICS: IMPACT ON HEALTH CARE
LU252 BIO

In this program on genomics, the video discusses how biotechnology is helping to solve many of mankind's perplexing health care problems. New research projects, gene therapy, DNA mapping, bioinformatics, genetics, biochemical processes and other biomedical information are presented in this video conference.
120 min.

GENETIC ENGINEERING: THE NATURE OF CHANGE

LU137 MC
Nature is in constant change. Plants and animals with their DNA makeup are studied as basic processes. Extending the range of plants and animals and genetic engineering is shown through several applied agricultural settings.
17 min.

THE GLOBAL BANQUET

LU 460 MWP
This video discusses the possible destructive aspects of the corporate globalization of food production.
25 Min.

GOOD MOVES FOR EVERY BODY

LU330 UMC
This video shows a safe, effective exercise program designed for people with arthritis and for anyone who is not familiar with exercise and wants to improve health and fitness. The program demonstrates flexibility, muscle strength and endurance, cardiovascular health, and comfort for daily activity.
58 min.

GOVERNMENT PERFORMANCE ACT

LU662 USDA
Congress, the President, and most of the public have made it clear through legislation that government agencies must improve their performance efficiency. This video explains how strategic planning and laws like GPRA apply to performance measures that will directly affect how every federal worker and governmental component functions. 1997.
90 min.

GRAFTING AND BUDDING FRUIT TREES

LU138 LU-AEIC
A presentation by Dale Riggs, Extension Horticulture Specialist, demonstrates how to graft fruit trees. The program shows grafting techniques, tools and materials, and methods for successful grafting and budding of fruit trees.
45 min.

GRAIN CROP ESTABLISHMENT

LU466 PSU
This video conference discusses factors that influence stand establishment in corn and soybeans. Topics include target populations, seed bed preparation, no-till crop establishment, managing crop residue and starter fertilizers, soil crusting, adjusting drill planters and avoiding herbicide problems.
60 min.

GREATER PROFIT THROUGH WOOL MARKETING

LU139 LU-AEIC
By improving your wool marketing program, sheep producers will reap greater profits from their wool clips. Tom Clayman and Helen Swartz discusses wool marketing, grading of wool and other methods that can help wool producers produce more total dollars from their fleece.
30 min.

GROCERY SHOPPING SURVIVAL

LU75 VP
Consumers can save money at the grocery store by evaluating shopping habits and food purchases. Subjects included on the video are: shopping lists, selecting the best produce, meat purchasing tips, label information, best prices, menu planning, food storage and preservation.
25:00

GROUNDWATER: THE HIDDEN RESOURCE

LU640 MoDNR
Water is a vital part of all life. Groundwater makes up 96% of all the fresh water supply. This program examines the quality of Missouri's groundwater and how it is being threatened by contaminants.
16 min.

GROUNDWATER PROTECTION

LU564 EPA
Much of our groundwater is threatened by pollution and contamination from many sources. Action is needed to protect and manage groundwater

resources. Issues and possible solutions are shown and discussed by various experts.
6 min.

GROWING CONCERNS: THE FUTURE OF AMERICA'S FARMLAND

LU140 AFT
How are we going to save our farmland for future generations to enjoy? Millions of acres are being lost each year due to urbanization, soil erosion and poor farming practices. This video outlines these problems and presents how cooperation and the pooling of efforts can help solve many of these problems
14 min.

GROWING FORAGE CROPS

LU141 FVSC
Forages offer the greatest potential for increasing livestock production in Missouri. How does a farmer start a forage program? What resources are necessary? What management skills are needed? This program discusses the options, risks and challenges of growing forage crops.
15 min.

GROWING OLD IN A NEW AGE UH

A declining birth rate combined with a lengthening life expectancy is creating a dramatically older and different world population. This series looks at the emotional and physical process of aging, old age as a stage of life, and the impact of aging on society. Each program is 60 minutes.

LU576A Myths and Realities of Aging

LU576B How the Body ages

LU576C Maximizing Physical Potential

LU576D Love, Intimacy and Sexuality

LU576E Learning, Memory and Speed of Behavior

LU576F Intellect, Personality and Mental Health

LU576G Social Roles and Relationships in Old Age

LU576H Family and Intergenerational

Relationships
LU576I Work, Retirement and Economic Status

LU576J Illness and Disability

LU576K Dying, Death and Bereavement

LU576L Societal and Political Aspects of Aging

LU576M The Future of Aging

GROWING UP DOWN AND OUT: SURVIVAL STORIES

LU142 ABC
During this program Barbara Walters presents a news "special" on today's youth and their most pressing problems. Several solutions - survival stories are highlighted how some youth have had successes over their problems.
47 min.

HALF-ARABIAN ANGLO-ARABIAN: THE CUSTOMIZED HORSE

LU396I AHA
This video illustrates the characteristics of the Half-Arabian horse. It shows how the purebred Arabian compliments any breed with which it is crossed, and passes on notable Arabian characteristics. The resulting Half-Arabian is suited for many equine disciplines because each customized horse combines the elements of two separate breeds.
9 min.

HANDLE WITH CARE: GUIDE TO WHOLESOME BEEF PRODUCTION

LU143 NCA
Today's cattle producers are in the business of producing food. Topics discussed in this program are vaccinations, cattle management, beef quality assurance practices, beef management products, nutrition, and herd health.
22 min.

HANDLING LIVESTOCK NATURALLY

LU144 LMA
Livestock handling techniques are demonstrated for handling a number of different livestock.
16 min.

HANDLING SHEEP, TRIMMING FEET AND TREATING FOOTROT

LU21 LU-AEIC
Videotaped at the Lincoln University Cooperative Extension Lambing School, this material emphasizes how to trim feet and treat footrot in sheep. Actual demonstrations are shown in trimming feet and treating footrot disease.
18:00

HATCHING CHICKS IN THE CLASSROOM

LU181 LU-AEIC
Four lessons comprise this unit on chicken incubation and embryology that is recommended for elementary grade levels. These programs will serve as an introduction to a variety of subjects in

life sciences, agriculture, etc. These programs were designed for 4-H embryology programming. 30 min.

HAT FELT-MAKING MADE EASY

LU583 LU-AEIC

The principles of felting with wool are incorporated in this video on designing hats. Materials and techniques are presented on how to create and design hats at home with felting. 44 min.

HAZARD ANALYSIS CRITICAL CONTROL POINTS SAFETY FOOD COURSE

LU674 USU

Intended for food management and their employees, this food instruction video course concentrates on food safety issues. The course consists of four programs and discusses: microorganisms, preventing infections, intoxication's, non-food chemical materials, designing/operating a HACCP Program, and developing a HACCP plan. Four Videos - each approximately two hours each.

HEALTHY CHILDREN AND YOUTH PROGRAM

LU521 LU-AEIC

This video discusses the Healthy Children and Youth Program (HCY) also known as Early Periodic Screening, Diagnosis and Treatment (EPSDT). HCY is a Medicaid program for children and youth under the age of 21 years with a primary and preventive health care focus. The video explains the three major components of the HCY Program: informing individuals about the HCY Programs, screening services, and other health services. This program is recommended for public school administrators wishing to know more about the HCY program. 29 min.

HEALTHY DIVIDENDS

LU686 NDC

Diet is an important part of staying healthy. This video describes a plan for balancing the fat content in your foods, plus a way to "fat budget" yourself each day with meal planning strategies. 10 min.

HEALTHY FAMILIES, HEALTHY COMMUNITIES

LU231 CU

This videoconference discusses the well-being of children, youth and families. Success stories,

partnerships, outreach, and community efforts are highlighted.

120 Min.

HEART DECISIONS FOR LIFE PD

This series of health programs demonstrate how people can choose to live their own lives. Lifestyle decisions can affect their quality of life. These programs discuss these factors and stresses a number of preventive health measures.

LU423 "Lifestyles" 23:00

LU424 "Diet and Eating

Habits 41:00

LU425 "Exercise" 23:00

LU426 "Compliance" 21:00

HELP ME MAKE IT THROUGH THE DAY

LU145 PU

There are many happy times when you have a child in your life. But having a child is not always a fun job. Sometimes you may feel you have too much to do. This program illustrates many ways in which parenting stress can be reduced.

28 min.

HIGH RESIDUE AND NO-TILLAGE PLANTING SYSTEMS

LU147 LU-AEIC

A discussion of no-till drill and planter systems are discussed and demonstrated. Dr. Elbert Dickey and Paul Jasa present a "hands-on" program on no-tillage practices and recommendations for farmers who wish to use no-till planting systems.

30 min.

HISPANIC SERVING INSTITUTIONS

LU 527 USDA

This issue of the Partners video magazine focuses on Hispanic Serving Institutions. Several success stories are shown such as; Hispanic students in New York City getting better access to cutting edge GIS and distance education technology, and a new program is shown when juvenile offenders and at risk youth in New Mexico get back on the education track through agriculture.

28 min.

HIV/AIDS

LU 129 NIH

This video describes the HIV/AIDS prevalence among African-Americans in the United States. It shows the incidence in the population and forecasts what can happen in the future if precautions are not taken to prevent the disease.

13 min.

HIV/AIDS AND OLDER AMERICANS

LU 193 NIH
 This video is intended to provide factual information about the HIV/AIDS epidemic in older Americans in the United States.
 10 min.

HOME-BASED BUSINESS: STRATEGIES FOR SUCCESS

LU149 LU-AEIC
 Barbara Brabec, a nationally-known lecturer and author, presents this program on home-based business. Marketing skills and knowledge of basic business management techniques are shown relating to growth and success in home services or products.
 34 min.

HOMECOMING

LU725 CN
 Homecoming is a video that explores the rural roots of African American life. It chronicles the generation-old struggle of African Americans for land of their own, and land that they can farm. This Black Farmers' story is a history of how cultural stability and family unity can be attained in rural America.
 57:00 min.

HOME LAUNDRY: GET THE RESULTS YOU WANT

LU150 LU-AEIC
 Barbara Cunningham demonstrates basic laundry techniques everyone can use in order to clean and extend the life of their clothes.
 11 min.

HOMETIME

LW
 This series of programs illustrates many ways to improve your home with step by step instructions given for each project. Familiarization of tools, materials, estimated costs and terminology are given throughout the series.

Decks	LU151
Kitchens	LU153
Drywall	LU154
Exterior Painting	LU155
Framing	LU156
Electrical	LU157
Patios and Walkways	LU158
Finish Carpentry	LU159
Siding	LU160
Fences and Gates	LU161
Roofing	LU162
Plumbing	LU163
Bathrooms	LU164
Windows and Door	LU165

Underground Sprinklers LU401
 75 min. ea.

HOME WORKS: FINANCIAL AND LEGAL ISSUES

LU170 UMCE
 Connie Bettis presents the initial phases of starting a home-based business-financial and legal issues. "Start-up" costs, loans, financial assistance, insurance, permits, licenses and zoning regulations are discussed. A home cleaning service is featured as a possible home business.
 129 min.

HOME WORKS: MANAGING YOUR TIME AND LIFE

LU171 UMC
 Time management is discussed by Ann Holsinger, extension specialist. Advice is given on how to save your time, and how to make the most of the time you do have. A family day care business is featured.
 29 min.

HOME WORKS: TAKING RISKS

LU172 UMCE
 What is the future of your home-based business? Do you wish to expand? Is it worth the risks? These and other questions are discussed by Joan Sweeney, business consultant. She also talks about how to avoid unnecessary risks and involvement, time demands, growth and decision making.
 29 min.

HORSE JUDGING

LU174 AQHA
 The fundamentals of horse judging are presented, along with actual viewer participation in several classes. Scoring and reasons are given for each class.
 57 min.

HORSE SENSE

LU327 AQHA
 Parts of a horse are examined in relationship to use, form and function. Conformation, care and treatment are also discussed.
 26:00

HOW DO YOU GROW A FISH SANDWICH? Part I

LU248 VK
 Designed for fourth and fifth graders focusing on science and math, this program explores the production of fish and lettuce in an ecologically

closed system. The program looks at plant and fish cycles, chemical and nutrient cycling and integrated food production are the program's highlights. A model "model ecosystem" is used to demonstrate concepts.
30 min.

HOW DO YOU GROW A FISH SANDWICH? PART II

LU248 UK
Viewers in this segment of Gee Whiz in Agriculture learns more ways that agriculture benefits from fish farming. The program features horticulture, aquaculture and how they relate to raising fish on farms.
60 min.

HOW TO DESIGN AND BUILD A VEGETABLE GARDEN

LU389 KVC
To help improve the produce of a garden, this program shows how to plan for a vegetable garden. Topics discussed include: selecting a garden site, layout of garden, soil preparation, building raised beds, tunnels and trellises, making compost, drip irrigation, mulch, and other garden devices, crop selection and the garden plan.
50 min.

HOW TO DO A NEWSLETTER THAT GETS READ

LU177 UM
Newsletter can be a vital way for you to communicate with employees and clientele. This teleconference shows the secrets for creating a highly readable newsletter. Writing and designing tips are also discussed.
90 min.

HOW TO GROW HEALTHY HOUSEPLANTS

LU220 KVC
This program shows the procedures and techniques for growing healthy plants indoors. Varieties, planting, fertilizing and other tips are provided for growing plants.
60:00

HOW TO GROW AND NURTURE SEEDLINGS

LU391 KVC
Why grow your own seedlings? This program discusses the advantages of starting plants from your own seeds. Topics discussed include containers that work best, soils and growing materials, soil blocks, best methods for germination, light and growth rates, greenhouse

seedlings, watering tips, feeding tips, insect control, transplanting, and saving/storing seeds.
47 min.

HOW TO GROW WARM WEATHER VEGETABLES

LU390 KVC
This program discusses how vegetable gardeners can prepare their summer gardens. Topics demonstrated are: selecting vegetables, growing summer season seedlings, vertical growing techniques, using mulch, watering tips, feeding the garden, pest/disease control, and harvesting the final product.
60 min.

HOW TO MANAGE A PRESCRIBED BURN

LU446 MDC
Using the prescribed burn method is an effective way to maintain native grasses. This program covers methods and techniques of burn control, fire breaks, burn legalities, and burn tools.
13 min.

HOW SMALL BUSINESSES CAN SELL TO JAPAN

LU450
This video conference explains what JETRO (Japan External Trade Organization) is doing to help small businesses sell to Japan. The program provides insight of activities and products that can be sold to Japan. The program illustrates that mutual beneficial relationships are helpful in economic trading between Japan and the United States.
3 Hrs.

HYDROPONICS

LU664 AAVIM
This program provides a general overview of today's booming growth and current status of hydroponics. It defines hydroponics as it relates to both water, agriculture and soil cultures. Also discussed are issues concerning the starting of a hydroponics venture, types of crops being produced with hydroponics, and the future outlook of hydroponics growing methods.
30 min.

HYPERTENSION

LU166 SW
In this health education video, hypertension, or high blood pressure is discussed. Types of hypertension, treatment options, medications, effects, diet, living with high blood pressure, and exercises are shown.
31:00

IMAGINE

LU178 AC
Solutions and applications for Macintosh computers are shown in this teleconference with highlights of campus information systems, networking, off-the-shelf solutions for higher education tasks.
60 min.

IMAGING 2000: PHOTO CD

LU519 EK
Imaging communication is a technology that is drastically changing in digital future. This video conference discusses the photo CD system and how it can be utilized with different consumers. It shows a broad range of applications, products, services, image management techniques, and in detail it answers the questions of how a CD works and what is its future.
59 min.

IMPROVING SWINE PRODUCTION EFFICIENCY-PART I

LU179 PU
This series of video conferences discusses how swine producers can become more efficient in their operations. Subjects covered in this program includes: processing baby pigs, water supply quality and modified early weaning for pigs. Questions and answers and several swine producers are highlighted.
120 min.

IMPROVING SWINE PRODUCTION EFFICIENCY--PART II

LU444 PU
This video conference discusses new techniques and management strategies for small production farms, nutrition, housing, disease control, waste management, maintaining worker health, and hiring and retention of good labor.
120 min.

IMPROVING YOUR FOREST

LU590 MDC
Are you happy with your forest? Would you like to have more fall color and showy spring flowers? Would you like to increase your timber harvest? In this video individuals can learn the benefits of improving woodlands. Whether you own one of 100 acres or forest, it's probably overcrowded. You'll learn the importance of thinning trees and favoring selected trees for better growth.
12 min.

IN BALANCE-IN CONTROL: DIABETES

LU180 BM
Intended for diabetic patients, this series of programs show how individuals can control and balance their blood sugar.

- I Understanding Your Diabetes
 - II Food Facts of Diabetes
 - III Diabetes Medication as Directed
 - IV When Control
 - V Exercise and Diabetes
- 12 min. ea.

IN THE ENGLISH TRADITION PART I

LU185 AQHA
This video describes horse show events relating to the "Old English Tradition." Appropriated dress, tack, and rules and regulations relating to these events are shown.
22 min.

INCREASING CUSTOMER FOCUS THROUGH CUSTOMER-CENTERED QUALITY

LU517 NTU
Great strides in quality have been made by companies that have listened to their customer's requirements for new products. Product quality can become a double-edged sword. This program focuses on the quality of a customer's success and how that will make a company an integral and inseparable part of that success. The program also discusses how to systematically discover and leverage areas for customer-centered quality.
120 min.

INFANT DAYCARE UPDATE

LU183 UW
The quality of care is crucial to the normal development of infants. Concerns for this care and recent research of infant day care are presented in this video program.
11 min.

INFO SHARE: THE FUTURE OF DOING BUSINESS

LU569 USDA
This program introduces customers and USDA personnel unfamiliar with the multi-agency Info Share Program to its goals, benefits, and vision for the future. It shows how clients needing services such as disaster relief, crop insurance, farm loans, rural development assistance and conservation planning can find appropriate assistance and help.
12 min.

THE IN's AND OUT's OF SOFT CRAWFISH

movement, conformation, young horses and show ring rules.
30 min.

JUVENILE JUSTICE AND DELINQUENCY PREVENTION OJJDP
LU 512

In this videoconference descriptions of current research and new research initiatives; program priorities, including child prostitution, truancy, disproportionate minority confinement, and tribal youth programs; and resources available to the juvenile justice field through OJJDP.
60 min.

KANSAS CITY 4-H GLOBAL YOUTH CONFERENCE
LU678

LU-AEIC

Each year hundreds of youth from seven states converge in Kansas City for the 4-H Global Youth Conference. This video describes many of the seminars and service learning opportunities available during the conference. Leisure and social functions are also shown.
15 m in.

KINKEEPING: THE GENERATION CONNECTION

LU400 UME

This interactive program consists of short segments of relevant research on grandparenting enhanced by discussion periods and related activities. The video discusses how kinkeepers perceive their role, how they strengthen and support each other, and how they foster communication among family members.
35 min.

KITCHEN SAFETY LS
LU 381

Accidents aren't accidental. That's the basics for this video on kitchen safety. Subjects covered are: keeping food safe, preventing burns and kitchen fires, and child-proofing the kitchen.
17 Min.

KNOW YOUR CUSTOMERS MORE THAN THEY KNOW THEMSELVES

LU518 NYU

How can a company survive in a world where high-quality, low-cost products and time based competition rule? A company must fulfill the "customer's needs". How do you really know those needs, and how do you fulfill them? This video conference discusses those needs and how to learn to know more about your customer than the customer knows about himself.

118 min.

KWANZAA: AN AFRICAN-AMERICAN CULTURAL CELEBRATION

LU220 LU-AEIC

In this video, Yvonne Matthews, state human resource development specialist for Lincoln University Cooperative Extension, offers an in-depth discussion of the principles and symbols which make the celebration of Kwanzaa an emotional and spiritually uplifting experience for the entire family.
55 min.

A LAND-GRANT UNIVERSITY AND ITS MISSION NCSU

Historical and contemporary dramatizations help portray the importance and significance of land-grant universities and their mission. Scenes from many 1862 and 1890 land-grant institutions show the scope and context of projects and programs.
1989.

Part I--LU194 The American Revolution in Education 28 min.

Part II--LU195 The context for Land-Grant Institutions 29 min.

Part III--LU196 Education for All the People 46 min.

THE LANDSCAPE DESIGN PROCESS:

VOLUME I LU487 VEP

VOLUME II LU488 VEP

This program stresses the systematic, organized design process in landscaping. The video highlights the following steps; site design analysis, design program, schematic diagram, plan development and project installation.
26 min. each

LANDSCAPE HORTICULTURE

LU610 USU

In this video conference from Utah State University, the program describes various ways to control landscape diseases. Plant diseases, their prevention and cure, and typical landscape disease problems are shown along with a question and answer section. 120:00

LANDSCAPE ORNAMENTALS

LU197 NCAT

Growing Ornamentals can be a potential profit for many small farmers. This program discusses how to grow ornamentals. Markets, advantages/challenges, resources, record-keeping, and varieties/nursery stock.
15 min.

LANDSCAPE PLANTS WITH YEAR-ROUND INTEREST

LU381 UW
Woody plants form the foundation for year-round landscape interest. This video conference shows gardeners that gardening can be enjoyed all year-round. The program has examples of woody ornamentals, soil types, design possibilities and answers questions about landscape gardening. 120 min.

LANDSCAPING WITH CONTAINER PLANS
VEP

LU731
This video discusses various types of containers that are appropriate with plants. Subjects covered include: container size, drainage, safe container use, self-watering containers, strength and durability, ultimate size and form, and weight. 30:00

LEARN YOUR FOOD SAFETY I.Q.

LU435 PS
This entertaining video allows child care providers to test their knowledge about safe food handling and storage practices in family day care homes and day care centers. Providers will learn which are the most common food safety concerns. They will be able to identify safe practices which will reduce the risk of food poisoning in child care homes and centers. 23 min.

LEARNING TO READ

LU621 USED
Reading is a fundamental skill that touches all areas of academics for children. This program reflects on many model reading programs and shows exemplary programs across the U.S. 1995. 60 min.

LEFT BEHIND IN THE 90s: RURAL MENTAL HEALTH DELIVERY

LU471 PART I ISU
LU506 PART III ISU
This video conferences features mental health problems and conditions that exist in rural America. Fragmented and inadequate service systems are described. 30 min.

THE LEGACY OF THE 1890 LAND-GRANT INSTITUTIONS

LU198 AAMU
This program tells the legacy of the 17 historically black land-grant institutions. A short history and heritage, their academic programs,

Cooperative Extension and Cooperative Research are featured in the video. 27 min.

A LESSON IN SHOWING SHEEP

LU199 CCE
Principles of exhibiting sheep with valuable tips on showmanship are presented in this program. Skills in showing, handling, preparing and fitting are emphasized. 23 min.

LET'S GET PHYSICAL

LU200 ISU
The importance of regular physical exercise/activity is discussed along with the advantages of joining a formal fitness program for improved body conditioning. 16 min.

LET'S TALK SENSE ABOUT SEX

LU436 WVU
Designed for home use by parents and their preteens, presents information in a comfortable, sensitive manner. It encourages family communication about sexuality and promotes the postponement of early sexual activity. Six segments (17 to 20 minutes each) are for parents and pre-teens to watch together.

L. I. F. E.

LU173 LU-AEIC
In this program, the L.I.F.E. (Living Interactive Family Education) youth program is shown and described how it is working at the Potosi Correctional Center. Some offenders participate in a 4-H club along with their sons and daughters. The video shows activities and comments of those involved in the L.I.F.E. Program. 18:00

LIFE IN THE ANIMAL KINGDOM: UNTAMED AFRICA

LU665 XLP
The two volumes in this series concentrates on the animals of Africa. From the Serengiti plains to the fertile river valley of the Masai Mara, hunters and the hunted are introduced as individual stories of animals, all of which are the cycle of the environment. 60 min. each.
Volume One: The hunters and the hunted
Volume Two: Survival on the Serengeti

LIFE FORCE: LEARN TO EARN

LU202 ISU
This program discusses how 4-H'ers take the skills they have learned in 4-H, and use them to

their advantage in leadership roles, business and education.
28 min.

LINCOLN UNIVERSITY

LU203 LU-AEIC
This fast-paced program emphasizes educational opportunities available from Lincoln University. Specific educational disciplines and off-campus events are featured.
10 min.

LIVE LAMB CARCASS EVALUATION

LU207 LU-AEIC
This program was produced as part of a workshop on evaluating lambs on quality grading and yield grade. The results show that marketing lambs at the proper time will increase profits for the sheep producer.
21 min.

LIVING WITH WILDLIFE

LU699 USDA
Wildlife benefits all Americans. Wildlife can also cause considerable damage, adversely affecting public health and safety. This video discusses how wildlife with careful management can benefit the public, the environment, and have a compatible lifestyle with most Americans.
22 min.

LIVESTOCK GUARDING DOGS: PROTECTING YOUR SHEEP

LU208 USDA
Predators cost the sheep industry millions of dollars. Guarding dogs are shown in this program is an effective technique for predator control. Breeds of dogs, behavior, training and other factors are described.
14 min.

LIVESTOCK JUDGING: BREEDING SHEEP EVALUATION

LU 81 CEV
Today's breeding sheep are selected based on the combination of phenotype, performance records, and projected performance of the progeny. This program discusses these factors, plus information is given on wool-type breeds, meat-type breeds, and performance data.
53:00

MAKING GOAT CHEESES

LU210 LU-AEIC
In this video, Helen Swartz (State Extension Specialist) describes the process of making goat cheeses at home. Paige Garrett and Judy Watson demonstrate how to make basic soft goat cheeses,

and feta goat cheese. All of these cheeses can be made at home with simple materials and equipment.
27 min.

MAKING MONEY MARKETING CLEAN WOOL: PACK IT WITH PRIDE

LU214 LU-AEIC
Richard Jones and Helen Swartz hosts this informational video on how sheep producers can increase quality and profits of their wool. Demonstrations on wool grading, selection, wool handling, shearing and equipment are presented.
49 min.

MANAGED GRAZING SYSTEMS

LU428 LU-AEIC
In this commercial agriculture program, intensive grazing and forage management practices are discussed. Techniques of grazing, conservation programs, livestock differences and their management, field assessment, nutrients, and the economics of grazing are items presented. 35 min.

MANAGING CHILD NUTRITION PROGRAMS

LU548 NFSMI
Producing quality, nutritious lunches for children is the objective of this video conference. The program is especially aimed for those people involved with school lunch programs and other government feeding programs.
60 min.

MANAGING SHEEP HEALTH PROBLEMS DURING LAMBING

LU215 UN
This video conference from Nebraska focuses on Livestock video notes Managing Sheep Health Problems During Lambing. Lambing problems, prevention methods and management, and a number of sheep diseases, including Scrapie, are discussed.
28 min.

MANAGEMENT PRACTICES FOR BEEF CATTLE I

LU416 CEV
Covering basic practices used in the cattle industry, this video includes handling and restraint techniques, facilities identifications, branding, vaccination techniques, growth implantation and dehorning.
25 min.

MANAGEMENT PRACTICES FOR BEEF CATTLE II

LU649 CEV
Advanced management practices including surgical and bloodless castration, external and internal parasites, and treatment and artificial insemination are covered on this informative videotape. Includes quizzes and answers.
47 min.

MAPPING YOUR MARKETING FUTURE
LU182 OSU
One of the most challenging aspects of being in business or thinking about going into business is marketing. Customers are created when you satisfy their needs or wants. This video outlines the various tasks involved in the marketing process and includes the four components of positioning, production, pricing and promotion.
60 min.

MARKETING COOPERATIVE EXTENSION
USDA
The Organization LU216
The Program LU217
The Professional LU218
These three tapes on marketing describes how extension can effectively market its services as an organization. The tapes can serve as a resource for planning groups, for in-service training, or as a self-contained program for small group discussions.
30 min. each

MASTER GARDENER: BACKYARD WILDLIFE
LU133 UW
This videoconference discusses how to attract wildlife on location via a tour of a few of master gardener's homes. The second part of the program covers how to deal with wildlife problems, such as tunneling by chipmunks and moles.
118 min.

MASTER GARDENER: CREATIVE USES OF ANNUALS
LU550 MSU
In this video conference from Michigan State, the master gardener series studies creative uses of annuals in home gardens. The program discusses high technology involved in floriculture and how plants have a direct relationship to people.
110 min.

MASTER GARDENER: IDENTIFYING PLANT DISEASES
LU556 MSU
Every gardener will encounter plant growth problems at some time during the growing season. This during the growing season. This

video conference from Michigan shows major plant diseases and how to treat them.
120 min.

MATRIX: AMERICANS IN MOROCCO I & II
LU219 UM
This episode highlights Morocco in which long-term solutions to third world countries relating to food, hunger and knowledge are shown.
Part I: 16 min.
Part II: 28 min.

MAT AND FRAME YOUR OWN PICTURES
LU73 AEIC-LU
There are many ways to communicate, especially in the visual arts. One way is to show your pictures in a visually appealing mat and frame. This video shows how to cut and prepare simple mats in suitable frames.
19 min.

MCGINNIS AGRICULTURAL PARK AND YOUTH CENTER
LU152 AEIC-LU
This program explores the programs and services of the McGinnis Agricultural Park and Youth Center that is located in southwest Missouri. The video describes how the facility began and how it is branching out to 4-H youth and adult groups.
16 min.

MEDIA VIOLENCE AND THE FAMILY
LU604 UND
What impact does television and film violence have on families? This program discusses types of violence, ramifications on children and myths and facts on violence. It also shows how media violence can communicate a distorted message of gender and race. A number of practical solutions are explored.
60 min.

MEDICARE FROM A CAREGIVER'S POINT OF VIEW
LU64 HCFA
According to the most recent National Long Term Care Survey, one family in four provides care to an older person. Medicare beneficiaries regard their family caregivers as important sources of accurate information. This program provides caregivers timely and useful information for non-institutionalized seniors.
26:00

MENDING WAYS
LU221 LU-AEIC

Basic garment mending is demonstrated by Barbara Cunningham. By keeping your clothes repaired, the useful life of clothing articles are extended.

28 min.

MENTORING MATTERS OJJD

LU 341

This videoconference focuses on mentoring programming. It shows how mentoring can provide a valuable, positive approach to improve youth outcomes. Various programs and video segments are shown.

120 min.

MENOPAUSE

LU136

XEN

For ages menopause was considered neither a topic to discuss nor a time of life to enjoy. This program brings the physical and psychological issues out into the open, and guides viewers through the entire process with an expert physician advising, valuable patient profiles and artful graphics. Specific information is given on what menopause is, symptoms of menopause, successful lifestyle and medical approaches, treating osteoporosis, and how to speak with doctors, friends and family.

35 min.

MEETING THE CHALLENGE OF ALZHEIMER'S IN LOCAL COMMUNITIES

LU222

UM

This teleconference presents a background of Alzheimer's, and shows the latest information on the disease. Social and economic impacts, families concerns, programs and services, and voluntary efforts in local Communities are discussed.

120 min.

MICROBEMAN: THE CONTINUING ADVENTURES

UT

LU667A Volume One: "The Case of the Perfect Pig" Personal Hygiene

LU667B Volume Two: "The Case of Wally's Salad" Cross Contamination

LU667C Volume Three: "The Case of La Grande Burger" Proper Heating/Holding

LU667D Volume Four: "The Case of Conrad the Egghead" Proper Cooling/Storage

This four-part video series is targeted to new and potential food service employees in their training in basic safe food handling practices. A high percentage of cases of food-borne illness can be traced to commercial food service facilities.

Training of those who work in food service is

essential to the health of consumers and to the success of food service establishments.

20 min. each

MINORITY NATURAL RESOURCES CAREER CAMP

LU62

LU-AEIC

This program focuses on the second year of the Minority Natural Resources Career Camp that is held during the summers in the Bootheel. Career possibilities in the natural resources field, especially for minorities are emphasized in the tape.

10 min.

MINORITY PEER EDUCATION PROJECT: FANNY

LU392

TAES

In this dramatization on diabetes, a black elderly family learns about the onset of diabetes and how to cope with the disease. Nutrition, Type II diabetes, diet and Intergenerational problem solving concepts are presented. Six parts.

40 min.

MINORITY PEER EDUCATOR PROJECT: REVEREND JONES

LU395

TAES

In this dramatization on high blood pressure, a black widower learns about high blood pressure and how to cope with the disease using diet, medication, and exercise. Six parts.

39 min.

MIRRORS

LU223

KC

How we see and feel about ourselves determines our self-image. This program shows the importance of youth's self-esteem, and how they can believe in themselves.

12 min.

MISSOURI 4-H FOUNDATION...50 YEARS AND COUNTING

LU722

LU-AEIC

For over fifty years the Missouri 4-H Foundation has been actively involved with youth development. This video, with the help of Don Rutter and Frank Graham, describes the early days of the foundation, and then looks to the future and the next fifty years.

40:00

MISSOURI 4-H PUBLIC SPEAKING: THEN AND NOW

LU 3

LU-AEIC

From the videotape archives of Lincoln University, this tape shows a few winners of the

Missouri State 4-H Public Speaking Contests since 1984. Highlights of winning speeches and a few updates on what the 4-Hers are doing now are shown in the program.
16 min.

MISSOURI 4-H PUBLIC SPEAKING CONTEST LU-AEIC

'98--LU718
'99--LU224
'00--LU135
'01--LU336
'03--LU352

This program presents the 4-H Public Speaking Contest Finals held on the Lincoln University Campus. Three/four finalists are shown presenting their speeches with the winner receiving trophies and prizes. The program is especially useful to those individuals wishing to review style and content in public speaking.
24-29 min.

MISSOURI 4-H: THEN AND NOW 2002 LU 399 LU-AEIC

Missouri celebrates 100 years of 4-H this year. The tape tells how the 4-H movement began, and where 4-H is heading in the near future. Many 4-H alumni and present members are highlighted.
18 min.

MISSOURI 4-H SCHOOL ENRICHMENT PROGRAM

LU230 LU-AEIC

An overview of several 4-H programs are shown in this presentation. All of these clips are part of school enrichment activities that public schools have the option to use.
10 min.

MISSOURI 4-H CITIZENSHIP YOUTH FORUM LU-AEIC

LU623 '95
LU603 '96
LU733 '99
LU5 '00
LU452 '01
LU339 '02
LU188 '03

Produced by 4-Hers attending the 4-H Citizenship Youth Forum, these programs broadly describe the legislative, judicial, and media tracks and their activities during the three days in Jefferson City. The Media Track-TV Group produced, directed, videotaped and edited each of the programs.
15 min. each

MISSOURI GROUND WATER: THE HIDDEN RESOURCE

LU227 MDNR
The need for clean, pure water is vitally important for everyone. One-third of our water needs comes from ground water. This program discusses our need for water quality, and how we should control our wastes and contaminants to our environment.
16 min.

MISSOURI MASTERPIECES: STATE PARKS AND HISTORIC PLACES

LU580 MODNR
This video discusses a number of Missouri State Parks and Historic Places in terms of their value for state citizens.
20 min.

MISSOURI'S NEIGHBORHOOD ASSISTANCE PROGRAM

LU233 MOCED
The benefits of the NAP are outlined by showing several successful communities and their community development activities.
23 min.

MISSOURI STATE 4-H CONGRESS

LU672 LU-AEIC
This video reflects many of the learning experiences encountered at the 1997 Missouri State 4-H Congress in Columbia. The program was produced by the video production class of 4-H Congress.
12 min.

MISSOURI STATE 4-H LEADER'S FORUM

LU269 LU-AEIC
Each year 4-H adult volunteer leaders attend a state conference for idea sharing, workshops, new 4-H curriculum offerings, new project literature, crafts, leadership and demonstrations. This program describes the 4-H Leader's Forum by a number of participants.
11 min.

MISSOURI VOLUNTEER RESOURCE MOTHER

LU676 LU-AEIC
Being a young mother-to-be can be tough, whether you are in California, New York or Missouri. More than 10,000 teens in Missouri became mothers last year. Many of these teens needed help...and didn't get it. The Resource Mothers' Project is a program to find out how to help pregnant young women and their babies. Its goal is to prevent child abuse and neglect among teen mothers. The video describes how prenatal mentoring of adolescent mothers result in healthier babies.

20 min.

MIZZOU 4-H ON...HOW TO CONDUCT A MEETING

LU677 LU-AEIC

In this video on parliamentary procedure, the Mizzou 4-H club dramatizes various 4-H project situations to show how 4-H clubs should use parliamentary procedures in their monthly meetings.

14 min.

MOHAIR

LU238 MCA

Angora Goats have been in the United States since 1849. Mohair comes from the Angora Goat and is a significant part of the textile industry and is a favorite of fabric designers. This program discusses Mohair, how it is processed, and how it is used in clothing and office interiors.

12 min.

MONEY: SAVE IT, USE IT, OR LOSE IT

LU76 CEV

"A penny saved is a penny earned" is the theme of this program. The concepts of saving, credit and debt-and how they relate to our needs and wants are discussed. The program is especially useful for anyone assigned the difficult task of preparing youth to face financial decisions.

21:00

THE MYSTERY OF THE POISONED PANTHER PICNIC

LU669 PU

With the increase in single and dual career families, more and more children are coming home from school to an empty house. It is quite common for children to prepare after school snacks for themselves, and even to begin preparations for the family dinner. This video, is geared to 4th, 5th and 6th graders. It shows a hands-on approach to teaching basic food handling principles to young audiences.

13 min.

MYTHS, MODELS, AND REALITIES! CREATING A CAMPUS OF THE FUTURE

LU241 BSU

What will a campus of the future be like? Society must be able to prepare educational tools for the new information technology. Educational institutions should be prepared to provide a modern information age environment for students wanting skills for high technology. This tele-conference discusses these questions and looks at models and experiences all across the nation.

5 hrs.

NALS AND SALS: USING ADULT LITERACY DATA

LU570 WIU

This video conference discusses the new national and state data reports dealing with adult literacy. The reports quantify the seriousness of adult literacy and what can be learned from the data and how it might be meaningful at local levels in planning and evaluating adult education programs.

60 min.

NATIONAL EXTENSION WATER QUALITY DATABASE

LU613 PU

This shows how to access the National Water Quality Database, as well as other resources available on the Internet, through Almanac (E-Mail), Telnet, Gopher, and the World Wide Web. Also Shown is the interaction with state Extension water quality coordinators on how they and their staff use the database and how the database can provide you with current and useful resources to use in water quality efforts.

120 min.

NATIONAL HEALTH REFORM

LU529 USDA

This video conference discusses proposed changes in the national health care industry and how it might affect rural communities. Principal speakers includes: Ira Moscovice, Ph.D., University of Minnesota's Rural Health Research Center, and Lois Quam, M.A., Senior Advisor, White House Task Force on National Health Reform.

120 min.

NATURAL WOOL DYEING

LU 305 LU-AEIC

For individuals who create wool fiber products at home, natural wool dyeing is a process which might be considered for value-added income. In this video demonstration, wool is dyed by a variety of natural pigments by Dr. Helen Swartz, state extension specialist. Materials and techniques of wool dyeing are explained in the program.

15 min.

NEGAHOLICS: HOW TO HANDLE NEGATIVITY IN THE WORKPLACE NPP

Negaholics spread their negativity like a virus. With poor attitudes and loose lips, they inhibit productivity, ruin morale and sabotage everyone's best efforts...directly affecting company performance and the bottom line. In these three

volumes, Negholism is explained in detail , and viewers will be able to identify the 10 trouble spots of negativity.

LU706 Volume 1: WHAT IS
NEGAHOLISM AND WHAT IS IT?

LU707 Volume 2: HOW TO KEEP
NEGAHOLISM FROM CREEPING
UP ON YOU

LU708 Volume 3: DEVELOPING
POSITIVE, PRODUCTIVE
RELATION-SHIPS WITH
NEGAHOLICS

60:00 each

A NEW BALANCE IN FAMILY/WORK PROBLEMS

LU584 PSU
This video conference examines problems associated with families, work, careers, stresses, communication and other difficulties that causes an imbalance with families and individuals. The program discusses time and energy imbalance, intimacy imbalance, self idealization, and values. 180 min.

NEWBORN BASICS

LU603 CEV
Newborn Basics provides the parents of newborns with valuable information on the care of their new child, covering the first days through the first few months of life. Included on the tape are: physical traits of a newborn, how a baby interacts with the world, instructions on safe handling, feeding methods, baby hygiene, and how to provide proper health care.. 72 min.

NO-TILL: OPTIONS AND SOLUTIONS

LU249 LU-AEIC
Advantages and disadvantages of no-till production methods are shown and discussed at a Field Day on the farm of Alvin and Lynn Fahrmeier. Different types of no-till equipment are also demonstrated. 38 min.

NO-TILL: SOYBEANS

LU250 LU-AEIC
Advantages and disadvantages of utilizing the no-till concept in growing soybeans is presented. This video covers the highlights of a soybean conference in Western Missouri by University Extension agronomy specialist. 32 min.

NUTRITION LABELING

LU213 USU

The new food labeling law had many implications for consumers and the food industry. This video conference discusses the new law and tells about the specifics of food labeling. Health claims, required disclosures, industry impacts, and what is allowable and what is not allowable are subjects covered in the program. 119 min.

NUTRITIONAL NEEDS OF THE YOUNG

LU251 TAM
Current nutritional research of the very young is examined by specialists at Baylor Medical Center. The research discusses such topics as: Human lactation, breast feeding, formula feeding, formula feeding, and infant nutritional needs. 28 min.

OH FREEDOM AFTER WHILE

LU630 CN
In 1939, more than 1,000 sharecroppers in Southeastern Missouri staged a protest over land-ownership, swindling planters and broken government promises. This video describes the events before and after the protest of how Black farmers shut down a highway, attracted national attention, and changed government policies. 56 min.

ON COUNTRY ROADS

LU253 NEHC
Produced especially for people living in rural areas, this program increases the awareness for the need to wear safety belts every time on every trip for both interstate highways and country roads. (with leader/teachers guide) 15 min.

OPENING DOORS ON WORK/LIFE ISSUES

LU709 DSV
This videoconference discusses how people try to keep their lives balanced between work and life issues. Demographics, specific family issues, and corrective activities are covered in the program. 90 min

ORGANIZING A WOOL GRADING CONTEST

LU254 LU-AEIC
This video shows how 4-Hers and FFAers can prepare and judge fleeces in a placing order. Competition fleeces are evaluated for fiber quality, grade, yield and other factors affecting the order of placing. 1990 24 min.

ORAL REASONS FOR LIVESTOCK JUDGING

LU244 CEV
Factors needed for a good set of reasons are presented in this video for livestock judging. Livestock judging skills necessary for individuals are: accurate observation, a large and effective vocabulary, and orderly system, and the ability to talk in a conversational and convincing manner. Each skill is discussed and shown in detail. 34 min.

ORAL REASONS-HORSE JUDGING

LU176 EP
This video describes how to develop and maintain a competitive youth horse judging team. Areas covered include: note taking formats, presentations, developing organization, how to practice, and concentration exercises. 60 min.

OUR MOTHERS, OUR DAUGHTERS, OUR SISTERS, OURSELVES

LU639 UK
Breast cancer is the second leading cause of cancer deaths among women. Early detection saves lives. This program shares information about the risks of breast cancer, early detection procedures and the latest treatments/procedures for the disease. 25 min.

OUR CHILDREN AT RISK

LU255 PBS
This program describes the health climate of America's Children. The tape describes the health status of insurance, Medicaid, pre-natal care, children in poverty and preventive medical care for children. Positive steps are presented that show what needs to be done to give children a healthy start in life. 58 min.

OUR NATION'S HEALTH

LU688 PBS
Americans are living longer and new life-saving treatments are being developed all of the time. However, most of these treatments are expensive. This video describes America's health and presents an emphasis on prevention and lifestyle changes most Americans need to take. 60 min.

OUTLOOK AMERICA

LU510 UWA
Health, social, and educational reform issues are discussed by Donna Shalala, Secretary, United

States Department of Health and Human Services. Questions and answers are also responded to by a number of national social service agency representatives. 1993. 60 min.

A PARENT'S GUIDE TO CHILDREN'S WEIGHT

LU257 ISU
One out of five American children are obese. Interspersed with humorous drawings, this program looks at ways that children can deal with their weight problems. Proper eating habits, psychological problems, parenting, prevention strategies and diets are discussed. 13 min.

PARTNERS

LU717 USDA
In this video magazine from USDA, various successful programs and accomplishments are highlighted. In this issue, San Diego County is shown as a county that has a diverse population, an urban environment, and a flourishing agricultural market. The University of Wisconsin is shown working with non-profit organizations- The Learning Institute and the Texas A & M's Weslaco Center illustrates how agricultural research benefits the people of the Rio Grande Valley. 42 min.

PARTNERS: FOOD SAFETY USDA

In this video magazine from USDA, the program focuses on food safety and stories about seafood, the poultry industry, food-borne pathogens from meats, and how fresh produce can be grown with minimum use of pesticides. 27:00

A PARTNERSHIP: DELMO AND LINCOLN UNIVERSITY

LU28 LU-AEIC
This program describes the shared vision and working partnership of the Delmo Housing Corporation and Lincoln University in helping many of the Missouri Bootheel's citizens. Programs and activities shown include: Kid's Beat, down-payment subsidy housing, ECHO, the thrift shop, food pantry and other social welfare projects. 20 min.

PARTNERSHIPS FOR PREVENTING VIOLENCE: STRENGTHENING SCHOOLS & COMMUNITIES

LU49

This videoconference highlights efforts that have been made to reduce violence in America's public schools. Successful school districts are interviewed and showcased.

120 min.

PECAN GRAFTING

LU259 LU-AEIC

L. V. Byrd, a Missouri pecan grower, demonstrates how to increase nut production by grafting pecan hybrids onto native pecan trees.

12 min.

THE PERFECT TOMATO

LU261 USDA

Small scale farming opportunities are featured in this video from USDA. Small farm business, marketing, available resources, nursery stock, fruit orchards, herbs, vegetables and specialty crops are featured.

19 min.

PERSUASIVE SPEAKING

LU89 EVN

Speeches moves countries and commerce. Self expression through public speaking can bring impact. This video gives examples of what makes a good speech. It covers effective communication, principles of verbal communication, skills in presenting speeches, the nuts and bolts of public speaking, and clips of classic styles of verbal communication.

60 min.

PESTICIDE FREE FARMING

LU598 OSU

How can farmers integrate crops and livestock and set up an ecologically sound production system that is profitable and sustainable for the long term? Well known farmer and author Jim Bender, from Weeping Water in Eastern Nebraska is interviewed and explains his biological integration efficiencies in a crop/animal system.

120 min.

PESTICIDE MANAGEMENT FOR FORAGE AND GRAIN CROPS

LU472 PSU

This video conference addresses the management of insects, weeds, and diseases in alfalfa and alfalfa/grass mixtures in order to minimize their impact on reduced forage yield and quality as well as to reduce their influence on stand decline. Basic principles for managing these various pest types are presented.

120 min.

PEST MANAGEMENT IN FORAGE CROPS

LU386 PSU

This program addresses pest management, with a focus on insects, weed and disease problems in alfalfa and other grass mixtures. Pest identification, scouting, the effect of crop rotations, variety selection, field history and economic thresholds are covered.

58 min

PEST MANAGEMENT AND GRAIN CROPS

LU463 PSU

This video conference discusses the management of weeds, insects and diseases. Special considerations relating to pre-planting, at-planting and post-planting pest management are discussed as well as field history, scouting and selection of the proper pesticide.

60 min.

PHOTOGRAPHY: BASIC PICTURE TAKING TECHNIQUES

LU262 EK

Designed for both beginning and advanced picture-takers, this program urges you to keep your camera with you for instant shooting. The program describes easy-to-follow camera-handling hints, using lighting effectively, focusing, and subject control.

15 min.

PHOTOGRAPHY: EXISTING-LIGHT

LU263 EK

Existing light photography can open up a whole new world of picture ideas. This program shows how proper film, equipment, and different lighting conditions can add special feelings to your pictures.

22 min.

PHOTOGRAPHY: THE LANGUAGE OF LIGHT

LU264 EK

Using light effectively can add impact to your photography. This program can help you take better pictures by knowing how to use light in communicating your subject matter to others. Exposure meters, adjustable shutter speeds, lens openings, and lighting conditions are discussed.

20 min.

PHOTOGRAPHY: USING FLASH EFFECTIVELY

LU265 EK

Flash can brighten expressions that can be hidden by shadows, stop fast-moving action, and give the photographer total control over the lighting situation. Creative uses of flash, fill-in flash,

multiple flash techniques, bounce flash, and blending with existing light are presented.
20 min.

PINNING & FLYING DISPLAY

LU701

Pinning can be defined as the technique of displaying merchandise against a flat surface with the use of pins or tacks. The video describes how pinning and flying display can be designed to market merchandise in store fronts, mall, and other retail outlets.

11 min.

PLANNING YOUR FINANCIAL FUTURE

LU266

LU-AEIC

From an University Extension workshop this videotape summarizes the events of a weekend. It shows a curriculum for farm families to study goal setting, decision-making, and planning a viable financial future.

23 min.

PLANT USAGE IN LANDSCAPE DESIGN

LU727

SLVP

Learn the importance of plants in the planned landscape, looking into their functional, aesthetic, property and environmental values. The program also discusses site analysis, appropriate plants, privacy, space articulation, erosion control, soil building and air quality.

36:00 min.

PLANTING, PRUNING AND TRAINING APPLE AND PEAR TREES

LU601

CEV

This video guides the home gardener through the necessary steps in planting, pruning and training apple and pear fruit trees. Rules, techniques, methods and materials are discussed.

52 min.

POISED FOR THE PRESS

LU267

This teleconference discusses how audiences use the media; how the media responds when controversial environmental and health issues arise; the newspaper viewpoint, the magazine viewpoint, and what works and doesn't work when you attempt to work with the media.

90 min.

PORK PRODUCTION SHORT COURSE

LU268

PU

During this video conference course, topics covered include: improved Swine reproductive efficiency, gilt pool management records, mating systems, factors affecting sow and pig

performance, herd health, new technologies in breeding herd management, and swine housing and environment.

360 min.

PORTRAIT OF A FARMER: FLATTS

LU 39

LU-AEIC

Each year the Columbia Chamber of Commerce recognizes a farmer for outstanding achievement. This video highlights the Flatt Farms for the 2004 Farmer of the Year. Family involvement, diversified farming operations and community involvement activities are shown.

15 min.

Format: VHS

PORTRAIT OF A FARMER: MARTINS

LU 337

LU-AEIC

Each year the Columbia Chamber of Commerce recognizes a farmer for outstanding achievement. This video highlights Kenneth Martin for the 2002 Farmer of the Year. Family involvement, diversified farming operations and community involvement activities are shown.

15 min.

PORTRAIT OF A FARMER: TURNERS

LU 23

LU-AEIC

Each year the Columbia Chamber of Commerce recognizes a farmer for outstanding achievement. This video highlights the Turners' Farm for the 2002 Farmer of the Year. Family involvement, diversified farming operations and community involvement activities are shown.

15 min.

PORTRAIT OF THREE FARMERS

LU - 714

LU-AEIC

This video highlights the success of three Missouri Small Farm Family Program cooperators who have farm operations with horticulture, crops, sheep, cattle and hogs. The program illustrates how small farmers can attain an increased quality of life by careful use of their land, goal setting and learning to use their resources more efficiently.

20 min.

POSITIVE DISCIPLINE - POSITIVE CHILDREN

LU321

CEV

Learn the positive results obtained when discipline is used to guide and teach children self-control and responsibility for their behavior. The authoritative, permissive and authoritarian styles for dealing with children are outlined and evaluated. Early childhood educators look at eight types of discipline and their uses and

ramifications. New ideas for working with and disciplining children are offered.
27 min.

POWER HAND TOOLS SAFETY

LU617 ACE
Intended for grounds and maintenance personnel, this video discusses the danger of power hand tools for lawn and grounds purposes. The program shows how to avoid the dangers of power hand tools, and tells about different types of power hand tools, their safety features, and their hazards and risks. The emphasis is upon the proper use of power hand tools.
30 min.

THE POWER OF PARTNERSHIPS

LU659 UOE
The objective of this videoconference is to enhance the communication and partnership between county councils, field and campus faculty, staff and citizens of Missouri. The program and showcases successful programming and projects of extension activities in the state. Specific highlights are the Water Quality Focus Team, University of Missouri-St. Louis, and the Green County Extension Council.
90 min.

PRACTICE SHEEP JUDGING

LU318 CEV
A number of practice classes of market and breeding sheep are presented for individuals wanting to sharpen their skills at sheep judging.
41 min.

PRE-NATAL CARE

LU646 CEV
What do you expect during pregnancy? This video covers the fetus development and changes a woman goes through before delivery. Helpful and practical information regarding nutrition and weight gain are highlighted. Explanations of lunar months and the usage of ultra sounds are given. The video also presents the pros and cons of breast feeding and the benefits of taking Lamaze classes.
27 min.

PREPARING MARKET LAMBS FOR SHOW

LU270 LU-AEIC
When preparing market lambs for show, there are a number of important steps that are necessary to show lambs successfully. This video demonstrates how to prepare market lambs and

tells which tools are preferred for showing market lambs.
23 min.

PREPARING RABBITS FOR SHOW

LU271 LU-AEIC
Tex Thomas, an ARBA judge, gives tips for 4-Hers and demonstrates how to prepare rabbits for show. This presentation was taped from his presentation at Rabbit Producers Conference.
31 min.

PREPARING YOUR HOME TO SELL

LU447 BHG
This program shows a number of important steps a home owner can take to prepare a home to sell on the real estate market. A number of easy home repairs are also shown that can be done by the home owner.
35:30 min.

PRESCHOOL IN THREE CULTURES

LU562 YU
As the number of mothers in the work force grows and parents feel increased pressure to give their children an educational head start, industrialized societies are turning to preschools to nurture, educate, and socialize young children. This videotape presents a unique comparison of the practices and philosophies of Japanese, Chinese, and American preschools and discusses how changes in child care both reflect and affect larger social change.
58 min.

PREVENTING BIAS AND PROMOTING RESPECT

LU59
Despite a drop in juvenile crime rates, thousands of youth charged with delinquent acts are locked up each year in juvenile detention facilities. The effects of crowding are detrimental. This program addresses the problems and options of crowded juvenile detention facilities. Short and long-term policies are discussed.
180:00

PREVENTING WOOL CONTAMINATION

LU234 ASI
High quality wool, with minimal contaminants, being the best price in the marketplace. Contaminants can also affect the quality of the wool clip. This video discusses how sheep producers can reduce wool contamination and receive the maximum amount of profits from their wool.
12 min.

PRINCIPLES OF LANDSCAPE DESIGN

LU487 VEP
 This program shows how landscape design provides for an aesthetically pleasing environment. Program highlights include: benefits of well-designed landscapes, the professions of landscape designer and landscape architect, artistic principles for good landscape design, and successful garden design.
 18 min.

PRISON DADS

LU126 LU-AEIC
 This program illustrates how incarcerated fathers handle parental relationships while serving their sentences. Seven dads tell their stories of how they, their spouses, and their children are coping with the problems associated with prison life.
 27:30

PRIVATE RURAL WELL PROTECTION

LU483 SCS
 Water is the life-blood of the American Farm. Water quality is very important, but it can become contaminated due to potential hazards in and around the farm. These programs discuss principles of well-head protection, how to get technical assistance, and how to solve many water problems on the farm.
 Module 1: Introduction 14 min.
 Module 2: Well Plugging 15 min.
 Module 3: Water Quality 16 min.
 Module 4: Water Treatment 16 min.
 Module 5: Principles of Well Location 13 min.
 Module 6: Well Design and Construction 15 min.
 Module 7: Well Maintenance 14 min.

PROCESSING A GOAT FOR HOME USE

LU295 LU-AEIC
 Of special interest to goat producers, this program shows the techniques and methods of processing a goat for home use. Materials, equipment, and meat cuts are shown in the video.
 35 min.

PRODUCING QUALITY DAIRY FORAGE

LU528 LU-AEIC
 Quality forage is the basis for a profitable dairy operation. This program shows how dairy producers can produce quality forage by maximizing milk production using alfalfa and corn silage. Area dairy producers relate how they use alfalfa and corn silage in their dairy operations.
 26 min.

PRODUCTION OF MODERN BEEF

LU272 NCA
 The beef industry is changing to provide modern beef products for today's consumers. The explanation of this transition, "Modern Beef" is presented for individual beef producers.
 15 min.

PROFIT FROM MANURE

LU581 UM
 Most producers under utilize the potential of manure as a fertilizer for their crops. This program shows how producers can save fertilizer costs and increase bottom line profits by adjusting and calibrating manure application rates.
 11 min.

THE PROGRESS OF OUR DREAMS: ASSESSING SUSTAINABLE DEVELOPMENT FOR COMMUNITIES LARGE AND SMALL

LU615 WSU
 The program presents an overview of the trend toward using "sustainability" in linking economic, environmental, and social well-being of community development. A comprehensive picture of what sustainable development means both in theory and in practice is shown. An assessment framework is demonstrated on agriculture, natural resources, human and ecological systems.
 90 min.

PROPER METHODS OF ADMINISTERING MEDICATION TO RABBITS

LU273 ARBA
 Dr. Terry Reed shows a variety of methods, materials and techniques of how to administer medications to rabbits.
 34:00

PROSTATE CANCER

LU156 SW
 When discussing prostate cancer, ignorance is not bliss. Every day, 90 men will die of prostate cancer and 350 more will be diagnosed with the disease. This video discusses options and choices for men with prostate cancer.
 28:00

PROTECTING MISSOURI'S WATER THROUGH EDUCATION

LU622 UE
 This program explains how University Extension works with diverse audiences on issues concerning water quality. Examples show in the

program include storm drain stenciling, livestock manure management, private well water testing, solid waste composting, on-site sewage construction and wellhead protection. 1995. 10 min.

PROTECTING WATER QUALITY: BEST MANAGEMENT PRACTICES

LU445 CG

It is important for everyone to protect our natural resources for this and future generations. This program discusses the need to protect ground water, one of our most important natural resources. The video discusses factors that influence the quality of ground water, soil properties, pesticide properties and management practices. 18 min.

PRUNE IT

LU732 IME

This video offers a variety of pruning tips for the home horticulturist. It covers techniques for various trees, when to prune, equipment, safety concerns, and other safety precautions for using horticultural power tools. 11:45 min.

PRUNING APPLE TREES: BASIC CONCEPTS

LU275 WSU

The basic concepts of pruning and trimming apple and pear fruit trees are demonstrated and explained. The specifics of fruiting habits, apical dominance and pruning cuts are shown. 23 min.

PRUNING BLUEBERRIES

LU277 MSU

This program discusses how blueberries grow, how they produce flower buds, and how flower buds develop each year's crop. Demonstrations of pruning blueberries for maximum crop yields are emphasized. 15 min.

PRUNING GRAPES

LU278 MSU

Pruning helps to adjust crop loads to produce maximum yields of high quality fruit without damaging the vigor of the vines. This program demonstrates how to prune mature vineyards for maximum yields. 17 min.

PRUNING HIGH BUSH BLUEBERRIES

LU553 OSU

Proper pruning makes a difference in yield and quality of blueberries. Designed for both the commercial grower and home gardener, this video illustrates the basics of plant growth, basic pruning equipment, pruning plants of different ages, ways to increase pruning speed, and pruning for machine harvest. 22 min.

PRUNING THE HOME ORCHARD

LU279 LU-AEIC

A demonstration, presented by Dale Riggs, Extension Horticulture Specialist, explains reasons for pruning fruit and nut trees. Master gardeners are also shown performing many tasks on apple and pear trees. 40 min.

PRUNING MATURE FRUIT TREES

LU280 MSU

Regular pruning helps improve aesthetic beauty and fruit production. It also maximizes the health, vigor, shape and longevity of the tree. Tools and techniques for proper pruning are presented. 14 min.

PRUNING RASPBERRIES

LU281 MSU

This program demonstrates how to prune a variety of raspberries for maximum fruit production. Also shown is how raspberries grow and how they produce fruit annually. 10 min.

PRUNING YOUNG DWARF FRUIT TREES

LU282 UN

The techniques of pruning dwarf fruit trees are demonstrated in this program from Nebraska. The use of proper equipment is also shown for the home gardener. 17 min.

PUBLIC ISSUES EDUCATION: COALITIONS, CONTROVERSY AND CREATIVITY

LU593 UW

This video conference examines how Cooperative Extension programming can cooperate with various organizations to solve a number of public issues. Coalitions, controversy and creativity is emphasized in this program along with in-depth discussions on successful programs. 113 min.

PUBLIC ISSUES EDUCATION: MAKING A DIFFERENCE

LU558 UW

How can Cooperative Extension educators make a positive difference in public issue? Extension's experience in health is the primary topic of this video conference from the University of Wisconsin. Additional topics covered include: health issues, challenges, existing progress, health and limited resources, health and safety, and citizen politics.
90 min.

PURCHASING PRODUCTION ANIMALS - DAIRY GOATS

LU283 WI
Suggestive tips and practical information are given in this video tape when individuals are wanting to buy production animals.
20 min.

PUPPET TRAINING FOR SUBSTANCE ABUSE PREVENTION

LU284 LU-AEIC
A professional puppeteer helps high school 4-H students design and script puppet presentations about substance abuse prevention. The training program highlights puppetry construction and acting techniques.
34 min.

PUT THE FAT BACK-SMART SHOPPERS

LU500 HPC
In this dramatization, two diabetic grocery shoppers are shown shopping for food. The program discusses how to shop discriminately for nutritious food on an economy budget, and how healthy eating equals a healthy body.
17 min.

PUTTING CONSUMERS IN CHARGE

LU607 IU
This video conference covers proven techniques and principles of credit choices, true costs, cost control, and how people can take charge of the money they spend in the marketplace.
120 min.

QUERRI: EXTENSION'S ELECTRONIC DATABASE

LU600 NCREMP
This video describes QUERRI, and on-line database with bibliographic information on more than 15,000 educational materials produced by Extension specialists from 13 north central land-grant universities. The system is set up for searching by keyword and requires no registration, user fee or password. QUERRI can be accessed on the Worldwide Web at <http://ncremp.ag.iastate.edu> or through Telnet.
8 min.

RABBITS: AN ALTERNATIVE FARM ENTERPRISE

LU285 LU-AEIC
Two Missouri commercial rabbit producers are presented in showing how rabbits can be an economic alternative for many small farms. Personal comments tell of the advantages and disadvantages of commercial rabbit production.
23 min.

RAISING ORPHAN LAMBS

LU286 WI
The number of orphan lambs reared each year directly affects economical sheep production for most farms. Successful techniques for raising these lambs to self sufficiency are shown.
22 min.

RAISING RESPONSIBLE TEENS: BUILDING A COMMUNITY COALITION TO PREVENT TEENAGE ALCOHOL ABUSE

LU511 UW
In part I parents learn how they can help their children cope with substance abuse (specifically alcohol abuse) pressures. The program features on site interaction, follow-up teaching, collaborative efforts and related issues. The video conference is targeted for youth professionals, local teachers and resource people.
90 min.

REACHING LIMITED RESOURCE AUDIENCES

LU413 ISU
In this national in-service video conference, the scope and mission of Extension's work with families living on limited incomes will be defined and existing model programs are highlighted. Public policy, model programs and other Extension efforts are reviewed.
120 min.

RECREATIONAL POND MANAGEMENT

LU393 AU
This Alabama Extension Video conference presents several ingredients to successful pond management. The program emphasizes that managing a pond is necessary for better fishing. Pond construction, weed control, fish control, and evaluation procedures are a few of the steps discussed for improving pond control.
90 min.

REDEFINING LIBERATION

LU 338 NOWP
Does advertising affect your health? This program describes and redefines how images,

marketing and advertising affects women's health. Various issues such as smoking, dieting, health products and other health topics are discussed. 22 min.

THE REINING HORSE

LU288 AQHA
Flexibility in the control of a horse is shown in a number of maneuvers including, turning, stopping, backing, pivoting, and circles. Form and position are emphasized in all maneuvers. 27 min.

RELIVE THE 4-H MOMENT

LU 525 LU-AEIC
This program celebrates the 4-H program by several 4-H alumni. They talk about their memorable moments with youth and show a number of historical photos of 4-Hers with their projects. 23 min.

RESIDENTIAL LANDSCAPE DESIGN

LU429 ACES
A well-designed and maintained landscape increases the value of your property and adds lasting beauty to your home environment. This teleconference is your introduction to landscape design. You will learn the principles of good design and how to select and use plants to make your landscape thrive. Whether you want to design your own landscape or let someone else do it, this teleconference is your opportunity to see how it's done. 59 min.

RIGHT TO READ

LU599 LU-AEIC
A model educational program for young elementary students is highlighted in this video from Lincoln University. The Right to Read Project provides lower level African American children extra help in school by providing black male role models in the classroom and using male-mentoring to reduce act-out behavior and avoiding frustrating situations. This video describes this project and shows the model program in action at the Benton Elementary School in Columbia, Missouri. 23 min.

RURAL CRISIS COMES TO SCHOOL

LU291I SU
Rural communities and school systems discuss how the farming crisis produces stress in children and young adults. 29 min.

RURAL KIDS...SAFE KIDS

LU591I SU
Rural Kids...Safe Kids depicts several scenes in which school-aged children are left home alone on the farm or in a rural setting. The goals for the video are to help children develop skills to ensure safety, help children to deal with emergencies, help establish safety rules and guidelines, and to establish family rules and guidelines for self care. 22 min.

THE RURAL-URBAN LINKAGE: THE GLASS SISTERS' FARM PART I

LU292 LU-AEIC
This program discusses how the Glass Sisters' Farm in Missouri's bootheel helps and distributes farm produce to St. Louis pantries. 11 min.

THE RURAL-URBAN LINKAGE: THE GLASS SISTERS' FARM PART II

LU293 LU-AEIC
This program shows how a partnership between St. Louis Urban pantries and a small farmer in the Missouri Bootheel, can have a dramatic effect of providing needed, fresh produce for an urban setting. 28 min.

SAFE PRODUCE FOR SMALL MISSOURI FARMS:

LU-AEIC
Food safety and preparation are important for everyone, especially those small farms that locally produced fruits and vegetables for consumer's use. This tape talks about food safety and the methods needed in delivering safe produce from farm to market.
LU 274 Transportation
LU 356 Water Quality
LU 340 Worker Hygiene
LU 86 Manure Management
15 min. each

SAFETY FOR FARM FAMILIES AND WORKERS

LU394 ISU
Health and the prevention of injuries of farmers and their workers are important assets of any farming operation. Health and safety practices are presented in this video conference from Iowa State University. The program includes segments on: youth farm safety, value of farm partner, animal safety practices, safety apparatus, using chemicals, and operation of farm machines. 1992. 120 min.

SAM & ELLA TRY TO FIND A HOME
LU225 OSU
With light-hearted comedy, information on food safety is presented. Emphasis in this video is on institutional/special events food safety concerns.
25:00

SAVE ENERGY, SAVE MONEY
LU387 CU
This video conference shows how to select and properly use home appliances. The program compares gas and electricity appliances and manufacturers recommendations are reviewed.
120 min.

SAVE OUR STREAMS
LU638 MODC
Water is vital to all forms of life. Fresh water cannot be taken for granted. This video describes ways in which everyone can help save our streams, protect our wetlands and improve our environment.
28 min.

SAVING LAMBS
LU19 LU-AEIC
Saving lambs is economically important for sheep farm operators. This program provides tips and techniques for saving lambs during difficult deliveries. Putting a lambing kit together and crutching a ewe are tasks demonstrated.
25:30

SAY IT WITH SIGNING
LU431
Signing by hand is a very important communication tool for the deaf. This instructional program shows the basic elements of signing by demonstrating hand movements, the manual alphabet, phrasing, and communication dramatizations of signing.
58 min.

SCHOOL-AGE CHILD CARE
LU406 WSU
There are 7 million children in America that come home after school to an empty home. This video conference presents school age child care as a true profession and business. As a human service delivery system, this program tells how to start-up and maintain a child care service business.
236 min.

SCHOOL TO CAREERS
LU 333 CFS
This video describes how the School to Careers project in the Columbia Public Schools is geared

to stimulate job interest among students. Careers, career shadowing and work studies are shown.
7 min.

SCIENCE IN YOUR SHOPPING CART
LU681 LU-AEIC
Americans have access to a nutritious, quality food supply. There is a vast amount of research that has gone into agri-cultural food research. This video highlights the Agriculture Research Service that has gone into Agricultural food research. This video highlights the Agriculture Research and its efforts with food research.
13:50

SCREENING FOR COLORECTAL CANCER
LU 122 ADHF
This program stresses digestive health and simple endoscopy procedures for the prevention of colorectal cancer.
8 min.

SECRETARY RILEY'S SIXTH ANNUAL STATE OF AMERICAN EDUCATION '99
LU720 USDE
Secretary's Riley's remarks this year was his view of the nation's schools and colleges as the year 2000 approaches. He discussed the nation's need to recruit and train more teachers, the importance of tomorrow's classrooms, modernization of schools, and how to raise educational standards of all children.
70 min.

SMALL FARM FAMILY PROGRAM: SMALL FARMS ARE REAL FARMS
LU680 LU-AEIC
The Small Farm Family Program is a project of Lincoln University Cooperative Extension. This video describes the Small Farm Family Program and shows a number of small farm cooperators throughout the state. Emphasis of the program is that small farms are real farms and they have tremendous economic impact in the state of Missouri.
20 min.

SELECTING AND SHOWING WESTERN PLEASURE HORSES
LU201 AQHA
The Western Pleasure Class offers a competitive level for those interested in highly skilled horse events. This video discusses selection, showing, performance, movement, conformation, young horses and show ring rules.
55 min.

SENIOR SERIES

LU296 UM
The Senior Series shows how Extension specialists can provide meaningful programming for senior adults.
10 min.

SESAME STREET LEAD AWAY!

LU636 CTW
In this lead poisoning awareness and prevention video, viewers will be provided information that will help prevent lead poisoning for children and families. Helpful hints, prevention ideas, precautions that everyone should take, songs, and other material are presented in the video.
15 min.

75TH ANNIVERSARY OF COOPERATIVE EXTENSION

LU297 USDA
This teleconference celebrates 75 years of Extension. Past, present and future programs and issues are presented with a discussion of expectations by Secretary of Agriculture, Clayton Yeutter.
60 min.

75 YEARS THE 4-H WE KNOW AND THE 4-H YOU DON'T KNOW

LU298 UM-UE
With a lively music score 75 years of Missouri 4-H is shown along with a number of new and exciting 4-H programs for youth of all again.
8 min.

SEWING UPDATE FOR ENTREPRENEURS PART I

LU299 ACES
This program is designed to update the sewing entrepreneur on style trends, sewing and pressing equipment, market strategies, and issues in business management.
20 min.

SEWING UPDATE FOR ENTREPRENEURS PART II

LU481 ACES
This video conference discusses how entrepreneurs can support their existing business and how potential entrepreneurs can develop decision-making skills. Included in the program are: success stories, business plans, legal issues, sketching concepts, sourcing, library resources, and how to set up a computerized office.
120 min.

SHEARING LLAMAS

LU 307 LU-AEIC
Another valued fiber for those who create agriculture value-added products, is that of the Llama. This video shows how to shear a Llama and save the fibers for many imaginative, creative fiber products.
15 min.

SHEARING SHEEP AND GOATS

LU300 LU-AEIC
Helen Swartz and Charlie Swaim, four-time national sheep shearing champion, demonstrates correct techniques in shearing sheep and goats. Recommended shearing equipment and new products are also shown.
27 min.

SHEEP

LU 712 ASI
The Northwest part of the U.S. is highlighted in this video on how sheep can improve forests and other wildlife habitats. Allowing sheep to graze grasslands and forests can actually improve forage for wildlife. Specific examples of sheep benefits are described throughout the tape.
10 min.

SHEEP JUDGING BASICS

LU350 LU-AEIC
Intended for 4-H and FFA youth, this video discusses the basics of judging sheep. Practice judging, reasons, evaluation and a sample sheep judging class are shown.
25 min.

SHEEP OBSTETRICS

LU301 SID
Procedures for delivering lambs and the care that is needed afterwards are presented by Don Bailey, D.V.M. Procedures for a cesarean section are also performed on a ewe.
29 min.

SHEEP SHEARING

LU302 OVP
Charlie Swaim, Sheep Shearing Champion, demonstrates methods and procedures of efficient sheep shearing. His own personal techniques are also shown.
29 min.

SHEEP SHEARING EQUIPMENT AND MAINTENANCE

LU303 OVP
Charlie Swaim, Sheep Shearing Champion, describes equipment necessary for sheep shearing.

Maintenance procedures are demonstrated with recommendations on how to keep equipment in good shape.
28 min.

SHEEP SHOWMANSHIP

LU497 VEP
This program demonstrates the fitting and showing techniques necessary to win, emphasizing the basics exhibitors need to master before they enter the showing. A staged "contest" to test students' grasp of showmanship techniques is shown with critiques of each showman.
24 min.

SHIITAKE MUSHROOMS

LU304 NCAT
Shiitake mushrooms makes a good supplemental crop for many small farms. This video discusses: the basic steps in growing shiitakes, advantages/disadvantages of growing an alternative crop, marketing, resources and record-keeping.
13 min.

SHOP SMART FOR GOOD NUTRITION

LU508 IDC
Shopping for nutritious food can be a frustrating experience. This program, in two parts, shows how a nutrition conscious shopper can shop for smart food choices. It also highlights food product labeling, the fine print of product ingredients, dietary terms, and how nutritious food can be found in most grocery stores.
Part I 15 min.
Part II 18 min.

SKILLS FOR BEGINNING SHEEP HANDLERS

LU308 LU-AEIC
This program was originally videotaped during a sheep workshop on one of Lincoln University's farms. Presentations by various faculty include demonstrations on sheep handling, injections, lambing care, castration, docking and management.
60 min.

SKILLS FOR BEGINNING SHEEP HANDLERS: PART II

LU422 LU-AEIC
As part of a lamb-management short course presented each year a number of important skills are shown in this video for beginning sheep handlers. Included are segments on: feeding orphan lambs, naval treatment, estrus synchronization, footrot control, record keeping, and ways to ear tag sheep.

49 min.

SMALL FARM TODAY

LU559 AIR
Topics covered in this video include: on farm food processing, operating a small orchard and roadside stand, and raising and marketing hogs and poultry on a small farm.
2 min.

SMALL FARM FAMILY PROGRAM: SMALL FARMS ARE REAL FARMS

LU680 LU-AEIC
The Small Farm Family Program is a project of Lincoln University Cooperative Extension. This video describes the Small Farm Family Program and shows a number of small farm cooperators throughout the state. Emphasis of the program is that small farms are real farms and they have a tremendous economic impact in the state of Missouri.
20 min.

SMALL FRUITS AND TREE FRUITS

LU474 ISU
This video conference discusses horticulture concepts in growing small fruits and tree fruits. Intended for the home gardener, this program presents material on fruit varieties, pest management, pruning, and other ways to increase fruit production.
20 min.

SMART SNACKING: FOOD LABELS

LU 112 PA
This up-beat video will take you on a step-by-step tour of food labels and what they mean. Concepts presented are: labeling, serving sizes, health snack choices, and the food pyramid.
20 min.

SMOKE DETECTORS

LU448 EEN
This video conference examines ways to increase usage of smoke detectors in high-risk homes, possible improvements in codes and standards, and factors associated with non-working detectors and new technological directions.
160 min.

SOCIAL SECURITY: A NEW SCHOOL OF THOUGHT

LU 715 USDA
Will Social Security be around when people really need it? Will there be an increase/decrease in benefits? Who will be eligible? Will the

retirement age be changed? Should the Social Security System be privatized? These and other questions were discussed during this video conference on Social Security.

90 min.

SOFT RED WINTER WHEAT

LU310 VT

The properties of soft red winter wheat are examined in this program from Virginia Tech. Issues problems and impact marketing soft red winter wheat crops are discussed.

117 min.

SOIL CONSERVATION

LU652 CEV

Experts provide detailed explanation of soil conservation including how the concept evolved and the importance of its continued practice.

Learn soil conservation techniques that can be utilized in both rural and urban areas. An excellent supplement for soil related or conservation curriculums.

30 min.

SOLVING LANDSCAPING PROBLEMS

LU627 BH

This videoshows several attractive solutions to common problems, but it also demonstrates the important "how-to" techniques that help give you the fun and satisfaction of doing the job yourself. The tape shows laying brick walkways, planting privacy hedges, creating tree "surrounds" and tackling steep slopes.

30 min.

SOME LIFE CONCERNS: THE PEOPLE SPEAK

LU311 LU-AEIC

In a second program on life concerns, citizens of the Missouri Bootheel talk about their quality of life and challenges that face most residents.

Issues discussed are: unemployment, family life, youth problems, drug abuse, and health services.

24 min.

SOMEONE NEEDS YOU

LU312 MODA

This video describes the Older Volunteer Service Bank and how the service can provide temporary relief for regular caregivers. The program tells how one can join the Service, or receive respite care from the Service Bank.

9 min.

SOMEONE NEEDS YOU

LU571 MODSS

This program describes how someone can participate as a member of the Older Volunteer Service Bank either as a provider or a recipient of services. The video shows the responsibilities of a respite volunteer and how temporary relief of a caregiver is given.

8 min.

SOWING THE SEEDS OF SUCCESS

LU619 SDA

Many socially disadvantaged farmers and ranchers struggle day by day to maintain their American dream of a successful operation in agricultural business. Information about the Socially Disadvantaged Applicant Program for farm loans and technical outreach assistance is communicated in this documentary style video.

15 min.

SO YOU'RE GOING TO BUY A BED

LU313 ARCO

Marian Artinger, interior and furniture designer, demonstrates her 5-point bed check that consumers should perform when shopping for a bed.

6 min.

SPACES: PREPARING KIDS FOR A HIGH TECH AND GLOBAL FUTURE

LU314 LU-AEIC

Spaces is a unifying and comprehensive 4-H program that explores outer space (science and technology), inner space (thoughts and feelings), and shared space (discovering and sharing). This program explains the Spaces program and shows how learning activities are creative, challenging, thoughtful, and most of all fun for kids.

15 min.

SPRING PRUNING OF RASPBERRIES

LU315 UN

Pruning recommendations for high quality red raspberries are given for the home gardener.

8 min.

A STANDARD OF FAIRNESS

LU316 TCHRB

Standards in fair housing is shown in this dramatization/informational program. Problems in the housing industry, community development and minority home ownership are presented.

28 min.

STAYING THE COURSE

LU544 UM

Is your group process adrift? This program is especially for communities that are having organizational problems and want to solve

leadership difficulties. Robert Terry presents leadership model based upon community development process, promotional ventures, organizational values, direction, and mission, and purpose and meaning of the community.
12 min.

STOCK TYPE CONFORMATION

LU205 EP
In this video on horsemanship, youth are shown: balance, structural correctness, tracking, muscle, sex and breed characteristics, and much more.
30 min.

STRESS MANAGEMENT

LU319 LU-AEIC
Share Bane, a psychologist, presents a seminar on ways to reduce your stress and how to do relaxation exercises. Emphasis is upon relaxation techniques.
55 min.

SUBSTANCE ABUSE DISORDERS

LU322 PBS
Drugs and alcohol abuse in America is staggering and close to being out of control. Negative consequences on the use of drugs threatens our way of life. This program discusses substance abuse and shows what drugs, and how to treat various forms of drugs.
58 min.

SUCCESS AT YOUR OWN BUSINESS

LU323 LU-AEIC
Two successful businesses are highlighted as examples of how people can start and run businesses in rural Missouri. An interview with Edie Pigg, editor of Best of Missouri Hands, emphasizes how marketing is crucial to any business needing to survive in the marketplace.
29 min.

SUCCESSFUL HOME BASED BUSINESSES

LU324 MCES
Several home-based businesses are explored, with valuable comments by their owners. Successful techniques in pricing products, marketing, legal and other business related operations are presented.
54 min.

SUCCESSFUL QUEEN REARING

LU592 UM
This program tells how apiary managers can successfully rear queen bees. The video discusses the technology of the bee setting, the finishing

colony, the breeder colony, the swarm box, grafting, mating yards and rearing queens.
14 min.

SUCCESSFUL RURAL TOURISM

LU325 UMINN
Rural tourism development is the topic of this video conference produced by Minnesota. Topics covered include: business development, volunteerism, domestic and international marketing, community leadership, funding, and tourism development. Successful case studies are also featured.
120 min.

SUCCESS WITH BEDDING PLANTS: SELECTION, INSTALLATION AND MAINTENANCE

LU486 UAES
This informational Landscape design program discusses annual flowers. Additional material is presented on: varieties, design construction considerations, color, texture, soil preparation, installing bedding plants, watering procedures, fertilization, pest control and plant diseases.
23 min.

SUMMIT II: YOUTH AT RISK

LU326 USDA
This video conference focuses on primary areas of Youth at Risk programming. The program discussed strategic planning, communities' needs, the Community CARES project and potential funding for 1992 and beyond. 180:00

SURVIVAL OF THE FITTEST

LU327 AQHA
A horse's relationship to form and function as well as how to evaluates conformation are identified and discussed. A priority list of conformation factors is also shown.
Part I: 24 min.
Part II: 24 min.

SUSTAINABLE AGRICULTURE IN THE MIDWEST

LU329 UN
This teleconference focuses on the latest alternating management practices that will reduce input costs, while optimizing profitability. The program emphasizes key elements of sustainable agriculture systems, off farm effects of production practices on soil productivity, water and air quality are featured in this program for agriculture professionals.
90 min.

**SUSTAINABLE AGRICULTURE
PERSPECTIVES FROM ACROSS
AMERICA**

LU685 USDA
This program provides an introduction to concepts and principles in describing sustainable agriculture. A number of successful examples are shown from a variety of agriculture activities all across America.
60 min.

THE SUSTAINABLE LANDSCAPE
LU729 SLVP
This video shows how to design increased water efficiency into a landscape site. It describes how to enhance natural biodiverse plantings, and reduce waste through conservation and reuse of valuable natural resources.
30:00 min.

**SUSTAINABILITY: THE QUIET
REVOLUTION**
LU575 UM
This program focuses upon several farmers and how each of the families are utilizing sustainability their farming operations. The farmers discusses: profitability, quality of life issues, diversity of farming practices, economic planning, maximizing profits, minimizing costs, and cost containment.
58 min.

**SUSTAINING AMERICA'S
AGRICULTURE: HIGH TECH AND
HORSE SENSE**
LU441 SCS
This program discusses how America's farmers and ranchers can minimize environmental impacts while maximizing production through economically, and ecologically sound approaches.
29 min.

**SUSTAINABILITY IN URBAN
ECOSYSTEM**
LU168 UM
This video from Minnesota shows how a healthy ecosystem can be self-sustaining, and that creating a healthy urban ecosystem begins in everyone's backyard. The tape explains various methods of sustaining and caring for our precious urban ecosystem.
22 min.

SWINE MANAGEMENT II
LU287 CEV
The objective of this program is to show advanced management procedures required for efficient swine operations. Today's successful

swine operation requires an intensive management program. Management concepts discussed in this video are: sow and furrowing management, litter management, environmental control, waste management and shipping procedures.
19 min.

TAKE CHARGE OF YOUR MONEY MSU
This series of program focuses upon money management of women. The programs talk about financial planning, investing, how to keep your money, and systematic plans for saving. Each program is 90 minutes long. 1994.
LU546 Program 1:"Getting Started"
LU551 Program 2:"Cash Flow & Banking"
LU554 Program 3:"Credit: Tool or Trap"
LU557 Program 4:"Manage Your Risks"
LU561 Program 5:"Investing for Retirement"
LU565 Program 6:"Professional Help- Where and How to Get It"

**TAKE FIVE: FRUIT AND VEGETABLES
IN NUTRITION**
LU331 OSU
Fruits and vegetables are important factors for our health and nutrition. This teleconference looks at how important fruits and vegetables are to our diet. The program covers vitamins and minerals, pesticide residue, gardening, wise grocery shopping, and how to store produce safely.
22:25 min.

A TALE OF "O"
LU536 GI
"O" is an entertaining, captivating parable about what happens to any new or different kind of person in a group and how the situation can be managed. This program is animated and provides a captivating look at diversity.
27 min.

TAPESTRY WEAVING LU-AEIC

LU689	Part I	25 min
LU690	Part II	45 min.
LU693	Part III	25 min.
LU694	Part IV	25 min.

These programs shows viewers introductory techniques and lessons in tapestry weaving. Concepts discussed during the programs are: creative art concepts in design, value-added products, textile weaving techniques, textile materials and marketing strategies. Helen Swartz

and Nancy Bolin present step by step textile demonstrations in both videos.

TEACHING WITH STYLE

LU653 NUTN
This live, interactive video workshop will present and overview of how to improve teaching effectiveness by illustrating the practical applications of an integrated model of teaching and learning styles developed by one of the leading experts in the field. This model combines information about the role of personal values, principles of learning, and various other factors associated with teaching and learning styles.
120 min.

THE TECHNIQUE OF CASTRATION FOR RABBITS

LU333 ARBA
Dr. Terry Reed Demonstrates the techniques of castration for rabbits.
30 min.

TEENS DEALING WITH STRESS

LU345 ISU
This program includes interviews of teens who talk about what things cause them stress and what they do to cope with that stress. Teens who have had special struggles are highlighted. It is recommended not to use this tape unless there is ample time for a caring adult to help teen groups process their feelings.
23 min.

TELECOMMUNICATIONS TECHNOLOGY IN THE MODERN LAND-GRANT UNIVERSITY

LU577 UM-UE
Various technologies are shown and demonstrated in this video conference from the University of Missouri. Networking, instructional technologies, distance learning, instructional delivery, video, interactive learning, and others are presented.
120 min.

THE POWER OF PROMOTION

LU711 ASI
This video describes how the American Sheep Industry provides a variety of promotional services on behalf of sheep producers throughout the country.
11 min.

THINK FRESH CU
LU - 520

This videoconference discusses issues dealing with fruits and vegetables being available for the low-income community. Affordability, availability, and other alternative issues that affect grocery purchase decisions are shown.
60 min.

THREE SYSTEMS FOR RAISING BLACK BELLY SHEEP

LU346 LU-AEIC
Helen Swartz, Principal Investigator for a Barbados black belly sheep project, discusses three systems that she is researching in the Caribbean on how to raise the black belly sheep breed.
16 min.

TIPS FOR EFFECTIVE 4-H PUBLIC SPEAKING

LU524 LU-AEIC
This program presents ten basic tips for 4-Hers to help them prepare and deliver dynamic public speaking programs. The video explains these tips and uses clips from actual Missouri 4-H public speaking contests to emphasize each point.
12 min.

TIPS ON GROWING RHUBARB

LU347 UN
Basic tips and recommendations are given on growing rhubarb in home gardens.
4 min.

TOOLS FOR DRINKING WATER PROTECTION

LU659 LWV
This videoconference focuses on the regulatory and nonregulatory tools for preventing pollution of drinking water sources. Topics include: how to establish and maintain monitoring programs, how to involve decision-makers, and how to build leadership and secure funding for planning, public education, monitoring and contingency planning. 1997.
90 min.

TRACTOR SAFETY

LU65 VP
This program stresses and demonstrates important safety precautions for those working with tractors. Sections include: spinner shield, shaft, tires, oil, fuel, transporting, steering, braking, and much more.
24:00

TRAINING GREENHOUSE WORKERS TO HANDLE PESTICIDES SAFELY

LU348 USDA
Anyone who works in a greenhouse usually works with pesticides. This program shows various symptoms of pesticide poisoning and stresses safety precautions that are necessary in loading and applying today's pesticides.
16 min.

THE TREE FARM

LU 78 CEV
A modern tree farm is visited and viewers will see how trees are grown and harvested for commercial sale. Planting, digging, pruning, irrigation, commercial sales, and shipping are shown.
24:00

**12TH ANNUAL WORLD FOOD DAY:
FIGHTING HUNGER**

LU616 PBS
This video conference looks at the fifty years that the UN Food and Agriculture Organization has been fighting hunger around the globe. The program shows a review of successes, failures, and frustrations in the 50-year effort. Future strategies are shown in the areas of production, hunger prevention, nutrition, off-farm job creation, rural development and international food trade.
120 min.

**UNDERSTANDING THE
CRYPTOSPORIDIUM CHALLENGE**

LU94 USDA
Thousands of people became ill in 1993 from and outbreak of cryptosporidiosis. This video describes the microscopic, disease-causing parasite and how they come from water to the human body to cause various infections.
16 min.

**UNDERSTANDING CULTURAL
DIFFERENCES**

LU648 CEV
America has traditionally been a melting pot of cultures and ethnic races. Gaining an understanding of others is an important first step in developing friendships and a common respect for them. Interviews with students of different cultures and ethnic background provide insight and a basis of understanding. The importance of overcoming barriers and dealing with multi-cultural environment is stressed.
29 min.

**UNDERSTANDING NUTRITIONAL
LABELING**

LU531 CEV

Consumers have a multitude of food choices. Under the National Food Labeling and Education Act, all processed food products are required to have nutritional information in a standardized form. This video discusses how to read and interpret the fourteen components of a food label.
18 min.

U.S.D.A. MEAT GRADERS

LU351 USDA
The duties and responsibilities of an official USDA meat grader are shown in the actual workplace. Examples of beef, pork, and lamb are used to illustrate the meat grading process.
25 min.

**UNIVERSAL DESIGN IN THE
LANDSCAPE**

LU730 SLVP
When the Americans with Disabilities Act of 1990 was passed, new standards in how we develop our landscapes and buildings were needed. This program shows ways for those individuals who wish accessibility to gardens, landscapes and buildings.
30:00 min.

**UNIVERSITY OF MISSOURI
TELECOMMUNICATIONS POLICY**

LU460 UM
This video conference sponsored by the University of Missouri Curators' Committee on Telecommunications Technology gives views at the four campuses a state-of-the-art view of telecommunications in Missouri. In addition, proposed legislation is presented, and update of federal legislation and national policy initiatives are explained.
120 min.

UP THE ROAD TO CHANGE

LU355 LU-AEIC
Family stress and decision-making are important issues faced by most families. This program offers three dramatizations on how one family deals with everyday stress and decision-making. After each segment it is suggested that a discussion period be used to have interaction with the audience. This tape was prepared as part of the North Central Region's Stress Management Program.
24 min.

VACCINATING EWES AND LAMBS

LU25 LU-AEIC
Sheep producers need to provide quality assurance to consumers that their lambs have been vaccinated correctly. In this video,

demonstrations are show of SQ, IM, and IP vaccinations in lambs. The pros and cons are discussed for various techniques, methods and types of shots.

15:00

VIDEO PRODUCTION FOR INSTRUCTIONAL USE

LU357 LU-AEIC
Videotapes have many useful and practical uses. This program discusses how video can be and excellent way to communicate educational information to a variety of audiences. Major production steps are outlined for improved video production skills.
8 min.

VIOLENCE IN THE WORPLACE

LU721 AT
This video demonstrates how people need to be aware of possible awareness in work surroundings. It shows common preventive measures everyone should do to avoid being a victim of violence.
10 min.

VISIONS IN VIEW

LU359 EK
This program focuses on unique challenges of location photography. Highlights include Bill Smith, Peter Langone and the Ten Thousand Eyes project. Stock photography, Graphic reproduction and printing photos on paper are also shown.
90 min.

VISUAL MERCHANDISING

LU704 DV
Visual merchandising suggests a visual presentation of merchandise in stores, malls and other retail outlets. This video discusses how visual merchandising with careful design can help market merchandise in various retail stores.
23 min.

VISUAL MERCHANDISING

LU543 NCREMP
This program provides information for small businesses on effective marketing techniques, and is designed for use by Extension service state, regional and county staff.
52 min.

WATER QUALITY

LU358 USDA

Water is our most valuable natural resource. Cooperative Extension has named water quality as one of its national initiatives. This program shows the importance of water quality to all Americans. Several demonstration projects are depicted throughout the nation.
10 min.

WATERSHED MANAGEMENT

LU482 USDA
ES/USDA and the Environmental Protection Agency broadcast this video conference in conjunction with the Watershed '93 Conference and includes an opening session featuring case studies watershed management from the perspective of federal, state and county specialists. Featured speakers are Robert Redford and Mike Espy.
180 min.

THE WEALTH IN WETLANDS

LU442 SCS
This videotape includes interviews with five farmers who believe there is a place for wetlands on their farms. Each explains personal convictions on the values of wetlands, in terms of both the farming operation and personal satisfaction. Also included are discussions on wetland losses, restoration methods and sources of help in wetlands restoration and conservation.
23 min.

WEIGHTS WORK WONDERS

LU 276 LU-AEIC
For some autistic children, weighted vests and blankets help reduce anxiety and nervousness. This video describes the condition and shows how weighted vests and blankets are made step-by-step.
29 min.

WEIGHTS WORK WONDERS II

LU 239 LU-AEIC
This video describes autism and how weighted vests and blankets can help reduce anxiety and nervousness. It also tells how to obtain additional information on making weighted vests and blankets.
7 min.

WESTERN HORSEMANSHIP

LU453 AQHA
Good horsemanship is important to both pleasure riding and competition levels. This program stresses the basics of horsemanship and describes competition skills in horsemanship.
30 min.

WHAT IS BIOSECURITY (TAPE 1)

LU360 USDA

1. What is Biosecurity--How can farmers prevent the excessive loss of their chickens, turkeys or game birds? This program shows how to cut risks by controlling diseases and contamination of bird flocks.

11 min.

2. Broiler Operation--This program shows how to keep bird flocks safe and healthy by controlling diseases. Biosecurity procedures are emphasized.

13 min.

3. Egg Laying Operations - Commercial Farm--Prevention and disease control of bird flocks is the main emphasis of this video on biosecurity. Precaution is the best defense to keep flocks healthy.

12 min.

4. Live Poultry Markets--Sickness and disease in live poultry markets can be devastating. This video concentrates on how to keep good healthy birds by using biosecurity procedures.

11 min.

WHAT IS BIOSECURITY (PART 2)

LU361 USDA

1. Hatchery: Babies are our Business--Healthy eggs are necessary for a healthy flock.

Cleanliness and sanitation procedures are shown as a very important part of production on any farm. Biosecurity issues are discussed.

11 min.

2. Transportation and Feed Mills--The entire poultry industry is dependent upon wheels. It is also a source for flock diseases. This program emphasizes disease prevention.

11 min.

3. Turkey Operations - Year Round Production--Most flock diseases are preventable. Sick birds do not grow well and adversely affects production costs. This video emphasizes biosecurity procedures in preventing disease.

11 min.

4. Game Birds and Small Flocks--Production costs can be reduced when most diseases can be prevented. This video emphasizes biosecurity procedures in preventing diseases in small flock operations.

11 min.

WHAT EVERY TEEN MUST KNOW ABOUT DRUGS, ALCOHOL, AND TOBACCO

LU438 CEV

In this video youngsters discuss drugs, alcohol and tobacco and find out that they are responsible for the choices they make in life and that they are free to be the best they can be.

18 min.

WHAT'S BUGGING YOU?: PART I

LU502 UK

Designed for fourth and fifth graders, this program focuses upon science and math in the classroom. The following topics are included. Why are insects the most successful animals on earth? Insects adapt rapidly, requiring minimal resources, because they are small and have short life cycles. Modifications of various body parts give us clues to their design over time and place in the environment.

30 min.

WHAT'S BUGGING YOU?: PART II

LU547 UK

This program focuses upon the role of insects in our environment, with up-close and personal accounts of several unique insects.

28 min.

WHAT'S BUGGING YOU?: PART III

LU228 UK

Entomology, the science of insects, is the emphasis of this program from Gee Whiz in Agriculture. Insects play an important part of your lives, especially agriculture. This program discusses how insects affect our lives in good and bad ways. The video also shows how bugs are part of our food chain.

60 min.

WHY CAN A COW EAT GRASS PART I

LU494 UK

From the University of Kentucky, this teleconference is designed for fourth and fifth grade elementary school children and focuses upon science and math in the classroom. Topics covered include the following. Did you know that calves have baby teeth, just like humans? Or that cows have four compartments to their stomachs? How many gallons does a cow's stomach hold?.

30 min.

WHY CAN COWS EAT GRASS PART II

LU77 KYSU

This Gee Whiz in Agriculture program concentrates on how and what cows eat. The video discusses products that are commonly come from cows such as cheese, milk and butter, but also a number of products that are unconventional. It shows how the cow's digestive system works and what cows normally eat.

60 min.

WHY CAN A HORSES RUN SO FAST?

LU247 UK

How can a horses run so fast? This episode of Gee Whiz in Agriculture shows viewers horses are important to agriculture in many states. Pleasure and commercial stables are important in all states. The video also discusses why horses are important to man's history and how the horse is being utilized today.
60 min.

WHY WON'T YOU BEHAVE?

LU362 PU

Good discipline is not easy for most parents. Sometimes it is hard to know what is best to do. This program illustrates what not to do in certain situations.
28 min.

WHY WORK TOGETHER

LU523 NCRC

Designed for community and rural development practitioners and rural community leaders, this program provides a better understanding of the potential and pitfalls of multi-community collaboration strategies. The video discusses the concept, and presents three existing collaboration examples in the Plains states, one from the upper Midwest and on from Canada. It provides diverse perspectives on the usefulness of the rural revitalization strategy.
32 min.

WILDLIFE PROTECTION

LU449 VCES

This video conference discusses how wildlife can be protected and managed in conjunction with farm management. The pro-gram also features aspects about pesticides and the environment, and the impact of pesticides on endangered species. Both problems and solutions are shown.
60 min.

WILLIAM A. REEDY MEMORIAL LECTURE IN PHOTOGRAPHY

LU585 EK

Robert Greenberg presents a varied program on the newest techniques in photographic imaging, graphics and computer digital multi-media technologies. 1994.
158 min.

WINNING KIDS THROUGH SPORTS

LU724 LU-AEIC

Dr. Richard McGuire talks about how sports and coaches can influence self-esteem, success, motivation and self-determination for some youth.

29:00 min.

WINTER FEEDING OF EWES

LU363 LU-AEIC

Proper amounts of feed, nutrients, and forage quality are very important during winter months when sheep are generally confined. This program discusses the nutrient requirements of ewes during gestation, costs analysis, and how the space environment of sheep is significant for a profitable sheep operation.
27 min.

WOOD YOU TAKE CARE OF ME?

LU229 KYSU

Over 2,500 of our everyday products come from trees. This episode of the Gee Whiz in Agriculture emphasizes products from trees. The program is designed for elementary students and may questions are asked about trees and their products.
60 min.

WOODS FORK: DAIRY WASTES AND WATER QUALITY PART I

LU365 LU-AEIC

This video presents an overview of dairy wastes systems, the need for clean water, pollution control, rules governing dairy cattle wastes systems, and how farmers can manage and control runoff with the objective of enhancing and protecting water quality.
20 min.

WOODS FORK: DAIRY WASTES AND WATER QUALITY PART II

LU366 LU-AEIC

In this second version, the specifics of dairy waste systems, the specifics of dairy waste systems and equipment needs are discussed. The program also illustrates: the need for clean water, pollution control, rules governing dairy cattle waste systems, and how farmers can manage and control runoff with the objective of protecting water quality.
37 min.

WOOL ART I: FIBERS

LU367 LU-AEIC

Natural fibers from sheep, goats and rabbits are discussed in this video made of Fiber Art Expo '88, in Bethel, MO. Three fiber artists demonstrates Navajo rug weaving, selecting fleeces for spinning, and angora fiber.
43 min.

WOOL ART II: WOOL DYEING

LU368 LU-AEIC

Segments from the '88 Fiber Expo are shown on washing wool and other fibers before and after spinning, dyeing wool with natural dyes and mordants, and locker hooking. Becky Shultz, Carol Leigh Brack-Kaiser and Glenda Thomas are the presenters. 1988.
43 min.

WOOL ART III: FIBER ART AND SPINNING WOOL

LU369 LU-AEIC
Sammy Eber and Helen Swartz presents this video on the introduction to fiber art and spinning of wool. Fiber blends, carding, spinning wheel selection and other spinning materials are discussed.
29 min.

WOOL ART IV: WEAVING

LU370 LU-AEIC
Wool Art: Part Four emphasizes the creative uses of wool in hand weaving. Different types of looms are demonstrated with explanations of their advantages and disadvantages of weaving. Sample wool fabric materials and hand weaving equipment are also shown. 1989.
55 min.

WOOL ART V: KNITTING

LU371 LU-AEIC
The use of natural wool fibers are emphasized in this video on knitting by Helen Swartz. Julia Helvey and Sharon Stevens presents the basics of knitting, including: patterns and how they are read, knit stitches, the use of different weights of yarn, knitting tools, sizes of needles, blocking, and much more. Many hand knitted wool items are displayed.
56 min.

WOOL ART VI: DESIGNING COLORS

LU372 LU-AEIC
Helen Swartz and Carol-Leigh Brack-Kaiser show how many home-based businesses can add additional profits from wool by producing pleasing products for consumers. Discussions of color combinations, blending, color theory, and ideas on pre-paring wool and mohair with natural or dyed wool's are presented.
29 min.

WOOL ART VII: FROM FLEECE TO FASHION

LU373 LU-AEIC
Helen Swartz and Glenda Thoms show how raw fleece can be carded, spun, and knitted into a variety of woolen sweater de-signs. Wool grades,

knitting methods, carding and spinning tips are demonstrated.
32 min.

WOOL ART VIII: LEARNING TO KNIT

LU374 LU-AEIC
This program provides introductory instructions for individuals wishing to begin knitting. The program is presented by Julia Helvey and covers knitting supplies, materials, knit stitches, and how to read knitting patterns.
47 min.

WOOL ART IX: USING COLOR AND TEXTURE IN DESIGNER WOOL YARNS

LU595 LU-AEIC
Have you thought of creating and making your own wool designer yarns? This program explores how one can take wool fibers from a variety of sources and work them up into designer yarns for use in a number of different projects. The art principles of color and texture are shown as important ingredients in designer yarns.
36 min.

WOOL ART X: BASICS OF FELTING

LU582 LU-AEIC
This video shows how to prepare fiber for felting projects. Information on materials and techniques are presented on various designs that can be incorporated in felting with wool.
24 min.

WOOL ART XI: HAT FELT-MAKING MADE EASY

LU583 LU-AEIC
The principles of felting with wool are incorporated in this video on designing hats. Materials and techniques are presented on how to create and design hats at home with felting.
44 min.

WOOL ART XII: LEARNING TO SPIN

LU159 LU-AEIC
In this video on how to start spinning, students are introduced to various types of spinning wheels, grades of wool fibers, techniques of turning fiber to yarn, and selecting quality wool fibers.
33 min.

WOOL HANDLING

LU226 ASI
This video discusses wool contamination, sorting and packaging, tab/bellies out untied, full-table skirting and wool classing.
21 min.

WOOL MARKETING ALTERNATIVES

LU375 LU-AEIC

Alternative marketing methods can help many sheep producers supplement their farm income. Three sheep producers are interviewed on how they have developed, implemented and marketed their products in non-traditional ways. This video shows how these three sheep producers are trying innovative ways to produce farm income.
29 min.

WORKING IT OUT AT MADISON

LU631 A-L BFARY

Working It Out at Madison is a teen guidance video series that provides real life solutions to personal and social conflicts. Set in Madison High, an ensemble of talented young actors brings to life problems and challenges experiences by young people everywhere.
30 min. ea.

Working it Out-Conflict resolution through teen mediation.

Class Act-Drop out prevention.

The Boy Wonder-Children of alcoholics
Best Friends-Substance abuse, peers and prevention.

The Circle-Alcohol abuse and recovery programs.

Not Just Anybody-Dating pressure and violence.

Breaking the Chain-Building healthy relationships.

The Firefighter-Single parenting and its effects on children.

Meeting of Minds-Teacher/student relations.

The Girl Most Likely To...-Student workaholics, stress.

On the Curb-Street kids, dropping out, family relations.

Last Pick-Self-esteem and body language.

Tough Cries-Fighting, violence and peer pressure.

WORKING WITH COMMUNITY RESOURCES: THE ROLE OF THE CHURCH IN SERVING THE AGING POPULATION

LU376 OSU

This teleconference deals extensively with how the church can actively serve an older population. New directions, services and other outreach programs are discussed and shown as ways in which to enhance the lifestyle of the elderly.
120 min.

WORKING WITH OUR PUBLICS

LU377 USDA

This series of educational/informational modules are designed for in-service Cooperative Extension training needs. Each module contains both print and video materials suitable for staff and clientele audiences. 1989.

Module 1:

"Toward a Common History"

35 min.

"Toward a Common Future"

12 min.

"Toward a Shared Understanding"

20 min.

"People Made the Program"

22 min.

WORLD FOOD DAY USDA

LU 682 '97

LU 716 '98

LU 410 '02

This year's food day concentrated on the theme of the right to food by the world's population. The right to food and other subjects such as work, personal security, health care, education, gender quality, welfare benefits and political participation were discussed.
180 min.

WRITING FOR PROFESSIONAL JOURNALS

LU378 RCE

This video conference presents many tips and techniques in writing articles for professional journals.

118 min.

YOU CAN DO IT!

LU379 TAM

Many home electrical problems are not as difficult to repair as you might think. Simple electrical repairs that you can do yourself are demonstrated in this video from Texas. Safety precautions are stressed throughout the program.
28 min.

YOU CAN DO IT: CLEANING ON A SHOE-STRING

LU380 TAM

There are many ways to economically clean a home without using commercial cleaners. This video demonstrates how to prepare cleaning products at home using safe chemicals. Methods and procedures for using these products are emphasized throughout the program.
27 min.

YOU KNOW IS IF YOU KNOW THE INSIDE STORY...THE WHOLE STORY

LU97 N4-HC

This program emphasizes the changing role 4-H has had over the years, including leadership and citizenship skills. It shows 4-H in rural and urban settings, with a variety of diverse youth through many delivery modes. 7:37

**YOUR APPEARANCE AFTER
MASTECTOMY**

LU405 UM-UE
After a mastectomy, women can lead a full and productive life. This program shows how women achieve a natural look with confidence of their appearance through proper fitting garments and prosthetic devices.
22 min.

**YOUR FAMILY DAY-CARE HOME:
BUSINESS MANAGEMENT**

LU382 TAES
Home day-care providers can be an important service, but it has to be run as a business. This video shows how to organize a home day-care business successfully, and also how to set up legal requirements, fees and contract arrangements.
20 min.

**YOUR FAMILY DAY-CARE HOME:
CHILD DEVELOPMENT**

LU383 TAES
The first months and years are very important to a child's life. This program discusses ways in which day-care providers can foster children's growth and development, discipline, dealing with parents, and nurturing a healthy positive self-concept.
17 min.

**YOUR FAMILY DAY-CARE HOME:
NUTRITION**

LU385 TAES
This video for day-care providers emphasizes nutrition, meal planning and feeding children of different ages. Nutritious foods from the five basic food groups are demonstrated.
15 min.

YOUTH AFFECTING COMMUNITIES

LU398 LU-AEIC
This video describes a session of the youth Community Leadership Institute and how these youth participated in a leadership simulation. Several youth role-play members of a fictional community. They discover positive ways to help their community and at the same time learn responsible community decision-making skills.
16 min.

YOUTH AND THEIR HORSES: BASICS I
LU195 EP

In this beginning video on horses, youth are introduced to: horse selection, maintaining a short hair coat, grooming, clipping, braiding, wrapping legs, types of restraint, and much more.
67 min.

**YOUTH AND THEIR HORSES:
SHOWMANSHIP AT HALTER II**

LU204 EP
In this second video on horses, youth are shown: war and show halter, various show maneuvers, patterns, proper attire, class tips, and showmanship baskics.
40 min.

**YOUTH DEVELOPMENT IN THE 21ST
CENTURY**

LU 320 N4-H
This video highlights conversations with various individuals who comment on the youth development movement in the U.S., and how they are pledging greater community service to the nation.
9 min.

YOUTH ENTREPRENEUR'S SYMPOSIUM
LU20 LU-AEIC

This program highlights the annual Youth Entrepreneur's Symposium that is targeted to youth and their growing businesses. Youth and adults talk about successes in business and how others can participate as an entrepreneur.
15 min.

YOUTH FIELD DAY Parts I & II
LU673 a & b LU-AEIC

YOUTH FIELD DAY '97
LU692 LU-AEIC
This program highlights learning activities of Lincoln University Cooperative Extension's Youth Field Day that is held in the Bootheel in the fall of each year. Belma Johnson, a national celebrity, is shown in a number of group learning situations.
11 min.

**YOUTH FOR JUSTICE: LAW RELATED
EDUCATION PROGRAMS**

LU671 YFJ
The video conference introduces the Youth for Justice program and how it can work for every community. The program aims to convey to the nation's youth a respect for the country's laws, a respect for the system of justice, and the role each of us plays in it. The program goal is to

reduce violence and delinquency, and to identify conflicts, and resolve them peacefully.
90 min.

YOUTH FUTURES '03 LU-AEIC
LU 344

Produced by participants of the Youth Futures Program, this video highlights educational activities during an exciting week at the University of Missouri-Columbia and Lincoln University. The youth technology video team videotaped and edited this program on Youth Futures '03.
7 min.

YOU AND YOUR BABY: THE IMPORTANCE OF PRE-NATAL CARE
LU540 LU-AEIC

About 13,000 women who had babies in Missouri in 1992 did not have a checkup until after their fourth month of pregnancy. This program tells how important pre-natal care is for the expectant mother and shows how people can get medical and nutritional help from various agencies.
21 min.

XERISCAPE
LU728 SNVP

Can a landscape design be aesthetically pleasing and water efficient? This video explores ways to design and manage landscapes to conserve water resources.
30:00 min.

PUBLICATIONS

Listed below are the publications produced at Lincoln University. Order from your County Extension Office or from Lincoln University Cooperative Extension,

Agriculture and Extension Information Center, P.O. Box 29, Jefferson City, MO 65101, or (573) 681-5554, helveyw@lincolnu.edu.

Parenthetical information following a publication's title includes: wholesale and retail prices. Single copies of publications are free.

AGRICULTURE

EP281

Care of Ewes and Lambs at Lambing Time (.40/.50)

EP350
Club Lamb Fungus (.15/.25)

EP312
Cooking Lamb (.15/.25)

EP274
Daily Care of the Hutch Confined Rabbit (.40/.50)

EP 336
Difficult Goat Deliveries and Tubing Weak Kids (.40/.70)

EP275
Feeding Kids for Optimum Gain and Does for Optimum Milk Production (.40/.50)

EP254
Fitting Sheep for Show (.40/.50)

EP247
Footrot Control in Sheep (.15/.25)

EP425
Gastrointestinal Management for Sheep and Goats (.40/.50)

EP265
Getting Started in a Sheep Operation (.40/.50)

EP259
Guard Dogs for Predator Control (.15/.25)

EP203
How to Become a Better Sheep Manager (.15/.25)

E426
Judging and Considering Parts of the Goat and Cuts of Meat (.15/.25)

EP326
Learning to Spin (.40/.50)

EP271
Mastitis in the Ewe (.40/.50)

EP332
Nutritional Effects on Goat Health {.50/.70}

Nutritional Effects on Sheep Health (.50/.70)

EP321

Pregnancy Toxemia (Ketosis) in Does and Ewes (.40/.50)

Proceedings: Second Annual Missouri Goat Conference
(1.50/2.50) (3.50/5)

EP258
Purchasing, Washing, and Carding Wool for Spinning and Weaving (.15/.25)

EP328
Raising Meat Goats for Profit (.40/.50)

EP316
Raising Rabbits for Beginners (2.00/3.00)

EP330
Rolag Fiber: Preparation for Spinning (.40/.50)

EP400
Saving and Fostering Lambs (.40/.50)

EP329
Sheep Health (1.00/1.50)

EP272
Soremouth in Sheep and Goats (.15/.25)

Sweet Potato Slip Production (.15/.25)

EP255
Summer Ram Management (.40/.50)

EP314
Treatment and Control of Coccidia in Sheep (.15/.25)

EP430
Using Genetic Selection to Improve Your Goat Herd (.15/.25)

EP280
Wool Care and Grading (.15/.25)

COMMUNICATIONS

EP246
Communicating: Imaginative Graphics & Design (.40/.50)

EP244
Communicating with Creative Photographs (.40/.50)

EP322
Communicate with Art (.40/.50)

EP 302
Creative Lighting Tips (.15/.25)

EP 289
Developing an Effective Exhibit (.15/.25)

EP 351
The Eleven Best and Worst Features of Digital Cameras (.15/.25)

EP 338
Is There a Digital Camera in Your Future? (.15/.25)

Keeping Those Old Photos and Memories Alive (.15/.25)

Marketing: Developing a Information Press Kit (.15/.25)

EP323
Mat and Frame Your Own Pictures (.15/.25)

EP311
Promoting, Communicating, and Marketing Yourself, Your Products, and Services Part I (.15/.20)

EP301
37 Steps for Improving your Video Production (.15/.25)

EP323
Tips and Techniques for Better Pictures (.15/.25)

EP324
To Shoot, or not to Shoot Video (.15/.25)

EP315
Shoot for Improved Photographs (.15/.25)

EP 238
Taking Care of Your Videotape Originals (.15/.25)

EP245
Write to be Understood (.15/.25)

EXTENSION

Lincoln University Coop. Extension Annual Report 1977-00 (3.50/4.00)

LU Videotapes and Publications Catalog (n/c)

LU Cooperative Research & Extension -
Brochure (.10/.15)

LU Cooperative /USDA in Partnership with
Rural Missouri Brochure (.10/.15)

HORTICULTURE

EP220a
Disease Control (.15/.25)

EP220b
Fertilizing (.15/.25)

EP220c
Planting (.15/.25)

EP220d
Preparing the Soil (.15/.25)

EP220e
Insect Control (.15/.25)

EP220f
Planning (.15/.25)

EP220g
Onions (.15/.25)

EP220h
Sweet Corn (.15/.25)

EP220i
Peppers (.15/.25)

EP220j
Easy Gardening in Missouri - Tomatoes (.40/.50)

EP220k
Carrots (.15/.25)

EP220l
Radishes (.15/.25)

EP220m
Cucumbers (.40/.50)

EP220n
Squash (.15/.25)

EP220o
Green Beans (.15/.25)

EP220p
Beets (.15/.25)

EP220q
Okra (.15/.25)

EP227
Gathering Wild Greens (.40/.50)

EP213
A Partial Listing of Seed Catalogs (.15/.25)

EP266
Sweet Potato Production in Missouri (.40/.50)

EP267
Sweet Potato Slip Production (.15/.25)

Observation Earth Plant and Soil Science
Curriculum - Teaching Manual (n/c)

EP334
About Your Poinsettia (.15/.25)

EP1936
Selecting Ornamental Plants (.50/.75)

EP586
Growing Perennials (.50/.75)

SAFETY

EP243
Safety on the Farm (1.50/1.75)

SMALL FARM FAMILY PROGRAM

EP331
Small Farm Family Brochure (.15/.20)

Small Farm Family Poster (.40/.50)

Proceedings: 2nd National Small Farm
Conference (2.00/3.50)

SOILS

E331
How to Take a Soil Sample (.15/.25)

Youth

EP317
State 4-H Public Speaking Program (.40/.50)

EP319
Ten Tips to Effective 4-H Public Speaking
(.40/.50)

EP290
Crack Down on Drugs Coloring Book
(175/1.00)

EP327
Accomplishing Cross Cultural Competence in
Youth Development Programs (.15/.25)

Missouri 4-H Meat Goat Manual
(.75/1.00)

EP351

Lincoln University of Missouri, and the U. S. Department of Agriculture cooperating. Dr. Michael Heard
1890 Administrator, Cooperative Extension.
Distributed in furtherance of Food and Agriculture Act, 1977 PL 95-113
Section 1444 and 1445, as amended by PL 97-98. December 22, 1981.

*Publications are distributed without regard to race,
color, national origin, sex, age, religion or handicap.*

Lincoln University is an 1890 land-grant, institution and is part of the Missouri state system of higher education. Founded in 1866 by enlisted men and officers of the 62nd and 65th Colored Infantries, Lincoln University was designed to meet the educational and social needs of freed African-Americans. While committed to this purpose, the University has expanded its mission to embrace the needs of a broader population reflecting varied social, economic, educational, and cultural backgrounds. This is the unique purpose that Lincoln University fulfills in higher education

ORDER FORM

Please send me copies of each publication or video(s) listed below:

*Only three videos can be ordered for each viewing period.

Number	Title	Price

Name : _____

Address: _____

Zip Code: _____

Send order form to:
Agriculture & Extension Information Center
900 Chestnut
Jefferson City, MO 65101

Call or E-mail
573 681-5554
573 681-5546 fax

helveyw@lincolnu.edu

Make check or money order payable to Lincoln University Cooperative Extension

Programs produced by Lincoln University Agriculture and Extension Information Center (LUCE-MC) may also be purchased. The price per program is .35 per minute plus video tape costs (1/2" VHS). Any other program distributed by Lincoln University may not be copied or transferred to any type of media without the consent of the program producer. Lincoln University Cooperative Extension does not necessarily endorse or recommend any products, services or businesses seen in any of the catalog's videos other than those produced by Lincoln University. They are available for your information only.